







#### 27 APRIL 2021

## Umm Qais

"Whoever is passing through here, for you I say:
the way you are now I was, and as I am now you will be,
so enjoy life because you are gone"
Miliagros

#### Eco-Tourism Trail

Time	Event
11:00 AM	Time to arrive at the Umm Qais Visitor Center
11:15 AM	Hraith Hiking Trail  Track distance: 9 km / Difficulty level: Easy  The guide offers: Tea and a lunch box made of (Pastries + Juice + Chocolate + Banana + Cucumber + Dates)  Things to bring Clothes and shoes / water 2 liters per person sun cap / snacks / tea mugs
02:30 PM	Return to the Umm Qais Visitor Center
02:45 PM	Eat lunch at the visitor center cafe
03:30 PM	Free Time
04:00 PM	Back to Amman



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#### 3 APRIL 2021

# Umm Qais

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Miliagros

### **Biking Trail**

Time	Event
11:00 AM	Time to arrive at the Umm Qais Visitor Center
11:15 AM	Visit the archeology site with a tour guide
12:30 PM	Bicycle tour  Track distance: 12 km / Difficulty level: Intermediate The path starts from the Umm Qais Visitor Center passing through the Umm Qais Plain and watching the plants in the Sahel area, and stunning views of the therapeutic sulfur nature
02:30 PM	Return to the Umm Qais Visitor Center
02:45 PM	Eat lunch at the visitor center cafe
03:30 PM	Free Time
04:00 PM	Back to Amman



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## Umm Qais

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### The Heritage Trail

Time	Event
11:00 AM	Time to arrive at the Umm Qais Visitor Center
11:15 AM	Visit the archeology site with a tour guide
12:30 PM	Sculpture training with sculptor Sultan Al-Rousan
01:30 PM	Visit the House of Roses  Providing hospitality, an explanation of the herbs, then a tour inside the nursery, learning about plants, and a tour on compost
02:30 PM	Return to the Umm Qais Visitor Center
02:45 PM	Eat lunch at the visitor center cafe
03:30 PM	Free Time
04:00 PM	Back to Amman



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