

.JORDAN 

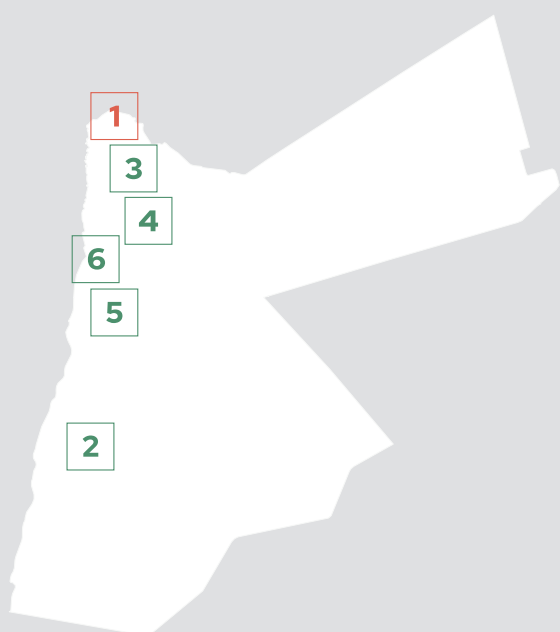
MEDITERRANEAN

ADVENTURES

Hiking e-guide



.JORDAN



Primary trail

1. Jordan Trail

Secondary trails

2. Rift Valley Trail

3. Yarmouk Reserve – Eish Rumman Spring

4. Kufur Awan – Pella

5. Rmeimeen – As-Salt City Centre

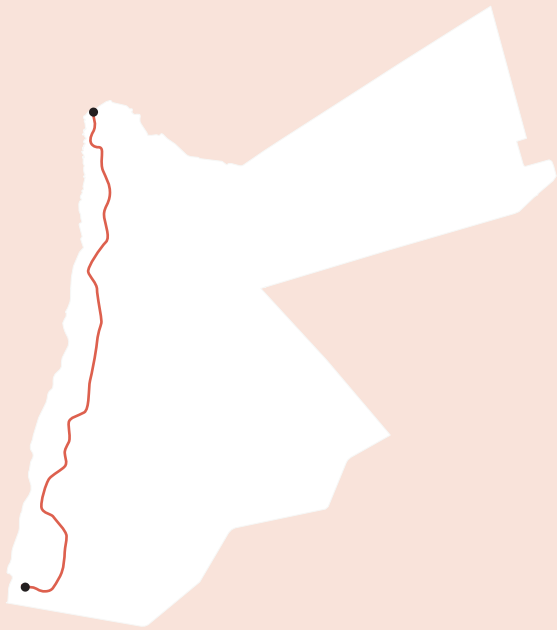
6. Madaba Pilgrims – Egeria Way

Ancient sites tell the stories of Roman emperors, Nabataean kings, and Crusader castles perched on strategic hilltops. But besides history, the Kingdom of Jordan is packed to the brim with cultural and natural heritage. From green nature reserves to the red sand of the desert, from the salty Dead Sea to the coral-clad waters of the Red Sea, Jordan has it all for hikers, bikers, scuba divers, climbers, birders, foodies, and anyone else in search of a Mediterranean adventure.



1. JORDAN TRAIL

JORDAN



JORDAN TRAIL

from Um Qais to Aqaba





1. JORDAN TRAIL

from Um Qais to Aqaba

JORDAN

DISTANCE DURATION ELEVATION GAIN ALTITUDE

657,8 km 35 stages +21.061 m / -21.089 m 0 m / 1.499 m

START / FINISH

Um Qais / Aqaba.

BEST TIME TO VISIT

All year round, but in summer you'll need to bring lots of water as it will be very hot.

SIGNPOSTING

Some parts of the route are unmarked.

TECHNICAL DIFFICULTY / PHYSICAL DEMANDS

There are easy, moderate and difficult parts but overall it's a challenging walk due to the elevation gain and also the length of some stages. Given the level of difficulty, the lack of clear waymarkers in some areas and the limited availability of supplies along sections of the route, this is a trek for highly experienced hikers who are accustomed to hiking in desert conditions and navigating via GPS.





1. JORDAN TRAIL from Um Qais to Aqaba

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DESCRIPTION OF THE ROUTE

The Jordan Trail is a long-distance hiking trail connecting the length of Jordan from Um Qais in the north to Aqaba in the south. It provides 35 days of hiking over more than 650 kilometres of trail, and travelling through 75 villages and towns on its way.

The walk crosses several climate zones and thus offers a variety of different landscapes, allowing hikers to discover a wide spectrum of Jordan's geology ("wadi's" – valleys with a dry riverbed or intermittent stream, hills and canyons, steep cliffs and fertile valleys), with cultural sites from different times along the way (ruins of ancient civilizations, historic sites, Bedouin camps, fortifications, castles). Probably one of the better known highlights of the trail is the Nabataean masterpiece of Petra and the desert around Wadi Rum. On the last part of the trail, hikers gain their first view of the Red Sea and the Gulf of Aqaba beyond which are the Sinai mountains at the end of the Jordan Trail between the border with Saudi Arabia and the port of Aqaba.





1. JORDAN TRAIL from Um Qais to Aqaba

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ATTRACTIONS ALONG THE ROUTE

- > Ruins of Roman Decapolis cities at Um Qais and Pell
- > Ecopark at Wadi Ziglab
- > Tel Mar Elias Byzantine monastery ruins, traditional birthplace of the prophet Elijah
- > Community tourism and rural scenery in the al-Ayoun villages
- > Medieval mountaintop site of Ajloun Castle
- > Burma village
- > King Talal Dam
- > Rmeimeen village
- > Town of Fuheis & Carakale microbrewery
- > City of Salt
- > Iraq Al-Ameer Women's Cooperative
- > Roman Road
- > The Dead Sea canyons of Wadi Zarqa Main and Wadi Wala
- > Wadi Mujib
- > Magdelina Ruins
- > Al-Karak Castle
- > Khirbet Ainun village at Wadi Ziglab
- > Tor al Taboun crags
- > Wadi Hasa
- > Mi'tan and Buseira villages and Edomite ruins
- > Dana Village and Dana Biosphere Reserve
- > Wadi Dana Biosphere Reserve
- > Feynan ruins and ancient copper mines
- > Hidden stream and waterfall in Wadi Feid
- > Little Petra, an outpost of Petra in the same city-in-the-cliffs style
- > Petra, Nabatean capital and wonder of the world
- > Humeima, ancient and Umayyad ruins
- > Wadi Rum (World Heritage site)
- > Lawrence's Spring (Ain Shellaleh) and the Nabataean Temple
- > Dramatic desert scenery
- > Bedouin encampments
- > Village of Titen
- > Red Sea in Aqaba

MORE INFORMATION jordantrail.org





1. JORDAN TRAIL from Um Qais to Aqaba

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STAGE 1 > **Um Qais - Ziglab**

START: Um Qais

FINISH: Ziglab

DISTANCE	DURATION	ELEVATION GAIN
24,38 km	8 h 00'	+573 m / -1.070 m

STAGE 2 > **Ziglab - Beit Idis**

START: Ziglab

FINISH: Beit Idis

DISTANCE	DURATION	ELEVATION GAIN
22,07 km	8 h 00'	+1.182 m / -539 m

STAGE 3 > **Beit Idis - Rasoun**

START: Beit Idis

FINISH: Rasoun

DISTANCE	DURATION	ELEVATION GAIN
15,29 km	5 h 00'	+702 m / -451 m

STAGE 4 > **Rasoun - Ajloun**

START: Rasoun

FINISH: Ajloun

DISTANCE	DURATION	ELEVATION GAIN
16,77 km	5 h 00'	+723 m / -535 m

STAGE 5 > **Ajloun - Khirbet Al-Souq**

START: Ajloun

FINISH: Khirbet Al-Souq

DISTANCE	DURATION	ELEVATION GAIN
15,84 km	5 h 30'	+578 m / -788 m





1. JORDAN TRAIL from Um Qais to Aqaba

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STAGE 6 > **Khirbet Al-Soup - King Talal Dam**

	DISTANCE	DURATION	ELEVATION GAIN
START: Khirbet Al-Soup	14,59 km	5 h 30'	+473 m / -919 m
FINISH: King Talal Dam			

STAGE 7 > **King Talal Dam - Rmeimeen**

	DISTANCE	DURATION	ELEVATION GAIN
START: King Talal Dam	15,74 km	5 h 30'	+572 m / -356 m
FINISH: Rmeimeen			

STAGE 8 > **Remeimeen - As-Salt**

	DISTANCE	DURATION	ELEVATION GAIN
START: Remeimeen	14,65 km	6 h 00'	+646 m / -378 m
FINISH: As-Salt			

STAGE 9 > **As Salt - Irap Al-Amir**

	DISTANCE	DURATION	ELEVATION GAIN
START: As Salt	22,34 km	7 h 00'	+668 m / -973 m
FINISH: Irap Al-Amir			

STAGE 10 > **Irap Al-Amir - Husban**

	DISTANCE	DURATION	ELEVATION GAIN
START: Irap Al-Amir	19,65 km	5 h 30'	+969 m / -738 m
FINISH: Husban			





1. JORDAN TRAIL from Um Qais to Aqaba

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STAGE 11 > **Husban - Oyoun Al-Theeb**

START: Husban

FINISH: Oyoun Al-Theeb

DISTANCE	DURATION	ELEVATION GAIN
19,940 km	7 h 00'	+817 m / -1.193 m

STAGE 12 > **Oyoun Al-Theeb - Wadi Zarqa**

START: Oyoun Al-Theeb

FINISH: Wadi Zarqa

DISTANCE	DURATION	ELEVATION GAIN
21,29 km	7 h 00'	+836 m / -672 m

STAGE 13 > **Wadi Zarga Ma'in - Wadi Hidan**

START: Wadi Zarga Ma'in

FINISH: Wadi Hidan

DISTANCE	DURATION	ELEVATION GAIN
17,24 km	6 h 00'	+771 m / -747 m

STAGE 14 > **Wadi Hidan - Wadi Mujib**

START: Wadi Hidan

FINISH: Wadi Mujib

DISTANCE	DURATION	ELEVATION GAIN
15,14 km	7 h 00'	+717 m / -951 m

STAGE 15 > **Wadi Mujib - Majdalein**

START: Wadi Mujib

FINISH: Majdalein

DISTANCE	DURATION	ELEVATION GAIN
20,00 km	7 h 00'	+1.231 m / -264 m





1. JORDAN TRAIL from Um Qais to Aqaba

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STAGE 16 > **Majdalein - Karak**

START: Majdalein

FINISH: Karak

DISTANCE	DURATION	ELEVATION GAIN
22,71 km	8 h 00'	+531 m / -417 m

STAGE 17 > **Al-Karak - Tor Al-Taboun**

START: Al-Karak

FINISH: Tor Al-Taboun

DISTANCE	DURATION	ELEVATION GAIN
27,03 km	8 h 00'	+698 m / -881 m

STAGE 18 > **Tor Al-Taboun - Karaka**

START: Tor Al-Taboun

FINISH: Karaka

DISTANCE	DURATION	ELEVATION GAIN
21,71 km	7 h 00'	+1.048 m / -725 m

STAGE 19 > **Karaka - Ma'Tan**

START: Karaka

FINISH: Ma'Tan

DISTANCE	DURATION	ELEVATION GAIN
20,65 km	8 h 00'	+444 m / -540 m

STAGE 20 > **Ma'Tan - Dana**

START: Ma'Tan

FINISH: Dana

DISTANCE	DURATION	ELEVATION GAIN
15,35 km	5 h 00'	+923 m / -752 m





1. JORDAN TRAIL from Um Qais to Aqaba

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STAGE 21 > **Dana - Wadi Malaga**

START: Dana

FINISH: Wadi Malaga

DISTANCE	DURATION	ELEVATION GAIN
21,95 km	7 h 00'	+128 m / -1.102 m

STAGE 22 > **Wadi Malaga - Ras Al-Feid**

START: Wadi Malaga

FINISH: Ras Al-Feid

DISTANCE	DURATION	ELEVATION GAIN
13,62 km	6 h 00'	+830 m / -321 m

STAGE 23 > **Ras Al-Feid - Little Petra**

START: Ras Al-Feid

FINISH: Little Petra

DISTANCE	DURATION	ELEVATION GAIN
22,80 km	7 h 00'	+1.043 m / -756 m

STAGE 24 > **Little Petra - Petra**

START: Little Petra

FINISH: Petra

DISTANCE	DURATION	ELEVATION GAIN
12,86 km	3 h 30'	+492 m / -516 m

STAGE 25 > **Petra - Gaa'Mriebed**

START: Petra

FINISH: Gaa'Mriebed

DISTANCE	DURATION	ELEVATION GAIN
22,30 km	7 h 00'	+539 m / -941 m





1. JORDAN TRAIL from Um Qais to Aqaba

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STAGE 26 > **Gaa'Mriebed - Wadi Al-Saif**

START: Gaa'Mriebed

FINISH: Wadi Al-Saif

DISTANCE	DURATION	ELEVATION GAIN
14,20 km	4 h 30'	+271 m / -314 m

STAGE 27 > **Wadi Al-Saif - Wadi Gseib**

START: Wadi Al-Saif

FINISH: Wadi Gseib

DISTANCE	DURATION	ELEVATION GAIN
14,83 km	4 h 00'	+160 m / -446 m

STAGE 28 > **Wadi Gseib - Wadi Aheimar**

START: Wadi Gseib

FINISH: Wadi Aheimar

DISTANCE	DURATION	ELEVATION GAIN
15,66 km	5 h 30'	+501 m / -403 m

STAGE 29 > **Wadi Aheimar - Al-Humeina**

START: Wadi Aheimar

FINISH: Al-Humeina

DISTANCE	DURATION	ELEVATION GAIN
26,21 km	8 h 00'	+801 m / -223 m

STAGE 30 > **Al-Humeina - Jabal Kharazeh**

START: Al-Humeina

FINISH: Jabal Kharazeh

DISTANCE	DURATION	ELEVATION GAIN
18,78 km	6 h 00'	+16 m / -79 m





1. JORDAN TRAIL from Um Qais to Aqaba

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STAGE 31 > **Jabal Kharazeh - Shakriya**

START: **Jabal Kharazeh**

FINISH: **Shakriya**

DISTANCE	DURATION	ELEVATION GAIN
15,95 km	6 h 00'	+25 m / -135 m

STAGE 32 > **Shakriya - Rum village**

START: **Shakriya**

FINISH: **Rum village**

DISTANCE	DURATION	ELEVATION GAIN
12,02 km	3 h 30'	+172 m / -11 m

STAGE 33 > **Rum village - Wadi Waraqa**

START: **Rum village**

FINISH: **Wadi Waraqa**

DISTANCE	DURATION	ELEVATION GAIN
19,71 km	6 h 00'	+236 m / -171 m

STAGE 34 > **Wadi Waraqq - Final Camp**

START: **Wadi Waraqq**

FINISH: **Final Camp**

DISTANCE	DURATION	ELEVATION GAIN
25,74 km	8 h 00'	+446 m / -495 m

STAGE 35 > **Final Camp - Aqaba**

START: **Final Camp**

FINISH: **Aqaba**

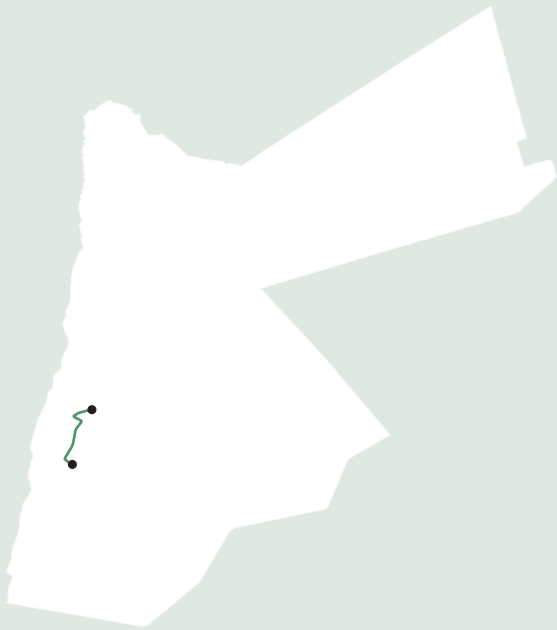
DISTANCE	DURATION	ELEVATION GAIN
19,79 km	6 h 00'	+299 m / -1.287 m





2. RIFT VALLEY TRAIL

JORDAN



RIFT VALLEY TRAIL

from Dana to Little Petra





2. RIFT VALLEY TRAIL

from Dana to Little Petra

JORDAN

DISTANCE	DURATION	ELEVATION GAIN	ALTITUDE
94 km	6 stages	+2.425 m / -2.595 m	320 m / 1.360 m

START / FINISH

Dana / Little Petra.

BEST TIME TO VISIT

All year round, but in summer you'll need to bring lots of water as it will be very hot.

SIGNPOSTING

Some parts of the route are unmarked.

TECHNICAL DIFFICULTY / PHYSICAL DEMANDS

There are easy, moderate and difficult parts but it's a moderate walk overall.



2. RIFT VALLEY TRAIL from Dana to Little Petra

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DESCRIPTION OF THE ROUTE

The Rift Valley Mountain Trek is the first long-distance discovery hiking route in Jordan, linking the Dana Biosphere Reserve and the Feynan Lodge with Petra through the Shobak Heights. Extending approximately 100 km from Dana old village to little Petra. While crossing mountains and plateaus, visitors can explore the magnificent landscape with its breath-taking geological forms, and enjoy the awe-inspiring Rift Valley viewpoints. Interacting with the local population during this spectacular crossing, visitors have the phenomenal experience of camping in real goat hair Bedouin tents.

ATTRACTIONS ALONG THE ROUTE

- > Dana Biosphere Reserve
- > Bedouin settlements
- > Shobak castle
- > Old village of Sihan
- > Desert lands of Wadi Araba
- > Petra
- > Little Petra





2. RIFT VALLEY TRAIL from Dana to Little Petra

JORDAN

STAGE 1 > **Dana – Feynan (Wadi Dana Trail)**

	DISTANCE	DURATION	ELEVATION GAIN
START: Dana	14,00 km	7 h 00'	+?? m / -?? m
FINISH: Feynan (Wadi Dana Trail)			

STAGE 2 > **Feynan - Al Bustan area**

	DISTANCE	DURATION	ELEVATION GAIN
START: Feynan - Wadi Ghweer	18,00 km	8 h 00'	+?? m / -?? m
FINISH: Al Bustan area (Wadi Al Nakheel Trail)			

STAGE 3 > **Al Bustan area - Shobak castle**

	DISTANCE	DURATION	ELEVATION GAIN
START: Al Bustan area	15,00 km	7 h 00'	+?? m / -?? m
FINISH: Shobak castle (Al Qala'a Trail)			

STAGE 4 > **Shobak castle - Ras Al Faid area**

	DISTANCE	DURATION	ELEVATION GAIN
START: Shobak castle	14,00 km	6 h 00'	+?? m / -?? m
FINISH: Ras Al Faid area (Al Matal Trail)			

STAGE 5 > **Al Forn area - G. Al Whaidat area**

	DISTANCE	DURATION	ELEVATION GAIN
START: Al Forn area	18,00 km	8 h 00'	+?? m / -?? m
FINISH: Gbour Al Whaidat area (Al Whaidat Trail)			

STAGE 6 > **Gbour Al Whaidat - Little Petra**

	DISTANCE	DURATION	ELEVATION GAIN
START: Gbour Al Whaidat	15,00 km	6 h 00'	+?? m / -?? m
FINISH: Little Petra by Al Faresh (Al Baidah Trail)			



3. AL HREITH TRAIL

JORDAN



AL HREITH TRAIL

from Yamouk Nature Reserve





3. **AL HREITH TRAIL**

from Yamouk Nature Reserve

JORDAN

DISTANCE
8,5 km

DURATION
2,5 hours

ALTITUDE
380 m

START / FINISH

Yamouk Nature Reserve

BEST TIME TO VISIT

All year round but spring and autumn are the best seasons.

SIGNPOSTING

There are some wooden information boards as it is an educational trail.

TECHNICAL DIFFICULTY / PHYSICAL DEMAND

Easy.





3. **AL HREITH TRAIL** from Yamouk Nature Reserve

JORDAN

DESCRIPTION OF THE ROUTE

The Yarmouk Nature Reserve trail offers an exceptional contrast between the native oak forests and the planted pine woods. The trail gives proof of past human advancements, as there are water channels from Roman times, caves and sedimentary rocks, military trenches, and cannon from the 1860s. Toward the end of the trail, at an altitude of 380 m above sea level, there is a dazzling perspective on the Lake Tiberias, Mount Tur, and the Golan Heights.

Yarmouk Nature Reserve is a protected forest located in the north-western part of Jordan on the edge of the Golan Heights. It has oak-forest-covered mountains that range in height from 500 metres to 100 metres below sea level. It also has valleys that descend towards the Yarmouk river, where the flow is seasonal (with the exception of Wadi Shaq al-Bared). The reserve shelters many animals including endangered species such as gazelle, ibex, and Arabian Oryx. It is also known for its bird watching opportunities, and it is worth stopping to watch the migratory wading birds at Bridal Lake. There are several trails to discover the area but as they are not signposted, it is advisable to use the services of a local guide.

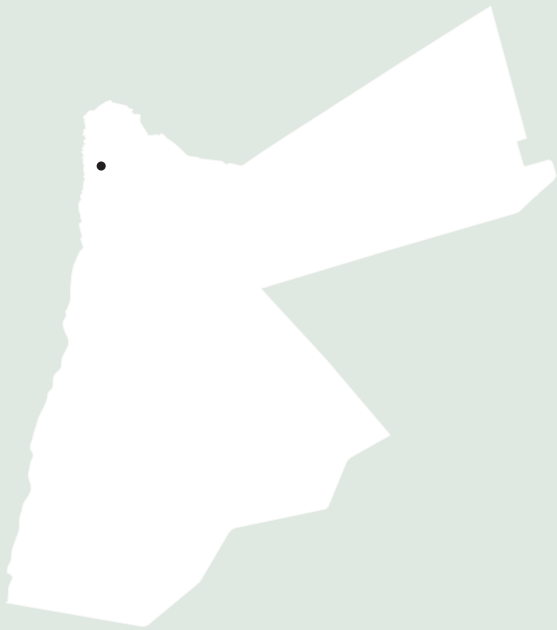
MORE INFORMATION: www.rscn.org.jo





4.KUFUR AWAN TO PELLA

JORDAN



KUFUR AWAN TO PELLA

from Kufur Awan to Pella





4. KUFUR AWAN TO PELLA

from Kufur Awan to Pella

JORDAN

DISTANCE
9,3 km

DURATION
4 hours

ELEVATION GAIN
+30 m / -450 m

ALTITUDE
20 / 470 m

START / FINISH

Kufur Awan / Pella.

BEST TIME TO VISIT

All year round but spring and autumn are the best seasons.

SIGNPOSTING

None, but it is an easy trail to follow.

TECHNICAL DIFFICULTY / PHYSICAL DEMANDS

Easy.





4. **KUFUR AWAN TO PELLA** from Kufur Awan to Pella

JORDAN

DESCRIPTION OF THE ROUTE

Kufur Awa (or Kafr Awan) means “medium farms” and is located in the northwest of Jordan, south of the Sea of Galilee, in the northern Jordan Valley.

Kufur Awa is not far from the mountain area in the Ajloun nature reserve and offers several interesting hiking options. The trail from Kufur Awan to Pella allows visitors to discover this archaeological jewel. Pella is a paradise for archaeologists due to the enormous wealth of antiquities that it houses and that make it one of the most outstanding historical sites on the Jordanian tourist map.

MORE INFORMATION: www.visitjordan.com/pella/





5. RMEIMEEN TO AS-SALT

JORDAN



RMEIMEEN TO AS-SALT

from Rmeimeen to As-Salt





5. RMEIMEEN TO AS-SALT

from Rmeimeen to As-Salt

JORDAN

DISTANCE

14,6 km

DURATION

6 hours

ELEVATION GAIN

+655 m / -380 m

ALTITUDE

540 / 1.020 m

START / FINISH

Kufur Awan / Pella.

BEST TIME TO VISIT

All year round but spring and autumn are the best seasons.

SIGNPOSTING

The route shares signposting with the longer Jordan trail.

TECHNICAL DIFFICULTY / PHYSICAL DEMANDS

Moderate to difficult.





5. RMEIMEEN TO AS-SALT from Rmeimeen to As-Salt

JORDAN

DESCRIPTION OF THE ROUTE

From Rmeimeen to As-Salt, the trail follows part of the Jordan trail and allows visitors to discover a beautiful landscape and two interesting locations with several highlights. The area, located less than one hour from the capital of Jordan has an ancient history and also a rich tradition.

This trail is signposted and it follows, in some parts, paved roads that make it easy to follow.

ATTRACTIONS ALONG THE ROUTE

- > Rmemeen Church and Mosque
- > Caves
- > Ancient Church
- > Salt Handicraft Training Centre
- > Orthodox Church
- > Ottoman Mosque
- > Beit Abu Jaber
- > As-Salt Museum

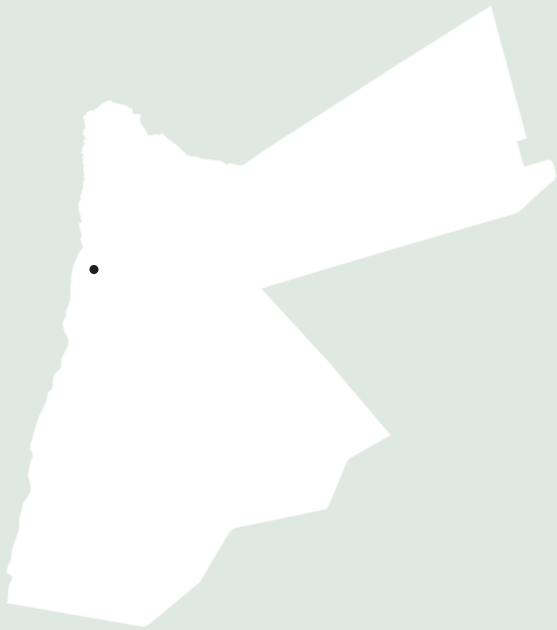
MORE INFORMATION: <https://jordantrail.org/204-rmeimeen-to-as-salt/>





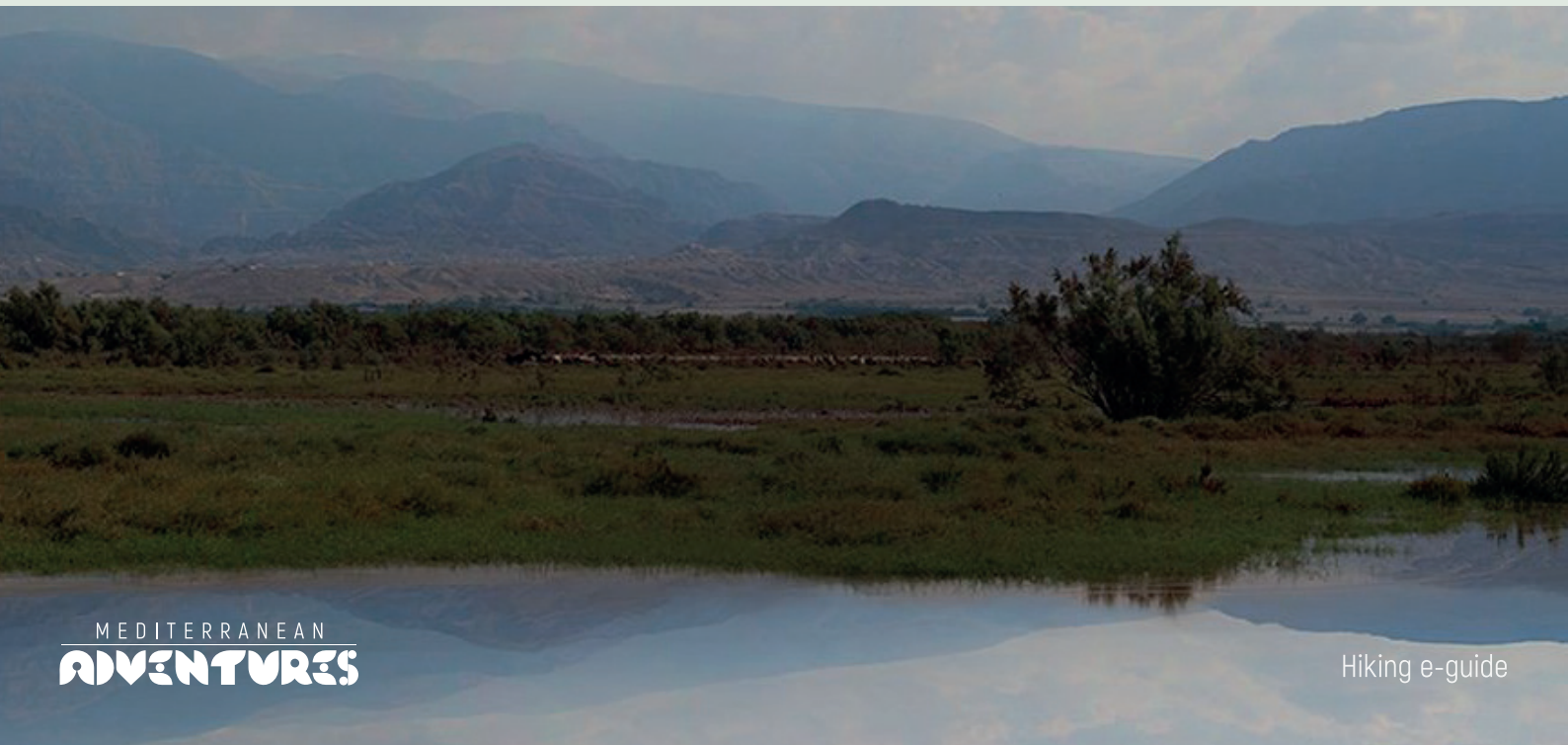
6. MADABA PILGRIMS – EGERIA WAY

JORDAN



**MADABA PILGRIMS TRAIL –
EGERIA TRAIL**

from Madaba to Bethany





6. MADABA PILGRIMS – EGERIA WAY

from Madaba to Bethany

JORDAN

DISTANCE	DURATION	ELEVATION GAIN	ALTITUDE
66 km	3 stages	+600 m / -1.400 m	0 / 820 m

START / FINISH

Madaba / Bethany.

BEST TIME TO VISIT

All year round but spring and autumn are the best seasons.

SIGNPOSTING

None. It is advisable to go with a local guide.

TECHNICAL DIFFICULTY / PHYSICAL DEMANDS

Challenging.





6. MADABA PILGRIMS – EGERIA WAY

JORDAN

from Madaba to Bethany

DESCRIPTION OF THE ROUTE

The Egeria Way is a hiking trail named in honour of Egeria, a Spanish pilgrim nun who walked from Mount Nebo in Jordan to Jerusalem in the 4th century. She was considered the first Spanish woman writer and traveller.

STAGE 1 > Madaba - Mount Nebo Monastery	15 km
STAGE 2 > Mount Nebo - Dead Sea	23 km
STAGE 3 > Dead Sea – Bethany (baptismal site on the Jordan)	28 km

MORE INFORMATION: www.jerusalemway.org/en/road/stages/





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