







The Mediterranean pathway for Innovation Capitalisation toward an urban-rural integrated development of Non-Conventional Water Resources

Innovative and creative participatory methodology guidance for water governance – OUTPUT 3.3

July 2022

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LIST OF ABBREVIATIONS

EC	European Commission
EU	European Union
NCWR	Non-Conventional Water Resources
WP	Work Package
ICs	Innovation Camp Process and/or Workshops
DT	Design Thinking















EXECUTIVE SUMMARY

This document provides clear guidelines for developing the goal-oriented MEDWAYCAP Innovation Camps (hereafter ICs) and future sustainable multilevel meetings. It supports the MEDWAYCAP experts in the identification of thematic challenges, challenge owners and the related stakeholders by capitalizing the best existing methodology for innovative and creative participatory approaches.

The guidelines describe how the MEDWAYCAP Innovation Camps (hereafter ICs) integrate design thinking principles in the project to address its general and specific objectives of defining a Mediterranean pathway for Innovation Capitalisation toward an urban-rural integrated development of Non-Conventional Water Resources (NCWR). It describes the methods, participatory steps, roles, responsibilities and tools that will be adopted to define targeted policy recommendations, launch pilot actions and support the emergence of an international community of practitioners that have the same societal aims and want to collaborate in their implementation. The core method at the basis of the ICs is the Societal Innovation Camp Methodology, with its inclusive, agile, iterative, non-linear, incremental, entrepreneurial and pioneering discovery mindset.

The document outlines in detail the methodology with its guiding principles, timeline, tasks and tools that will be used in the preparation, implementation and follow up of the Innovation Camps. Its structure focuses on why, how, who, and when, and it is based on the following sections:

- Section 1: Purpose and challenges of the MEDWAYCAP Innovation Camps (ICs). The overall and specific objectives of the project and the core challenges that will be addressed through the ICs. This section focuses on the big picture of the Innovation Camps, giving an overview of the whole process and steps and its integration with design thinking steps and creativity techniques.
- Section 2: The steps of the MEDWAYCAP Innovation Camps. A step-by-step description of each phase of a Camp: preparation, implementation and follow-up.
- Section 3: Organisation, roles and responsibilities. This section describes the key roles of the teams involved in the ICs: The Challenge Owner/Holder; the Facilitator(s); the Reporter/scribe; the local organiser/convenor and participants.
- Section 4: Logistics, tools and practicalities. A description of how the space and tools are used to run the LAB process (physical/face-to-face and/or digital/online).
- Section 5: A summary of the main steps, processes and outcomes of the LABs.

The methodological handbook supports the organisation and replicability of the MEDWAYCAP ICs. It is in line with the guiding principles of the overarching Innovation Camp method that will be applied to codesign and achieve societal, scalable, and sustainable solutions.

The approach of this document is practical and hands-on. It is a work in progress, based on the implementation and improvement of existing and validated iterative processes, by integrating new technologies and methods, and streamlining processes to reinforce the possibility to reaching long-term outcomes and impacts.













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While the deliverable covers in a comprehensive way all the possible facets of supporting the complex nature and global scope of the MEDWAYCAP project, the process will also be influenced by how the methods will be applied and adapted within the project. The emergence of Covid 19 restrictions will be an opportunity to innovate further and adapt the tools and processes by combining asynchronous tasks and synchronous workshops (online or face to face) performed in different time zones by the partners and all the other stakeholders.













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1. PURPOSE AND CHALLENGES OF THE MEDWAYCAP INNOVATION CAMPS

The MEDWAYCAP project addresses the challenge to embrace the non-conventional water reuse and management in the Mediterranean region through the promotion of sustainable strategies and technological innovations. MEDWAYCAP's challenge-driven cooperation is enhanced through the Innovation Camps (ICs).

The ICs are a crucial complementary element to provide a coherent and continuous cross-border dialogue and processes. In MEDWAYCAP these include sustained awareness-raising of public authorities and policy-makers at regional/national level, capacity building, easy access to information and a friendly use of tools for mutual learning. This approach can contribute to mitigating local water crises, a common challenge throughout the Mediterranean, by facilitating general access and promotion of best practices including the improvement of treated wastewater reuse as a non-conventional water resource (NCWR).

The MEDWAYCAP challenges include weakness in the multi-level governance and law enforcement, in planning, managerial and operational capacities, as well as low-level involvement of local and national actors and stakeholders in the decision-making process. The MEDWAYCAP project faces these issues and addresses the final beneficiaries, to equip them with state-of-the-art knowledge on NCWR techniques. These will include the development and improvement of prototypes on management, planning and skills to reuse sociotechnical solutions at territorial level for domestic and agricultural purposes. The ICs iterative prototyping process will benefit from the well organised capitalization platforms for networking and knowledge transfer and capacity building tool box thereby fostering the scalability and sustainability of MEDWAYCAP's societal challenges. The project has been designed with the following NCWR aims: to transfer and "upgrade" knowledge; reinforce new and/or existing networks & alliances; raise awareness among public authorities, policy-makers and "challenge owners" about NCWR measures and related opportunities for planning policies and related funding measures.

The MEDWAYCAP Innovation Camps address the following three challenges:

- 1. KNOWLEDGE HARMONISATION. Place-based analysis of best practices and methodology to foster a multilevel water governance (from WP3). Consolidate the knowledge framework on NCWR management identifying and harmonising best practices, key results, lessons learnt in the Mediterranean area promoting benchmarking and access for capitalization.
- 2. IMPLEMENTATION. Mediterranean Capitalisation Alliance: synergies and mutual learning (From WP4). Strengthen the impact and the value of innovative integrated NCW management solutions through a MED capitalization alliance for collective learning towards a more effective policy, relevance and innovation processes to ensure a sustainable capitalization of best practices and their replicability.
- 3. CIRCULAR BUSINESS. Translating best practices into regional and local plans (From WP5). Foster the replication & mainstreaming of best practices & highlights for decision-makers at local/national & regional level through cross-border initiatives addressing environmental challenges, promoting green economy, sustainable development & long-term endogenous economic growth in the MED area.

These three strategic objectives will drive the scope, challenges and process of the LABs.











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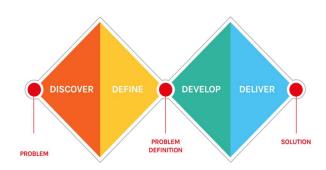
The project will deploy a series of Innovation Camps to co-design and prototype solutions regarding Non-Conventional Water Resources (NCWR). As a result, the project will scale up the experience of NCWR at the Mediterranean, European and international level, incorporating all knowledge and materials resulting from the project. These actionable insights will feed the process to formulate recommendations to enhance awareness and innovation in the use of socio-technical solution relating to NCWR.

1.1 The overall picture of the MEDWAYCAP Innovation Camps

The ICs are part of the overall iterative design thinking process of the project and they therefore work across the whole project. The ICs base their input on what happens in the other WPs and feed the emerging output into the WPs that run concurrently, with retrospectives and feedback to adjust the strategy and process further.

The MEDWAYCAP project covers the following design thinking stages through the Societal Innovation Camp process:

- 1. **Explore and identify (Empathize).** Develop knowledge about what project stakeholders do, say, think, and feel, through direct observation of what they do, how they think, and what they want. Typical questions are 'what motivates or discourages stakeholders?' or 'where do they experience frustration?' This phase aims to gather enough observations that you can begin to empathize with project stakeholders and their perspectives.
- Define. Combine all stakeholders' observations to map where users' problems exist, drawing more clearly the stakeholders, highlighting opportunities for innovation. To do this, observations are carried out drawing across stakeholders/ users' current experiences so as to find out if there are common needs, challenges and burning issues.



- 3. Ideate. This stage envisages a freely discuss

 Figure 1: Design thinking double diamond

 and

 brainstorm on a wide range of creative ideas that address the unmet user needs identified in the definition

 phase. In this phase it is important to give participants total freedom; no idea is too far-fetched, and

 quantity supersedes quality. Bring and animate participants together to sketch out many different ideas.

 Then, have them share ideas with one another, mixing and remixing, building on others' ideas.
- 4. **Prototype.** This stage envisages to co-create representations for a subset of participants' ideas. This phase aims to understand what components of the proposed ideas work, and which do not. In this phase, it will be possible to begin to weigh the impact versus feasibility of proposal ideas through feedback on prototypes (understanding prototype as a solution for a problem around a topic). Change is based on rapid iterations and circular feedback where every prototype is adapted and improved through tests with people and users.











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- 5. **Test**. In this stage some questions will be used so participants can ask themself 'Does this solution meet users' needs?' and 'Has it improved how we feel, think, or perform our tasks?'
- 6. **Implement (Validate)**; the final stage beyond each LAB will be the validation and implementation of the prototype to verify that it achieves the project goals.

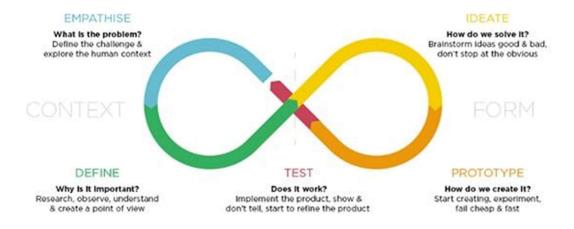


Figure 2: Design Thinking Iterative Helix

The steps of the design thinking method described above are distributed in the initial divergent phase and convergent phase of the preparation, running and follow up of the MEDWAYCAP Innovation Camps. These create a common problem and solution space that will be deployed as a dynamic mix of creative workshops based on the Innovation Camp (IC) methodology and synchronous and asynchronous tasks between the participating co-designers, representing institutions, business, R&I, civil society (the quadruple helix stakeholders).

1.2 The core process of the MEDWAYCAP Innovation Camp

The objectives of MEDWAYCAP will be achieved by applying participatory processes, facilitation techniques, experience in the design of communities of practice and the Innovation Camp Methodology. As one of the bottlenecks of innovation are the public administrations and policy makers (bureaucratic systems in-place hinder innovation due to due-dilligence checks, ensuring of policy alignment and coherence with public funding) the Innovation Camp was developed on purpose by the EC Joint Research Centre and Committee of the Regions to create safe environments where to address challenges, develop initial prototypes, test and improve them with all the actors of the innovation ecosystem (the quadruple helix).

1.2.1 The Innovation Camp

The Innovation Camp is the backbone of the entire participatory process. It guides the definition of objectives, the choice of challenges and intervention scenarios up to the monitoring of prototypes of actions and ideas in the short, medium and long term.











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What is the Innovation Camp?

The Innovation Camp is an instrument for addressing societal challenges powerfully and effectively. It combines a proactive way of thinking & working with a concrete process to develop breakthrough ideas and insights, aiming to produce real-world impact.

Participants from diverse countries and disciplines work together to discover and leverage in-and-out-of-the-box opportunities for creating breakthroughs in the process of collaborative solution-seeking. This increases our possibilities, opens new thinking, goes beyond the ordinary, and expands our insights into how to tackle societal innovation issues. The Innovation Camp methodology has been adopted and is promoted by the Committee of the Regions and EC Joint Research Centre to generate scalable societal innovations through an entrepreneurial discovery process, a series of facilitated meetings, and sets of design thinking methods.

How does it work?

During an Innovation Camp, multidisciplinary groups develop new ideas and perspectives on real-world challenges brought to the camp by cities, regions, business organisations, universities, NGO's and other stakeholders. The work process is designed to support self-organising groups working in creative and open environments. After the Camp, prototypes of promising ideas, actions, policies and recommendations are tested and improved at locations where the issues occur. This supports an open, co-creative innovation process in the real world. At the Camps, participants from diverse backgrounds, countries and ages work together in largely self-organising groups. The LAB based on the innovation camp method has a thorough preparation, and a follow-up phase, and has a working process based on five stages that will also be described in more detail in the implementation section below:

- Exploring the Challenges
- Exploring the Opportunities (deepen the understanding)
- Generating & enriching ideas
- Prototyping promising ideas
- Thinking forward (Reflect, Renew, Present)

The lightly facilitated work process is designed to continuously frame and reframe the issues, problems, and assumptions relevant to a challenge. This leads to creating a range of new perspectives – new lenses through which the issues can be better understood and societal-entrepreneurial ways of dealing with them.

Prototyping takes place both during the Camp, and afterwards. The **prototyping** period *after* the Camp is an integral part of the process.

The term **prototyping** in the LABs is based on the original concept of what a prototype is: the word prototype derives from the Greek $\pi\rho\omega\tau\dot{\sigma}\tau u\pi\sigma v$ prototypon, "primitive form", neutral of $\pi\rho\omega\tau\dot{\sigma}\tau u\pi\sigma v$ prototypos, "original, primitive", from $\pi\rho\omega\tau\sigma v$ protos, "first" and $\tau\dot{u}\pi\sigma v$ typos, "impression". Therefore, a prototype is not necessarily a tangible object such as an engine or a software, but, as in the Innovation Camps could relate to a policy, strategy, service or recommendation that requires a "proof of concept". Something that is like a draft, not yet perfect











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and therefore open to more contributions and continuous improvements emerging from real-life tests and retrospectives.

Follow-through takes place at diverse and relevant locations, with direct stakeholder engagement. Living labs and (urban) test-beds may be part of this co-creation process. This leads to more robust prototypes, to practical experiments, pilots and – with sufficient commitment – plans for fast-track realization.

Why does it work?

The Innovation Camp is a human-centred process, which begins when key people commit to take the results further. Supported self-organization drives the process and allows diverse partners to co-create new possibilities. Cross-disciplinary creativity, collective intelligence and prototyping are cornerstones of the Innovation Camp process. The focus on follow-through and stakeholder involvement makes it different from many other camp formulas, participative processes and hackathons.

There are dozens of innovative instruments and diverse methodologies for social renewal, and hundreds of workshops take place every year, often producing promising results. But many fail to move beyond the output of the events themselves to create lasting effect in society. The Innovation Camp has shown that this can be done, even when dealing with complicated and complex issues.

Focus on the need for concrete outcomes and societal impact after the Camp builds forward momentum. Thorough attention to the whole process – the preparation, the face -to- face and virtual interaction, the prototyping period and the follow through at diverse locations – contributes to success.

The Innovation Camp has been adopted by the European Committee of the Regions and the European Joint Research Centre (JRC). It has been co-developed by the New Club of Paris, Finland's Aalto University, and through a team of core facilitators from I2SI (www.futour.it). Since 2010 it has been run over 40 times, in different forms both physical and online, in Finland, Sweden, South Africa, Spain, Serbia, The Netherlands, Slovakia, Bulgaria, Belgium, Italy, Greece, India, China, Chile, Brazil, Mexico, USA, Canada and Japan. The Innovation Camp is still evolving in different forms, used in different contexts and for different challenges, strategic and local. The Innovation Camp is nowadays used as a word, describing an innovative, inclusive, open process dealing with societal challenges, often on a global scale (see annex 1).

1.3 Interdisciplinary approach of the MEDWAYCAP Innovation Camps

MEDWAYCAP adopts an interdisciplinary approach to investigate the adoption of Non-Conventional Water Resources (NCWR) socio-technical solutions. In the case of the ICs, working with people from many disciplines, cultures and value systems can be very challenging as it can generate misunderstandings, reduce the curiosity and attention, exclude and ultimately cause the withdrawal of people.

The Innovation Camp Method adopted in MEDWAYCAP is a thriving environment for interdisciplinary and multidisciplinary teams and open dialogue among partners, as its key principle is to apply the power of facilitation and co-creation to involve the greatest diversity and perspective of experiences, wisdom and















knowledge through the quadruple helix stakeholders. The support of the facilitators guarantees that there are shared methods, frameworks and guiding principles that give structure to the thinking and brainstorming process. Thus, the MEDWAYCAP Innovation Camps are designed to ensure every participant is heard and people learn from each other, change their mind, influence and are influenced in their way of thinking and sensing the challenges that are being discussed, raising their ownership of the process and commitment in achieving greater outcomes and impact. A safe environment is a powerful motivational aspect to create an atmosphere where multicultural and interdisciplinary teams such as the ones of the MEDWAYCAP ICs can openly express their views or even conflicts or differences that are transformed into opportunities to make change happen.

The risk of not having any format or facilitation in a meeting typically turns discussions into debates. In debate-style conversations, whoever speaks up will be heard. This style works well for people who have an easy time with this kind of format but does not work for all. Often, debate-style requires over-talking people, and some people are more likely to do that than others such as extroverted people. However, to avoid the pitfall of excluding ideas and voices that are essential in an interdisciplinary project, the adoption of a facilitated co-design process is essential.

The MEDWAYCAP ICs provide all participants with a checklist on behaviours that contribute or hinder group work. This kind of lists have been developed after years of experience by the FUTOUR experts. Furthermore, to foster the highest inclusivity of perspectives several facilitation and creativity approaches are applied, including a thorough use of sociocratic word rounds where everyone speaks, one by one. In these rounds the facilitator picks one person in the circle to start — typically with a specific question or prompt. Then everyone in the circle speaks until everyone has spoken. Another round can begin, or the facilitator gives a new prompt. Through these rounds people initially understand the topic or challenge being discussed, they then explore it further by collecting reactions, and ideas to formulate possible objections until these are clarified and people can find an assent on the common grounds for a decision on how to move next. Such method is an excellent way to support everyone to be heard by giving equal voice, opportunity and ultimately more effectiveness to the working teams in the MEDWAYCAP Innovation Camps.

1.4 COVID 19 as challenge and opportunity to increase the impact of the MEDWAYCAP Innovation Camps

MEDWAYCAP envisages the organisation of a preparation and training phase with two face-to-face ICs where people meet in a face-to-face physical setting and work together on the core challenges.

While the three challenges and scope remain the same, should there be further Covid-19 restrictions the MEDWAYCAP ICs can be performed online instead of in physical co-presence. This is both a challenge and an excellent opportunity, as it can make it easier for people to be involved and apply innovative participatory and creative digital processes to support the long-term outcome and impact.

As we will see below, the effectiveness of digital synchronous and asynchronous interaction and the ease with which external stakeholders can participate and contribute to the future MEDWAYCAP Community of Practice may transform the Covid-19 challenge into a powerful collaborative opportunity.















2. THE PHASES OF THE MEDWAYCAP INNOVATION CAMPS

Every Innovation Camps includes the preparation, implementation and the follow-up phase. The diagram below shows how the phases relate to each other and how the ICs generate prototypes of actions and policy recommendations that are assessed through Go-No go steps.

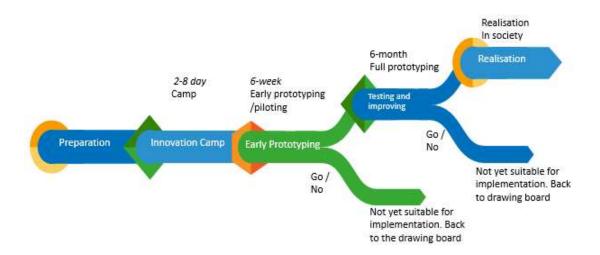


Figure 3: The three phases of the MEDWAYCAP INNOVATION CAMPS

Proper prior planning is required for successful participatory processes, and the follow-up and conditions for impact need to be envisaged and, ideally, planned right from the inception phase. Where will ideas that take-off during a ICs land once it is over? How can we create the commitment and conditions for the outcomes and impact to take place in the medium and long term?

2.1 Preparation phase

The preparation phase of each LAB is the equivalent of creating the foundations for a building and envisaging its functions, size, architecture, maintenance. A good preparation phase will anticipate and address potential problems, define the ICs purpose and challenges more clearly, identify the most suitable participants, and prepare the whole team for the adventurous co-creation journey.

The preparation includes a clear definition of each MEDWAYCAP challenge and the identification of the quadruple helix stakeholders that should be involved. It also includes the description of the *training of trainers* and of the logistic preparation and tools for online and/or face-to-face workshops.















2.1.1 Framing the Challenge

The main magnet of the whole IC-based LAB process is the description and framing of the challenges to be addressed. What is the challenge? Why should it be addressed? What could the implications, opportunities and impacts be? Who can help us to explore, reframe and address the challenge in the most suitable ways? Who can support the implementation and possible systemic changes needed to address the challenge?

These questions, among others, are the basis for the inception of the Innovation Camps and recur throughout the framing and reframing process.

Framing the challenges to be addressed with first ideas, background information and a map of the quadruple helix stakeholders that should be included in the process is performed by the Challenge Owner/Holder. We will describe more in detail the challenge owner below but, essentially, it is the organisation or person that has a clear interest in the potential societal outcomes and impact of the challenge that is addressed. For these reasons the Challenge Owner/Holder normally supports and funds the process through the implementation of the Innovation Camp. A strong challenge and Challenge Owner/Holder is an important precondition for the success and implementation of the emerging outcomes. The framing of the challenge by the challenge owner/holder also includes selecting a scribe/rapporteur that can help to summarise, analyse, and synthesise the key emerging points and make the report emerging from the work of the challenge group.

The primary tool for describing the challenge, stakeholders and background information is the Challenge Description Form. In annex 2 we provide a series of tips and triggering questions on how to fill it in and adapt it as more information is collected in the iterative process (see Annex 2).

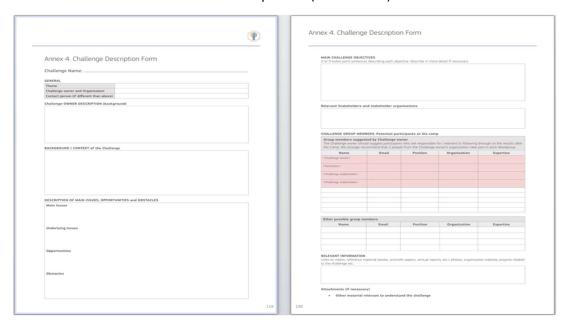


Figure 4: The Challenge Description Form











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The challenge form is the basis for preparing each session of the Innovation Camp. It is therefore important to prepare it well in advance. It is both a way to define and frame the challenge and to start a dialogue between the challenge holder, the promoters, the experts so as to set the tone and strategy of the Camp. More informed and well-prepared participants will bring better ideas. Think of and for the future.

The Challenge description Form is the **Call to Action**. Your objective is to include other actors and supporters as in a domino effect. Therefore, remember to write complete sentences in a way that may be easily understood also by other people that may have different backgrounds. A clear, clean, concise and simple communication is essential to gain more support. Do not use complex jargon and if special terms are used add a note to explain them.

The Challenge Description Form is a two-to-three-page document that includes the following sections:

- CHALLENGE NAME:
- GENERAL INFORMATION
 - o Theme:
 - O Challenge-owner and Organisation:
 - O Contact person (if different than above):
- Challenge-OWNER DESCRIPTION (background)
- BACKGROUND / CONTEXT of the Challenge
- DESCRIPTION OF MAIN ISSUES, OPPORTUNITIES and OBSTACLES
 - Main Issues
 - Underlying Issues
 - Opportunities
 - Obstacles
- MAIN CHALLENGE OBJECTIVES
 - Two or three bullet point sentences describing each objective. Describe in more detail If necessary.
- RELEVANT STAKEHOLDERS AND STAKEHOLDER ORGANIZATIONS (MACRO DESCRIPTION)
- CHALLENGE GROUP MEMBERS: Potential participants at the camp (Connect to the stakeholder map to include them).
 - O Group members suggested by Challenge-owner. The Challenge owner should suggest participants responsible for / relevant to following through on the results after the Camp. This will include the following information:
 - Name
 - Email
 - Position
 - Organization
 - Expertise
 - Other possible group members: name, email, position, organisation, expertise
- RELEVANT INFORMATION
 - O Links to videos, reference material (books, scientific papers, annual reports, etc.), photos, organisation website, projects related to the challenge etc.
- ATTACHMENTS (if necessary)
- Other material relevant to understand the challenge.















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The challenge description form is generated in the preparation phase. Once it is ready it is sent to the participants to help them to understand the background of the challenge and come prepared for the LABs. The challenge can be reframed as the context and challenge changes.

The framing of the challenges and function of challenge owner/holder in MEDWAYCAP is performed by the project partners with local policy makers. This will also guarantee a good coordination between the Innovation Camps.

When creating the challenge forms, it is important to ensure that they are aligned with the overarching policy challenges defined by the EC and other International Institutions relating to the topics of NCWR, to facilitate an easier implementation of emerging outcomes and impacts in the follow-up phase.

2.1.2 Stakeholder Mapping

The framing of the challenges also includes creating a map of stakeholders that need to be involved in the MEDWAYCAP Innovation Camp challenges. This map can be initially filled by each challenge owner/holder and is then enriched by all other partners and stakeholders that join the MEDWAYCAP Community of Practice.

The map is created on a shared table, including the following information.

- Target Challenge
- Name, surname, organisation and contact details
- Quadruple helix typology: e.g., institution, business, research, civil society
- Stakeholder Impact (high to low).
- Stakeholder/actors salience, meaning the quality of being particularly noticeable, important or prominent. The assessment of the salience is based on power, legitimacy and urgency:
 - 1. **Power** is the influence or authority of the stakeholder on the outcomes or impact of the challenges or its objectives. It is normally suggested to focus on stakeholders with high power. These are fewer in number.
 - 2. **Legitimacy** is how genuinely involved a stakeholder is with the challenges and its objectives. One should not spend time on stakeholders who do not have a legitimate interest. And one should pay attention to stakeholders with legitimate claims.
 - 3. **Urgency** is the degree to which stakeholder requirements call for immediate attention on the challenges or their objectives. Urgency depends on two factors: time-sensitivity and criticality. One needs to find out whether any requirement is time-specific or if mere fulfilment is important.

Participants are the lifeblood of the Innovation Camp as they both contribute with ideas, energy and time to make change happen, define viable ideas and recommendations and shape the future of socio-technical innovations in the use and valorisation of Non-Conventional Water Resources.

As the diversity of perspectives, background, gender, values, age, and nationality enriches the generation of ideas and solutions, the identification of a good mix of stakeholders enriches and gives much added value to the Innovation Camp process.















The Innovation Camp involve quadruple helix stakeholders that are strongly connected to the purpose of the project and the challenges. In the Innovation Camp method and in all quadruple helix activities, these include four main categories of stakeholders that are complementary to each other:

- **Public administration**: if relevant at different government levels, agencies, e.g. for regional development, business advice, public procurement offices, incubators, etc.
- **Research and Education**: public and private research bodies, universities, education and training, science and technology parks, technology transfer offices, etc.
- **Business**: manufacturing and services, primary sectors, financial sector, creative industries, social sector, large firms, SMEs, young entrepreneurs, students with business ideas, cluster and business organisations,
- **Civil society / Users**: NGOs and citizens' initiatives related to societal challenges for which innovative solutions would be helpful, consumers associations, talents, etc.

The Innovation Camps are based on the entrepreneurial discovery process as they kick-start consultation in the quadruple helix and detect potential boundary spanners between different stakeholders/interest groups and new innovative social entrepreneurs. This approach injects new needs and characteristics in the ICs by taking in consideration also the principles of Inclusive Design such as the virtuous Tornado, by including "vital few" stakeholders that are on the edges of policy design and implementation and are used to deal with diversity and complexity (Treviranus 2020).

There are normally three to four Challenge teams in an IC, each with a balance of representatives from the quadruple helix. Each Challenge team involves about 10-12 participants as well as the Challenge Owner/Holder, reporter and facilitator. This is because a challenge team is a generative, constitutional one that really needs to work, explore and learn together. This is also why participants' quality and diversity are more important than the quantity of participants in every IC (Less is more). It is a little like cooking: the ingredients' quality is as important as the recipe and the experience of the cook in influencing the outcome.

2.2.3 Training of trainers and setting up of the collaborative space for the ICs

The preparatory phase of the Innovation Camps has begun in the spring 2022. It has included the core team and partners involved in running the ICs and helped everyone to get a full understanding of the process, participatory methods, facilitation, digital tools, roles, responsibilities and tasks during the IC so that they can all train others in the process and technology.

The first part of the training has focused on the process, method and collaborative tools:

- Understanding the process and method, challenges etc.
- Participants: selection, involvement and engagement into the process.
- Collaborative tools: Basecamp as the communication hub and virtual office for the team and challenges.

The second part of the training focused on the tools, logistics techniques and simulation of a session including the follow-up activities. The initial training sessions were performed online. A series of innovative digital tools















were adopted and participants had the possibility to practice using them. These included advanced videoconferencing and digital brainstorming tools. and breakout rooms

The training activities activated the collaborative space on Basecamp (see the section on digital tools below) that will become the place where all the organisation and communication will take place, and will then become the online base for the asynchronous working groups during the LABs and in the follow-up phases.

The MEDWAYCAP Innovation Camps are a continuous learning process. The initial part of the ICs will also be dedicated to brief training sessions where the participants can get first-hand experience and improve their skills with the tools and process.

2.1.3 Involvement of participants in the Innovation Camp and MEDWAYCAP Community of Practice

Once the participants are selected, they are then invited and informed about the purpose, challenges, the process, the agenda and commitments, the benefits and advantages of attending.

As each camp involves about 30 to 40 participants, suggestions, recommendations and word of mouth will also be used to explain the value of participation. Participants should be informed well in advance about the Innovation Camp purpose and process; at least two to three months beforehand to get as close as possible to the ideal mix of minds and hearts, and optimal preparation.

In the invitation to the LABs, it is essential to highlight that the Innovation Camp is an adventure, a leap beyond the status quo, and a collaborative journey that takes the time and effort needed to achieve worthwhile results. Participants will be invited to join a collective process to discover ways, methods and tools to overcome the inertia, fear and cynicism often experienced in ordinary working like.

Niccolò Machiavelli advised in his 16th-century political treatise The Prince, "There is nothing more difficult to take in hand, more perilous to conduct, or more uncertain in its success than to take the lead in the introduction of a new order of things". While we know how hard it may be to establish more sustainable use of water and of NCWR, we do have the tools, mindset, methods and people to induce this in a positive way, and overcome the resistance to change.

The Mahatma Gandhi said "Be the change you want to see in the world", and Margaret Mead tells us: "Never doubt that a small group of thoughtful, committed individuals can change the world; in fact it's the only thing that ever has". These quotes will guide the participants that will join the adventure and community of practice and us..

The method, team and participants can mobilise enough critical mass together to transform the emerging promising ideas into viable prototypes of policies, actions, recommendations. There is an empowering awareness of this that emerges among all participants as the process flows.

The good track record of previous Innovation Camps demonstrate that the Camp is not a meeting or event, but a long term process and exceptional initiative/opportunity that can connect visions and transform them into actions.

The invitation letter will include:











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- PURPOSE. The purpose of the Innovation Camp and benefits of belonging to an international community of change agents that will keep learning, improving and mobilising more people.
- OUTCOME. A description of the challenges, possible outcomes, and the stakeholders involved.
- PROCESS. How the Innovation Camps are organised, and go through the steps of their process including preparations, what is expected of participants, scheduling issues, commitment to blended activities, the digital tools and the continuous learning process.

One way to see the whole process is to be part of a **Community of Practice** that learns how to make change happen. It is therefore, an enriching opportunity with a strong sense of purpose. The MEDWAYCAP Innovation Camps can nurture a community of practice as a transversal challenge crossing all three other challenges.

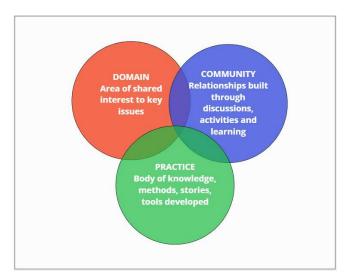


Figure 5: The key elements of the MEDWAYCAP ICs Community of Practice

Communities of Practice are groups of people who share a concern or a passion for something they do and learn how to do it better as they regularly interact (Wenger¹ et al 1998, 2000, 2002). In all cases, the key elements are:

The domain: members are brought together by a learning need they share (regardless of whether
this shared learning need is explicit or not, or whether learning is the motivation for their coming
together or a by-product of it). The domain in the case of MEDWAYCAP is the analysis and search of
socio-technical NCWR solutions that can clear outputs, medium term outcomes and long term
impact.

¹ Etienne Wenger is one of the major experts in analysing the core elements that help to generate and maintain a community of practice. For more information see the books in the references and https://wenger-trayner.com/introduction-to-communities-of-practice/











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- The community: their collective learning becomes a bond among them over time (experienced in various ways and thus not a source of homogeneity). The community includes all the stakeholders that have the challenge at their heart and want to make a change in how the NCWR issues are approached: these include all the MEDWAYCAP actors and stakeholder's target audience as indicated above: e.g., policy makers in Europe and Mediterranean countries, researchers, the business world, academia, civil society.
- The practice: their interactions produce resources that affect their practice (regardless of whether they engage in actual practice together or separately). The practice occurs both at work and in society, and will also emerge through the strong participatory design principles of the ICs with the support of each partner of the MEDWAYCAP consortium.

As with any change process the commitment required to attend the Innovation Camps may be a barrier to some and a way to self-select the ones that are really passionate and interested in making this change happen, as it will be through these partisans that MEDWAYCAP will have a great impact.

All partners will be involved in the Innovation Camps as an alignment and strengthening of the MEDWAYCAP team and principles as passionate *change-makers*. More external actors and stakeholders will be involved in the following one(s), broadening the engagement and number of *change-agents* in the Community of Practice.

As a result of the Innovation Camp workshops and the follow-up phase, the MEDWAYCAP community will be strengthened to foster NCWR dialogues socio-technical solutions across the countries involved in the Camps and beyond. This community of practice will help to share information, know-how, solutions, agreements, processes and best practices to move forward together. MEDWAYCAP intends to scale up the experience at the European and international level, thereby generating further long-term outcomes and impact on NCWR.

2.1.5 Logistics and organisation of the LABs

Organising the camps in physical presence requires the selection of venues that have specific characteristics. Similarly, running online workshops requires using digital platforms, facilitation tools and skills to make the experience engaging, efficient and effective.

Physical, face to face LAB.

While with Covid 19 the digital workshops have become the norm we briefly outline some important logistic features that should be considered when organising a face-to-face Innovation Camp. A camp is not a conference and plenary presentations are reduced to a minor fraction of the programme. People actually work together, they discuss, make drawings, diagrams, cut and paste ideas and present them. To do so the spaces need to be comfortable, and ideally not in a city centre, but close to nature with some garden or openair space for specific activities such as team-building tasks or breakout groups. All the spaces and furniture should be as flexible as possible with chairs and tables that can be arranged and rearranged, walls or large movable panels where paper sheets can be placed with masking tape and moved accordingly. There should be a plenary room that can comfortably accommodate all the participants. This room is used for the opening and closing every day and if necessary, can host one of the challenges working groups.















Each working group should also have walls and/or panels where to present their visualisation of ideas with posters and sticky notes, as well as furniture that is easy to move and rearrange according to tasks. A right room size for a group of 15 participants is about 60-80 square metres. Having more space also allows for side activities and brings oxygen and energy to participants. Crammed small rooms have the opposite effect. The lead facilitator and facilitation team will give specific instructions and overlook the space's selection and preparation with the local organiser and convenor. The picture below illustrates an ideal configuration of one of the working groups.



Figure 6 - Challenge group room set-up

Online space for digital/remote LAB.

In digital online events things are very different, as now everyone can see each other's face on the screens. While in physical co-presence events we can use all our 5 senses to interact with the other participants, in online digital ones only two main senses can be applied and enriched: sight and hearing. This means that we need to compensate for the other three senses by strengthening these two. Digital facilitation can offer great advantages as it reinforces the ability of participants to perform activities together, synchronously at the same time and in the same digital environment as well as asynchronously, at their own convenience. It makes it easier to have the stimuli from a greater diversity of stakeholders from more countries as they do not have to bear travel and subsistence costs and can participate with a click.

Taking this into account, as indicated above, we have envisaged a new combined approach for the MEDWAYCAP ICs that will explore more effective ways to achieve the results.













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The digital facilitation tools support the creation of spaces, plenary rooms, breakout rooms, icebreaker activities, times for networking, repositories, co-creation canvases and collaborative spaces just as they do at events with physical presence. Digital workshops are just as demanding in terms of time and effort for the organisers: but the required dry runs, simulations, matching of the right techniques and tools, and the support for asynchronous work, generate better and more tangible results. There can also be great savings in terms of external costs such as travel, subsistence and accommodation, the cost of the venue and audiovisual equipment as well as catering services. Participation via digital means saves a lot of time for participants, as one does not have to travel or adapt to different time zones. You can participate from your computer in the office or from home just by opening a link. Moreover, when the digital gap is overcome this means increasing the inclusion of participants who could otherwise not afford the time or cost of travel and accommodation (and it has a much lower carbon footprint).

Organising events requires time in preparation for the facilitation and design teams with rehearsals, dry runs, simulated workshops.

In case of online workshops some time should be dedicated to training the participants to use the digital tools well enough to ensure that both the methodology and all technical/digital issues can run smoothly. As in physical events there is also a need for at least one person dedicated to the technical aspects who remains full-time in the main plenary online space, and can help participants who may have technical, audio-video problems or other issues. Despite all these hurdles the vast majority of digitally facilitated workshops performed since the beginning of Covid 19 have demonstrated that - with professional facilitation and strong support from the partners - the effectiveness of online ICs increases the engagement and motivation of participants, and the overall impact and sustainability of the process.















2.2 The Implementation of the LAB

In this section, we describe the main steps in the participatory methodology of a LAB and how it is performed in both physical, face to face settings, and in online distributed digital sessions.

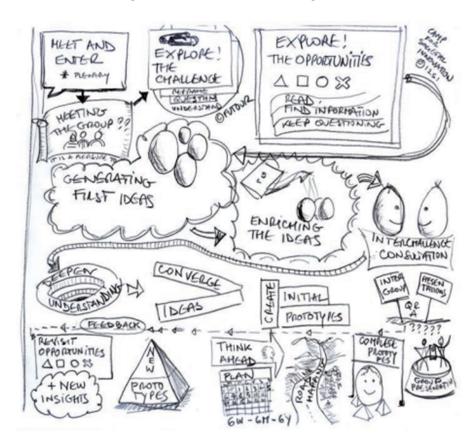


Figure 7: Core steps of the LAB's Innovation Camp

After the preparation phase the Innovation Camp has a working process based on five stages:

- Exploring the Challenges
- Exploring the Opportunities (deepen the understanding)
- Generating & enriching ideas
- Prototyping promising ideas
- Thinking forward (Reflect, Renew, Present)

After the opening plenary session, where the purpose and process of the LAB are described, the participants then breakout into challenge groups. Each challenge group follows the above steps by using a societal innovation canvas that accompanies and guides the participants in an iterative, non-linear discovery process leading to the roadmap that guides the implementation of outcomes and impact of prototypes, pilot actions and recommendations. The main steps remain the same for both the face-to-face and online LABs. And both















in the physical and online versions there can be synchronous and asynchronous tasks online that further enrich the process.

2.2.1 Canvas and flow of the Innovation Camp

The canvas is divided into nine quadrants, and the process starts from the top one in the left quadrant and is driven towards the one at the bottom of the right corner.

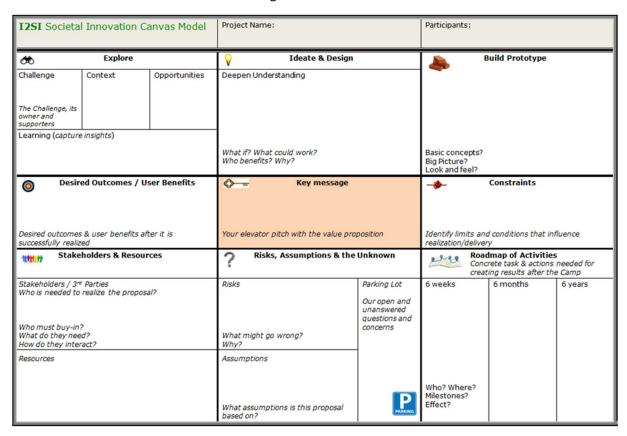


Figure 8: The Canvas in the LAB's Innovation Camp

Let's describe the purpose and outcomes and process for each quadrant in the LAB Canvas as based on the Innovation Camp methodology:

Explore. The exploration quadrant is the opening one where participants meet each other, explore the challenge with the challenge owner, start reframing the challenge and exploring other perspectives to it by deepening the knowledge and understanding. Nothing is taken for granted, the challenge itself may be challenged and reframed. They also start thinking of the change they want to see and possible opportunities. This phase normally includes background readings, finding more information about the issue also externally, interviewing experts.

The framing and reframing of the Challenge is essential to the Camp process. A good Challenge invites important stakeholders to take an active role in the sessions and contribute their professional











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expertise and creative expression. Nevertheless, it is how the Challenger Owner sees things. One of the first things the Camp asks participants to do is "challenge the challenge" – this means asking the Challenge Owner/Holder fresh and provocative questions about the context of the challenge, the challenge-behind-the-challenge, and more. This brings important information to the surface, and often new perspectives – unthought of earlier – from which the challenges-behind-the-challenge can be addressed effectively. The reframing process is an important creativity tool. When framing and reframing a challenge you may ask the following questions to the challenge owner:

- o Is that really the challenge?
- O What makes it a challenge?
- o Is it always a challenge or only sometimes?
- O What is the context behind the challenge?
- o Has this challenge been dealt with before? What were the outcomes?
- o If you solved this challenge will there be a bigger one behind it? Is it the deepest level you can go?
- O Can you make it more concrete?
- **Ideate and design**: in this step participants deepen their understanding on the topic, continue to increase the group awareness of diverse perspectives and opportunities and ask questions that may trigger new ideas and more information: What if? What could work? Who benefits? Why?
- Build and prototype: having collected information and discovered new opportunities and perspectives on what has been done, what could be done and how not to reinvent the wheel, in this step the participants start making drafts of possible solutions and prototypes of pilot actions, policy recommendations. A prototype is not perfect, it is the equivalent of a minimum viable product/service (MVP/S) or of an initial Proof of Concept (PoC) when designing. Here participants ask questions such as: What is the basic concept of the prototype? What is the big picture? What is the look and feel? Initial prototypes are then tested and validated with both the participants of the challenge and with participants from other challenges through "inter-challenge consultations".
- Desired outcomes / User benefits: as people start addressing the challenge a vision of the desired outcomes, of the change that needs to happen and possible user benefits starts to emerge. This vision is then adapted and improved as the LAB proceeds. The question that participants reflect on in this section is what are the desired outcomes and user benefits after it is fully realised?
- Key message: the key message is the societal value proposition that can emerge from the challenge.
 This key message and possible elevator pitch is continuously fine-tuned during the LAB and represents the first information provided to others when describing what the challenge group is addressing, the mission, vision, impact and change it can achieve.
- Constraints: as the first draft of the prototypes of policy recommendations, and pilot actions start to
 emerge participants begin to identify the limits and conditions that influence their realisation and
 delivery. This helps to adapt and improve the prototypes by adding specific measures, understanding
 what has worked and has not worked in the past and look for more solutions.
- Stakeholders and Resources: the outcomes and impact of the LAB depends on the scalability of the
 proposals of pilot actions and recommendations emerging from the prototypes. The identification of
 stakeholders and third parties addresses the following questions: Who is needed to realise the
 proposals? Who must buy-in? What do they need? How do they interact? The other elements to















consider are the resources needed to transform the prototypes in specific actions lines: these may be tangible, in-kind, funding mechanisms, donations, crowdfunding and synergies with existing economic allocations.

- Risks, Assumptions and the Unknown: As for the possible constraints this quadrant helps participants to reflect on the possible risks, assumptions and other unknown factors that may influence the design and implementation of the proposals. The risk reflects on questions such as: What might go wrong? Why? The assumptions reflect on what is this proposal based on? And help to identify assumptions, preconditions and other relevant factors. This quadrant also has some space for the parking lot: a space where other open and unanswered questions or concerns can be collected for further discovery activities.
- Roadmap of Activities: The final quadrant is a roadmap that collects all the concrete tasks needed for creating results after the LAB. These describe the actions in the short (6 weeks), medium (6 months) and long term (6 years) reflecting on the following questions: Who? Where? Milestones? Effect: what change are we going to make?

Each element of the canvas serves as a guide. The process that will be adopted is circular and iterative, so some parts of the canvas will be used and adapted by participants as they move from the challenge to the definition of proposals.

2.2.2 Schedule for the face to face, physical Innovation Camp

The face-to-face Innovation Camp workshops normally take about 3 to 4 full days to support the discovery process. In MEDWAYCAP we have envisaged ICs that last two and a half days to cover the entire process and the diverse steps of the canvas.

Before the face-to-face event, participants receive information about the challenges and the process, and are given the possibility to get in contact to start knowing more about each other and network. They are also given questions to reflect on, so as to come prepared and already explore some perspectives of the challenge. As collaboration and trust are key elements to the success of the process, participants normally have dinners and lunches together.

The face-to-face IC starts with a brief opening plenary session where the purpose and process of the event is described, followed by a brief description of the main challenges and of the support team taking care of each challenge group.











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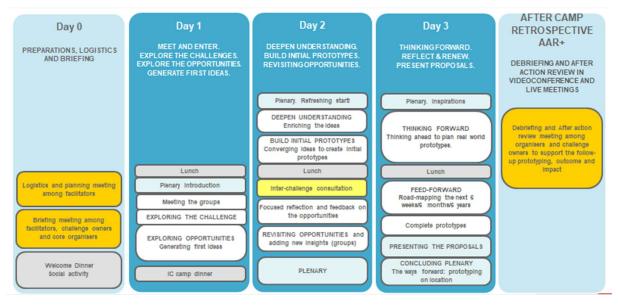


Figure 9: Two-and-a-half-day Innovation Camp workshop schedule

Then participants start working in half-day sessions where the process of the camp and canvas become the main elements to work on.

Both for the online and face to face Innovation Camp workshops, every day, there is an opening and a closing plenary session where participants are informed about the progress, next steps and share emerging insights. The opening plenaries, the initial part of the first session and lunch breaks are also used for icebreaker activities that can further help to bind the participants, create more trust, motivation, useful feedback and improved communication.

At the end of each day or activity there is a brief retrospective meeting with the organising team (challenge owners, facilitators, reporters) to understand what has been achieved, discuss emerging problems and suggest improvements.

2.2.3 The Innovation Camps

This section describes the actual stakeholder engagement and co-creation activities that will be performed in synchronous and asynchronous phases of the physical or online Innovation Camp workshops.

What are the **synchronous and asynchronous** activities that participants can do in the Innovation Camp Workshops? Let's look at an example of what characterises the asynchronous activities and the synchronous ones:

Asynchronous activities are the ones that can be done at different times and in different spaces:
people can individually read, comment, study, explore the information or perform specific
assignments. These can also be performed before, during and after the physical face-to-face,
workshops.











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• Synchronous activities are the ones where more people meet and work together at the same time and in a similar space (physical or online).

The organisation of the online Innovation Camp Workshops is based on synchronous and asynchronous tasks where participants meet, share assignments and work in small groups to deepen the knowledge, create draft solutions, test them and provide feedback to each other also on collaborative online tools. The two-and-a-half-day workshop has been redesigned into blocks of half day workshops where people meet in plenary sessions and breakout sessions that are anticipated by some asynchronous preparatory work, providing information, some first questions and issues to investigate as well as the challenge description as a means to start exploring and reflecting on the challenge.

We have envisaged a process where there will be consecutive IC workshops that allow people to be present and work together even if they are in different time zones. The concept of the *chronotope* (places in time) and the exploration of linear, disruptive and visionary approaches that can now all take place simultaneously when designing and facilitating online co-creation workshops with people connected from multiple time zones is now the norm (Aaltonen and Martinez, 2021). Compared to physical, face to face workshop, the use of space and tools is mediated through digital platforms and applications.

The facilitators' and participants' role are that of strengthening their competences with such tools and in their optimal combination to distribute the change and learning process that is desired over a longer time span. With good design, facilitation, tools and a trained team the leverage effect of the online workshops can be tremendous.

Nevertheless, it must be said that organising online workshops is not easier than in presence. Normally the planning and organisation takes more time as one has to check the tools, techniques, prepare participants, ensure good infrastructure, do dry runs to ensure that all the process is well-tuned and that each step and digital tool is coherently fitting in. When all things are planned and performed in a professional way, the digital systems allow much greater engagement, more inclusion also from people who would not be able to travel to the physical venue, continuity of tasks and better follow-up.

The MEDWAYCAP project will also apply the principles of *BA*, *MA*, *WA*, *KATA*: four Japanese words chosen for their power to defamiliarize – to invite us to reconsider what we thought of as known ground in a different way. The ground is problem exploration and innovation in small groups – now, of course, with Covid-19, taking place online, an environment with its own affordances and limitations. The four words – which revolve around experiencing *space*, *rhythm*, *harmony*, *and form* – lead us to forgo ordinary vocabulary about methodology and explore poetic language instead. This brings us afresh to such questions as: *What is the actual nature of courageous collaboration? Where will we find the wellspring of co-created co-owned futures? How do we get there using virtual technologies? And what must we have in order to succeed? (Kune and Quillien, forthcoming 2021).*

As described in section above on Covid19 contingency measures, as a challenge and opportunity to increase the impact of the ICs, the workshops will ensure that all international partners and stakeholders can be involved. The flow will have an MEDWAYCAP core team and partners attending both the ICs so as to provide

















continuity, ensure a good balance of participants, and give room to other external stakeholders and actors that partners have identified as relevant contributors to the ICs and the Community of Practice.

The two MEDWAYCAP ICs will take place in the end of winter and spring 2023 in Tunisia and Jordan and follow the same process based on the canvas described above, distributed between activities that happen asynchronously and synchronously.

In case of an online Innovation Camp, the online LAB activities alternate ten synchronous and asynchronous tasks, as follows:

- 1. 1st asynchronous phase (two weeks): Informing participants about the challenge, providing them with background information, and inviting them to join the collaborative space. Envisage a webinar.
- 2. **1st synchronous meeting** (4 hours including technical checks): Opening the LAB. Meet and enter; join the challenge group; explore the challenges.
- 3. 2nd Asynchronous phase (one week): Explore the opportunities and generate first ideas.
- 4. **2nd synchronous meeting** (3-4 hours). Deepen the understanding of ideas and opportunities. Build initial prototypes and revisit opportunities.
- 5. 3rd Asynchronous phase (one week). Develop prototypes and explore, aspects, needs and background.

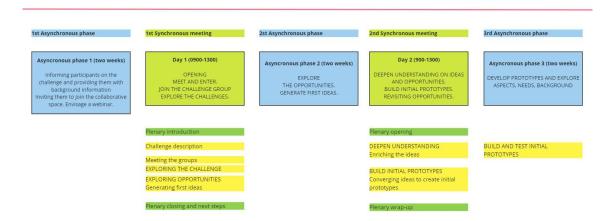


Figure 10: First part of the online Innovation Camp workshop activities

- 6. **3rd synchronous meeting** (3-4 hours). Prototype improvement; cross challenge consultations; thinking forward; reflecting and renewing the proposals.
- 7. 4th Asynchronous phase (one to two week(s)). Action planning and defining a roadmap in prototyping groups.
- 8. 4th synchronous meeting (3-4 hours). Finalisation of the roadmap and presentation of proposals.















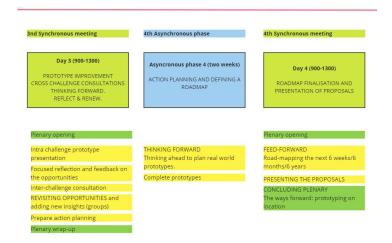


Figure 11: Second part of the online Innovation Camp workshop activities

After the 4th synchronous meeting, specific follow-up activities will support the experimentation and piloting of the initial prototypes. The successful ones will also be monitored and will remain in contact with the MEDWAYCAP partners and may establish a first nucleus of a Community of Practice on NCWR.

- 9. 5th Asynchronous phase (six weeks). Six-week initial prototype implementation and preparation for the follow-up process.
- 10. **5th synchronous meeting** (3-4 hours). Go, no-go presentation of first prototypes of proposals. Integration and synergies to strengthen them for the 6 months of prototyping.

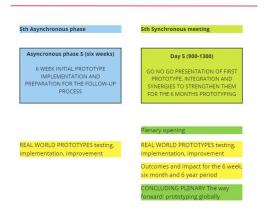


Figure 12: Follow-up part of the online Innovation Camp workshop activities















These fifth asynchronous and synchronous meetings are the beginning of the follow-up phase also described below.

2.3 The Follow-up prototyping phase

The follow-up phase is the moment of truth where the real stakeholders and power holding structures (civil servants, policy decision-makers), have to commit to the change. This phase is critical for the success and impact of the process. Emerging prototypes and ideas need to be tested in practice, improved, and protected so that they can grow and withstand all potential threats, including possible cynicism, resistance to change, idleness and scepticism.

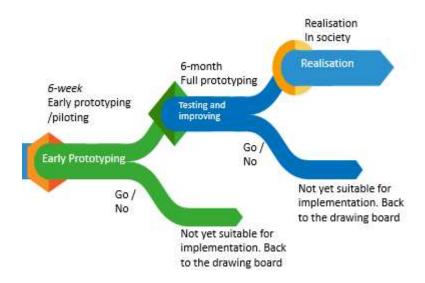


Figure 13: The Follow-up prototyping steps in the Innovation Camp

The follow-up phase supports the transformation of the initial prototypes of proposals and policy recommendations emerging from the Innovation Camp Workshops into viable options for implementation. According to the IC method, the process goes through three Go / No go stages:

- Early prototyping /piloting for 6 weeks. This is a period of initial prototyping, where the promising
 ideas are validated. After 6 weeks, the ideas go through a Go / No go gate and if they are not yet
 suitable for implementation, they go back to the drawing board. If they are mature enough and have
 enough support, they go into the next step of Testing and Improving.
- Testing and improving the prototypes /pilots for 6 months. This period of 6 months is where the most promising and interesting ideas gain further support and commitment from the real stakeholders, decision-makers and potential end-users. As the planning and implementation of an Innovation Camp takes about 3 months, when one adds these 6 months of testing and improving the emerging prototypes to this, the whole time required to move from the initial challenge to a plan ready to pilot is equivalent to the time needed for a baby to be delivered. The results of this phase will still need to be supported, protected, and taken care of because emerging prototypes, are not yet perfect, but have the potential to produce a great impact. After this 6-month full prototyping, there











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is another Go / No go gate where the prototypes may either be sent back to the drawing board (as not yet suitable for implementation), or continue to be improved and start the process of being realised in society.

• The final step, that of realisation in society, is more long term, as many societal changes take time to be implemented and actually produce an impact in society. However, the advantages of this method are that it challenges users – and especially societal decision-makers – to commit to a much faster realisation process. Whereas in conventional implementation processes, initial outcomes may be noticed after two or three years, while others take longer - depending on the societal context, culture, circumstances and preconditions – with this methodology we strive to achieve initial outcomes in 18-24 months and full societal impact within 6 years.

Thus, the follow-up of the MEDWAYCAMP Innovation Camps is the continuation of the iterative, non-linear, continuous improvements and entrepreneurial discovery process that is started when the challenges are defined, continued during the workshops, and further refined and actualized through the prototyping process.

In the Innovation Camp, the follow-up prototyping phase starts after the presentation of the initial prototypes and proposals.

Every prototype of an idea, solution and recommendation that emerges from the Innovation Camp workshops undergoes a first phase of improvement that lasts for 6 weeks and results in a go-no-go decision that may lead to further iterations and improvements in the next phase of validation.

The prototyping follow-up brings the MEDWAYCAP partners and other participants from the Innovation Camp workshops into a blended and iterative prototyping phase to test, validate and demonstrate the key approaches and to develop common solutions for common challenges regarding Non-Conventional Water Resources.

Each challenge group will work on the Basecamp platform and more detailed prototypes can have a dedicated Basecamp space (for the description of Basecamp, see also the annex on digital participatory tools). Participants will define tasks to design and to launch at least 8 prototypes of ideas, solutions and recommendations per Innovation Camp workshops. The 6 week follow up will include online meetings every two weeks via webinars or conference calls with the MEDWAYCAP partners and other stakeholders involved in each prototype, with the following steps:

- A "Prototype kick-off" with the allocation of tasks to be done through parallel work from each member and the cocreation of ideas that is iteratively improved in the 6 week prototyping.
- A "weekly stand-up" and "prototype weekly", short Scrum-like meeting based on: (i) What has been
 accomplished since the last meeting? (ii) What needs to be done before the next meeting? and (iii)
 Which are the barriers and obstacles standing in the way of next steps?
- A "sprint planning" retrospective meeting to present the results to other challenge owners and decide together if the prototype can go ahead into the validation phase.















The prototypes accepted from the 6 weeks follow up will be used to transform ideas into recommendations for actions and policies and to define an action plan for implementing recommendations on MEDWAYCAP challenges.

ORGANISATION, ROLES AND RESPONSIBILITIES IN THE INNOVATION CAMP

The Innovation Camp is serving the participants to co-design solutions and is based on a series of roles and responsibilities that are performed in organisational activities at the central level and within the challenge groups. The diagram below describes the main central roles and responsibilities (camp convener, challenge owners, lead facilitator) and the challenge team roles (facilitator, scribe, challenge owner/holder).

Roles and responsibilities in the Innovation Camp and in each challenge team

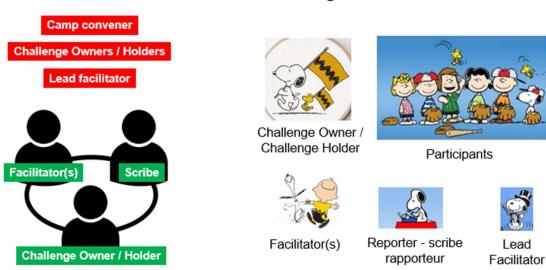


Figure 14: The roles and responsibilities in the Innovation Camp for each challenge team

3.1 The participants / stakeholders

Participants are representatives of the quadruple helix that can address, influence and shape the challenges so as to propose prototypes of solutions, recommendations and specific actions. The participants' quality, diversity and experience will influence the process, its ideas, prototypes, and proposals. In the previous chapter we have described how the stakeholder mapping process is a determining factor in the preparation of the IC. Participants become the resource for the challenge owner and holder, they can be the first ones to













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test out the prototypes and provide feedback. They can become the promoters and multipliers of the results and are all going to be involved in the community of practice.

For the participants to be involved there is a need for a strong initial support, from the initial awareness-raising to the follow-up. The challenge owners and organisers need to reflect well on what can be the benefit of participating for the stakeholders and clarify how their ideas will be used to make a change and have an impact on the future of NCWR.

As the first proposals emerge, the participants will be invited to take ownership of the process and carry specific actions and prototypes. For the trust mechanism to be also sustained after the IC workshops, it will be important to develop innovative prototypes of proposals so as to gain the support from policy-makers that can implement them.

3.2 The Core Planning Team

The core planning team manages the contents, the process and practical organisational aspects of the Innovation Camp process. It helps to define the challenges, adapt them, reframe them and transform the prototypes into proposals of new actions, policy recommendations and holds the space for the emergence of a Community of Practice.

3.2.1 The Challenge Owner

The Challenge Owner is the main proposer and expert on the challenge, with the power and influence to make changes happen on the basis of emerging proposals and recommendations. This role is equivalent to the one of the client that commissions the work; in societal Innovation Camps, this is often a public, policymaking but may also be a private organisation that has the influence and power to change a certain situation. Examples of societal challenge owners have been in the past represented by for instance national and regional ministers, municipal councillors, the European Commission, International Institutions, University rectors, development agencies, NGO foundations, Civil protection directors, to name but a few. In the diagram above the challenge owner is the character with the big flag that wants to raise awareness on a specific issue so as to promote changes and improvements in policies and actions. In general, the Challenge Owners are informed and endorse the process but given their very busy commitments can only attend the opening and closing sessions. For this purpose, they delegate the constant presence in the lab to the Challenge holders that keep informing them and allow the Challenge Owners to provide asynchronous feedback. The presence and support of the Challenge Owner as decision-maker is key to the success of the follow-up and implementation as they will feel the ownership of both the challenges and of the emerging results. For a brief description of the challenge owner/holder role and guidelines see also how it has been described in the Innovation Camp handbook (see Annex 3).

3.2.2 The Challenge Holder

The Challenge Holder is a deputy of the Challenge Owner that can describe and hold the challenge on its behalf. It can support and organise its framing, reframing and prototyping process throughout the Innovation Camps. This role in societal ICs is often performed by deputies to the ministers, rectors, directors that can attend the ICs on their behalf and keep informing them on emerging new ideas, opportunities and new











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perspectives that can improve the quality of the solutions. The role of the challenge holder is as important as that of the challenge owner. They usually are the 'co-pilots' of the Challenge Owners, and have much influence over the outputs and their implementation. They need to be open, flexible also and feel the value of the non-linear, iterative and open discovery process of the Innovation Camp workshops.

3.2.3 The Lead Facilitator

The Lead Facilitator is the process organiser that supports the implementation of the entire Innovation Camp process from the design and preparation through the workshops, the prototyping phase and follow-up. It is generally mainly involved in the preparation and workshops by including and moderating the participants' work of according to the steps and tasks of the workshops. The lead facilitator prepares and trains the Challenge Owners/Holders, the team of facilitators and reporters and coaches them throughout the process. It is a role that requires much experience in managing change, knowing the dynamics of the process, and adapting to emerging circumstances. The lead facilitator during the process is overlooking and intervening in support to specific groups, taking care of the timing and steps, moderating the plenary sessions, facilitating the convergence of the emerging proposals and the retrospective sessions of the coordination teams for each challenge.

3.2.4 The Local Organiser

The local organiser is the coordinator of the team in charge of the logistic organisation of local workshops and events taking place on the basis of specifications of the lead facilitator. This role is very important to create the right environment for collaboration and requires people with a great experience in the organisation of events: selection of the venue, the actual production of the event in terms of audio-visual equipment, arrangement of the space and breakout rooms in the different stages of the Innovation Camp workshop sessions and of the registration, accreditation, welcome coffee, lunch breaks, networking dinners, recording of the event, documentation for the participants and so on.

When organising the online LABs this role is performed by the main hosts of the event and facilitators as they have to consider how to create virtual environments that welcome collaboration and co-creation with digital systems and facilitation techniques.











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3.3 The Challenge Teams

Each challenge team is composed of three prominent roles: the facilitator, the reporter/scribe and challenge owner/holder. Every challenge involves eight to twelve participants from the quadruple helix stakeholders.



Figure 15: The core team in each Challenge during the LAB

3.3.1 The facilitator

Each challenge team has a facilitator supporting the process, the time keeping, mediating potential conflicts and liaising between the challenge owner, scribe and lead facilitator to align and adapt the activities according to the context.

While the lead facilitator's role is equivalent to that of the director of the orchestra for the whole process, the facilitator of each challenge is like a sub-director of the process. She or he is responsible for ensuring that, at the pace perceived as right for the group, the participants in the challenge follow the steps in the canvas, from the exploration of the challenge to the creation of the roadmap. This role requires people who have experience in facilitation, helping people to discuss so that they propose solutions make decisions and commit to implement them. It also requires the facilitator to feel totally at ease with several participatory and creativity techniques, especially with those applied in the ICs, and to master all digital facilitation tools and techniques.

3.3.2 The Reporter / Scribe

The reporter and scribe support the challenge holder and owner in collecting, analysing and summarizing the emerging ideas and prototypes.

This function is fundamental to keep track of the ideas that emerge and to reorganise them in a clear format for follow-up activities. Its role is similar to the one taken by the person in charge of writing the scientific diary during an experiment. It helps to keep track of how ideas and solutions emerged from the discussion and to reorganise the content in a way that can be understood by participants that contributed to the design















of ideas and proposals and for the ones that will be included in later phases of the process. It is the person organising and facilitating the management of emerging knowledge. The role is to highlight the main points emerging from the discussion, specific decisions taken and to share with the participants the results. The scribe also supports and helps coordinate the teams from each challenge that will write specific reports based on the prototyping phase (including draft actions and recommendations). These are written directly by the participants who take ownership of each specific prototype of ideas and proposals.

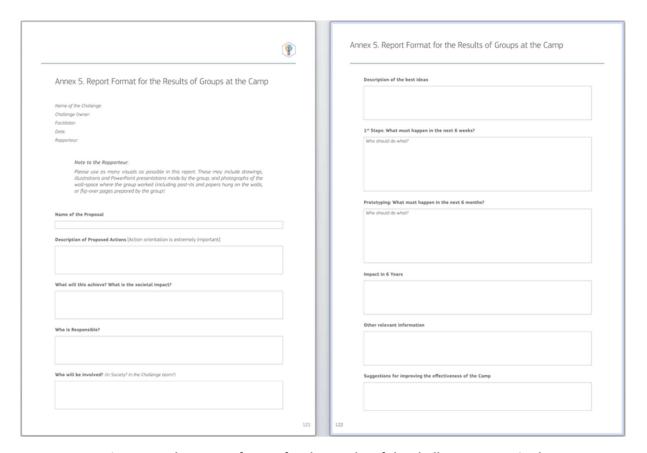


Figure 16: The Report format for the results of the challenge groups in the LAB

The report form is used to both summarise the prototypes emerging from the Innovation Camp challenge groups. It describes the roadmap of the main steps and actions that will be taken in the follow-up phase that is required to test the prototypes on the ground and to keep fine tuning them on the basis of the feedback from beneficiaries and other actors involved in the process. It is a practical tool that summarises the proposed prototype, actions, expected achievements and results, the societal outcomes, responsibilities and actors to be involved. Participants should consider that it is like a joint agreement for actions to be taken together. One should therefore be both ambitious and realistic. Things will happen if the participants take a commitment to make them happen.















While the former Challenge description Form is the initial **Call to Action**, this form and report becomes also the **Call to Change and Impact**. Your objective is to include other actors and supporters as in a domino effect. Therefore, remember to write complete sentences in a way that may be easily understood also by other people that may not have participated in the workshops or may have different backgrounds. A clear, clean, concise and simple communication is essential to gain more support (plain language). Do not use complex jargon and if special terms are used add a note to explain them.

The Report format for the results of the challenge groups in the LAB is a two-three-page document that includes the following sections (see Annex 4 and the related annotations, tips and questions that may help the rapporteur to be more efficient and effective):

- Challenge Name:
 - O Name of the Challenge:
 - Challenge Owner:
 - o Facilitator:
 - O Date:
 - o Rapporteur:
 - Note for the Rapporteur: Please use as many visuals as possible in this report. These may
 include drawings, illustrations and PowerPoint presentations made by the group, and
 photographs of the wall-space where the group worked (including post-its and papers
 hung on the walls, or flip-over pages prepared by the group).
- Name of the Proposal
- Description of Proposed Actions [Action orientation is extremely important
- What will this achieve? What is the societal impact?
- Who is Responsible?
- Who will be involved? (In Society? In the Challenge team?)
- Description of the best ideas
- 1st Steps: What must happen in the next 6 weeks?
 - O Who should do what?
- Prototyping: What must happen in the next 6 months?
 - O Who should do what?
- Impact in 6 Years
- Other relevant information
- Suggestions for improving the effectiveness of the Camp.

While the challenge description form describes the main challenges and issues to be addressed in the LAB, the Report format organises the steps to transform the challenges into solutions and proposals.

A useful checklist for the preparation and follow-up of a LAB has also been added as a practical tool (see Annex 5).















PARTICIPATORY TOOLS

The Innovation Camps will adopt innovative participatory and creativity tools and techniques both for physical and online ICs due to Covid 19 restrictions. The MEDWAYCAP partners will be trained in the use of practical hands-on tools and processes.

3.4 Technologies and participatory digital tools

For the workshop activities that will be performed remotely, we propose a series of digital facilitation tools. These tools that the facilitators master, have been used when facilitating from distance also before the current pandemic situation.

We strongly believe that virtual facilitation can bring important results as it allows easier participation, the possibility of working asynchronously before, during and after each workshop and synchronously during the workshops. The objective of the service is also to empower the participants and build their capacity to work and co-cocreate in remote settings.

A brief description of the most relevant digital facilitation tools that might be used in the LABs are included in Annex 6.

3.5 Experience design for an effective use of the tools

The experience of using the physical and digital brainstorming tools will be designed so as to use them in an integrated and functional way, according to the agile principle of simplicity, so as to create an enjoyable practical experience for all users.

- The main tool for video conferences and meetings will be Berst as it gives people total freedom to move between breakout rooms.
- The main collaborative space is Basecamp where all the communications, attribution of tasks and
 documents relating to the LABs training, preparation, implementation and follow-up will be hosted.
 Basecamp will also be the base for all challenge groups during the LABs and for the emerging
 community of practice.
- Miro will be the main canvas where people will explore, ideate, prototype, add images, links, ideas and transform them into proposals.
- The google workspace tools and cloud storage will be used to collaboratively write the main documents relating to the LABs, from the invitations, to the challenge descriptions written by challenge owners, to the reports of the emerging prototypes written by the reporters and final reports.

All these tools have been used many times in the preparation and running of Innovation Camps. We have also described more tools (see Annex 6) that can be used in specific circumstances such as Zoom for some videoconferences, GroupMap for high-level decision making, Mentimeter for rapid polls with participants. The list of tools is not exhaustive and will be adapted on the basis of emerging requirements and ideas.















THE INNOVATION CAMP IN A NUTSHELL

The MEDWAYCAP project has planned to organise two Innovation Camp Workshops lasting 2.5 days between January and May 2023 in face-to-face initiatives. The planning of the ICs has begun in the spring of 2022.

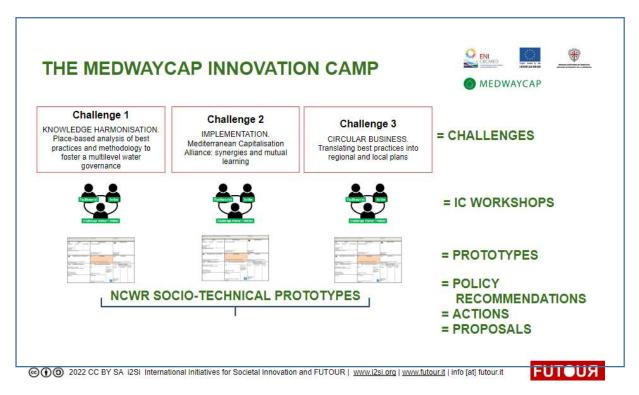


Figure 17: Outcomes and outputs of the MEDWAYCAP Innovation Camps

The MEDWAYCAP facilitated Innovation Camps will implement, through a discovery process, design thinking methods to reach evidence-based outcomes.

Each Innovation Camp process includes three steps:

- Step 1: Before the IC workshops the thematic challenges to be analysed in the Co-Design labs will be
 identified as well as the selection of challenges and challenge owners and choice/invitation of
 stakeholders and experts who can contribute to addressing the challenges by participating in the IC
 workshops. The partners will identify the challenge owners so as to have a supporting role as their
 challenge holders.
- Step 2: Carrying out the Innovation Camp Workshops. Each Innovation Camp covers the thematic challenges and is chaired by the MEDWAYCAP partners playing the role of challenge holders. The Innovation Camp workshops will generate initial prototypes of policy recommendations, actions and proposals and may involve its participants in an emerging community of practice.















• Step 3: After the Innovation Camp workshops, the follow-through continues and during subsequent weeks, prototypes of promising ideas are tested and improved and can be built up on by the respective organisations with the networking contributions of the participants and will create the basis for the recommendations.















CONCLUSIONS

The Innovation Camp process and its workshops are a powerful way to support changes and improvements in implementing the application of socio-technical solutions to NCWR Challenges. Change, especially on crucial issues such as water resources, is difficult to achieve in conventional ways. The Innovation Camps are accelerators of this change.

For change to happen there is a need for new energies, new ideas, and the creation of a safe space where ideas can thrive, be discussed, improved, tested and eventually implemented. The Innovation Camps of MEDWAYCAP are safe agora's where problems and solutions can be created together. They are also a launch pad where, through the support of the MEDWAYCAP team, participants are directly involved in proposing policy recommendations and generating a community of practice where they can implement pilot projects and actions in line with the objectives of the project and programme.

The guidelines describe the overall process, team, responsibilities for preparing, running and following-up on the organisation of the MEDWAYCAP Innovation Camp. The opportunity to design all workshop activities for both the physical and the online digital format has brought further innovations to the Innovation Camp method. In this way, activities are distributed over a more extended period of time and take advantage of synchronous and asynchronous tasks to strengthen continuous learning, improvement, the awareness and effectiveness of each working and prototyping team.











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ANNEX 1 – TRACK RECORD OF INNOVATION CAMPS

2012 Helsinki (Finland)

- Theme: Inclusive society
- 7 challenges, 100 participants | 8 days

2013 Malmo (Sweden)

- Theme: Societal innovations for sustainable urban development
- 10 challenges, 120 participants | 4 days

2014 Johannesburg (South Africa)

3 challenges, 30 participants |3 days

2015 Espoo (Finland)

- Theme: Connecting smart citizens in Open Innovation practice (project for the new underground line of Helsinki).
- 6 challenges, 80 participants | 3 days

2016 Beginning of the collaboration with the Committee of the Regions (CoR) and the Joint Research Centre (JRC)

2016 Amsterdam (The Netherlands)

- Theme: Open Innovation 2.0 and European Urban Agenda (within the framework of the Dutch EU Presidency)
- 4 challenges, 50 participants | 3 days

2016 Bratislava (Slovakia)

2017 Brussels (Belgium)

- Theme: Energy innovation and Inter Regional Smart Specialisation Strategies.
- 3 challenges, 50 participants, 2 days

2017 Belgrade (Serbia)

- Theme: ICT Strategy of Serbia.
- 4 challenges, 60 participants | 2 days

From the above dates there have been 30 more innovation camps, among which coordinated by FUTOUR:

2018

- Cattolica (Italy). Theme: Sustainable management of productive activities and integrated coastal management. 3 challenges, 30 participants, six half-day meetings.
- Tuscany Region (Italy). Theme: improve the communication in the management of structural funds. 4 challenges, 50 participants, one day and a half.
- Emilia-Romagna Region (Italy). Theme: Creation of a Community of Practice on participatory policy making. 3 challenges, 40 participants, 8 half-day meetings.

2019

Asturias (Spain) through the EC Joint Research
Centre and the regional development agency
IDEPA. Theme: Development of Circular
Economy through the industrial actors and trade
unions. 2 challenges, 40 participants, 2 days.















- Theme: Connections and Investments for a Collaborative Europe
- 4 challenges, 50 participants | 2,5 days

2016 Gabrovo (Bulgaria)

- Theme: Overcoming the distances and divisions in innovation in Europe.
- 3 challenges, 130 participants | 2 days

2016 Lapland (Finland)

- Theme: Arctic Innovation
- 3 challenges, 40 participants | 3 days

2017 Sofia (Bulgaria)

- Theme: Develop innovative public services through Open Innovation 2.0 and citizen involvement
- 3 challenges, 35 participants |3 days

2017 Barcelona (Spain)

- Theme: Smart Specialisation Strategy of the region through the Quadruple Helix (the involvement of institutions, the private sector, research and civil society).
- 4 challenges: 100 participants | 2,5 days

2017 Thessaloniki (Greece)

- Theme: Resilience of the economy, defence, regional development and management of migration flows.
- 4 challenges, 50 participants |3 days

- SviluppUmbria Development Agency of the Umbria Region (Perugia, Italy). Theme: Setting up of the regional Living Lab and the Open Innovation programme with the territory stakeholders. 7 challenges, 70 participants, 4 days distributed over more months.
- School of Public Administration of Catalonia (EAPC) (Spain) and the EC Joint Research Centre.
 Theme: Integration of young sons and daughters of migrants and overcoming the risk of fundamentalism.
- Po River basin Authority (Italy) and the Joint Research Centre of the European Commission.
 Theme: create communities that are resilient to flood risks due to climate change. 4 challenges,
 70 participants, 2 days.

2017 Thessaloniki (Greece)

- Theme: Resilience of the economy, defence, regional development and management of migration flows.
- 4 challenges, 50 participants |3 days

2020 Niš (Serbia)

- Theme: Urban planning and resilience to climate change
- 4 challenges, 50 participants | 3 days, Online













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ANNEX 2 - CHALLENGE DESCRIPTION FORM.

INSTRUCTIONS ON HOW TO USE IT

The challenge form is the basis for preparing each session of the Innovation Camp. It is therefore important to prepare it well in advance. It is both a way to define and frame the challenge and to start a dialogue between the challenge holder, the promoters, the experts so as to set the tone and strategy of the Camp. More informed and well-prepared participants will bring better ideas. Think of and for the future.

The Challenge description Form is the **Call to Action**. Your objective is to include other actors and supporters as in a domino effect. Therefore, remember to write complete sentences in a way that may be easily understood also by other people that may have different backgrounds. A clear, clean, concise and simple communication is essential to gain more support. Do not use complex jargon and if special terms are used add a note to explain them.

Challenge #: [ADD THE NUMBER AND SHORT TITLE OF THE CHALLENGE]

GENERAL INFORMATION

Theme: [add a slightly longer description of the challenge (2-3 lines)]

Challenge-owner and Organisation: [Indicate the internal challenge ambassadors (WP Leaders and other partners that are leading and co-leading this challenge), until challenge owner/holder(s) are identified]

Contact person (if different than above):

Challenge-OWNER DESCRIPTION (background)

[Describe in 2-3 lines the internal challenge ambassadors (WP Leaders and other partners that are leading and co-leading this challenge), until a challenge owner/holder is identified and then describe them briefly]

BACKGROUND / CONTEXT of the Challenge

[Address the challenges from the perspective of the aims and objectives of the project/initiative in (10-15 lines)].













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DESCRIPTION OF MAIN ISSUES, OPPORTUNITIES and OBSTACLES

[Use free text or bullet points throughout the challenge form. Think of the reader. Use a plain, easy to understand language as the challenge description will be used to inform and prepare the stakeholders that will participate. Use images, links to references and any other useful resources.]

[As the innovation camp is an entrepreneurial discovery process please remember that this section, as all the parts of the challenge form, will undergo several changes as the organisers and challenge holders address the boundaries and aims of the challenge. Do not aim immediately for perfection, start writing ideas and then improve them as you go along.]

[Add images, links references and any other information that may help you in the discovery process.]

Main Issues

[Write a brief introduction of the <u>main issues</u> (5-10 lines) and use bullet points to indicate what issues could be addressed by this challenge.]

- [add main issues here]
- [add main issues here]
-

Underlying Issues

[Write a brief introduction of the <u>underlying issues</u> (5-10 lines). Think for instance of what can be the causes leading to such issues. Use bullet points to indicate what underlying issues could be addressed by this challenge.]

- [add underlying issues here]
- [add underlying issues here]
-

Opportunities

[Write a brief introduction (5-10 lines) of the <u>opportunities</u> (5-10 lines). Imagine and brainstorm on what opportunities and advantages can emerge by addressing this challenge. Use bullet points to indicate the opportunities that could be generated by this challenge.]

- [add opportunities here]
- [add opportunities here]
-

Obstacles

[Write a brief introduction of the obstacles that may be found (5-10 lines). Think of all possible obstacles that may emerge by addressing this challenge. Use bullet points to list and describe them.]

- [add obstacles here]
- [add obstacles here]
-















MAIN CHALLENGE OBJECTIVES

Write two or three bullet point sentences describing each objective. Describe in more detail If necessary.

[Describe the main objectives addressed by the challenge in two or three bullet point sentences].

- [describe main objectives here]
- [describe main objectives here]
-

RELEVANT STAKEHOLDERS AND STAKEHOLDER ORGANIZATIONS (MACRO DESCRIPTION)

[The people who participate in the innovation camp are both bringing their experience and their networks, needs, and ideas. It is important to have representatives from the quadruple helix: institutions, business, experts/research and civil society. These four actors bring important perspectives that can help to make the proposals concrete as they combine the possibility to define policies and strategies, bring experience, needs, and ability to take risks. Think carefully of these participants as they will be your partners and travel companions also for the actual implementation of the prototypes that will emerge. Brainstorm on actors and participants by adding them initially in the bullet points and then selecting the one that can be most relevant, influential and capable to support the process]

- [add actor name surname and quadruple helix here]
- ..
- ..

CHALLENGE GROUP MEMBERS: Potential participants at the camp (Connect to the stakeholder map to include them)

Group members suggested by Challenge-owner

The Challenge owner should suggest participants who are responsible for / relevant to following through on the results after the Camp.

Name	Email	Position	Organization	Expertise
<challenge owner=""></challenge>				
<facilitator></facilitator>				
<challenge stakeholder=""></challenge>				
<challenge stakeholder=""></challenge>				
ADD MORE LINES IF NECESSARY				















Other possible group members				
Name	Email	Position	Organization	Expertise
ADD MORE LINES IF NECESSARY				

RELEVANT INFORMATION

Links to videos, reference material (books, scientific papers, annual reports, etc.), photos, organisation website, projects related to the challenge etc.

What are the documents, videos, interviews, pictures and information required to make a proper dossier that can be shared and understood by anyone that joins the challenge group in the Innovation Camp?

ATTACHMENTS (if necessary)

Other material relevant to understand the challenge

- ..
- ...

REFERENCES

- ..
- ...















ANNEX 3 - CHALLENGE OWNER GUIDELINES

The challenge owner guidelines below are taken adapted from Rissola, G., Kune, H. and Martinez, P (2017) *The Innovation Camp Handbook's* ANNEX 10: Challenge-Owner (or Challenge-Holder) Guidelines (an Example).

Challenge-Owner Guidelines

[name of the Innovation Camp, e.g.: MEDWAYCAP NCWR Innovation Camp]

In this document, we present information about the [TITLE OF THE INNOVATION CAMP] and some guidelines to help Challenge Owners and their direct stakeholders get maximum benefit from the camp.

Innovation Camp Format

The Innovation Camp format consists of 4 periods:

- 1. Preparation: from [four months starting from month and year XYZ to month and year XYZ];
 - o Participants can orient themselves to the issues and the context of the challenge
- 2. LAB/Camp in [Venue, duration in days and dates];
 - O Groups of diverse participants actively address challenges, in order to rethink and reframe the issues and problems, and come up with promising new perspectives for building solutions.
 - o The outputs of the 2-day Camp are new perspectives for thinking about and addressing the challenge, and plans for testing and improving these ideas in practice.
- 3. Prototyping period: 6 weeks in [Month and Month];
 - Challenge Owners test the best ideas and promising solutions (the Camp output) in real-life situations with direct stakeholders; ideas and promising solutions are tested and improved in an iterative innovation process.
- 4. Follow-through: 6 months from [Month and year to Month and Year];
 - o Challenge-Owners develop the improved ideas further in interaction with direct stakeholders and potential end-users during the next 6 months.

Characteristics of a good Challenge

- The Challenge has an organisation and/or group responsible for resolving it, and a responsible person who acts as Challenger Owner.
- The Challenge Owner has a clear interest in the potential societal outcomes and impact.
- The issues behind the Challenge are complex: there is no clear 'solution' to a well-defined 'problem'. For this reason, the expected outcome is more than *one* solution to *one* problem.
- The Challenge is in an emerging phase or is ready for reframing/redefining with various possible paths for moving forward.
- The Challenge has broader societal implications and is not focused on one specific target group.

Characteristics of a good Camp result

In the Camp, groups work to develop new perspectives for thinking about and addressing the Challenge, and plans for testing and improving these ideas in practice.















Promising ideas can be both inside and outside 'the box'. What was once seen as crazy or impossible once, may be possible tomorrow.

We are looking for new perspectives that have not been considered before, or else have been dismissed because they seemed impossible, impractical or irrelevant at the time.

Facilitations should encourage participants to develop results that are:

- Sustainable: they are designed to have a lasting effect, not just as a quick-fix or one-time temporary solution
- *Scalable*: they are designed to work not only here, in this case, but also can be scaled to other similar situations elsewhere
- Societal: they have a broader, systemic effect in society
- Feasible: they are capable of being implemented

At the Camp, we encourage participants to think about all of the following:

- Outputs the results of the Camp, after 2 days
- Outcomes (after 2 years) what we see in the real world after 18-24 months, once the Camp results have been improved and implemented
- Impact (after 6 years) what has changed in the real world after 5-6 year

What the Challenge Owner can expect as the result of an innovation Camp

The Camp is about creating deeper understanding of the issues and problems underlying societal challenges.

This means exploring and understanding the context of societal challenges in such a way that a richer understanding of the issues can emerge, and lead to new insights about how to move forward. It asks people not to accept things as given, not to follow dominant logics, not to accept assumptions or take things for granted. It is about asking questions, and not accepting the early or easy answers.

An Innovation Camp creates conditions in which participants – and Challenge Owner – can frame and reframe challenges, issues and problems in the light of other points of view and different perspectives.

Once the reframing process has started, and promising ideas have emerged, the rapid prototyping process can turn these into prototypes for possible action. These prototypes can then be tested, improved, retested, and once again make better – in direct interaction with their intended users.

Participants are stimulated to think beyond output – the results of the camp after 2 days and 6 weeks –

- to outcomes improved quality of work (and life) that can be experienced in practice after 1-2 years and
- to societal impact after 5 or 10 years.

An Innovation Camps does not deliver solutions to complicated or complex issues in a 2-day camp.

It *does* build better understanding of how these issues work in their societal context – and how they may more effectively be addressed.

Reframing problems, enriching understanding, fast prototyping, thinking in outcomes, preparing for action: these are key Camp processes that define what Challenge Owners and participants can expect from the Camp.















The role of the Challenge Owner at the Camp

The Challenge Owner should be committed to:

- Participating in all phases of the Innovation Camp work process
- Provide a brief description of the Challenge at least 4 weeks before the Camp
- Provide sufficient background documentation about the context of the challenge at least 2 weeks before the start of the camp
- Designate a Challenge Holder to be present throughout the Innovation Camp
- Work on the follow-through: be prepared to test good ideas, new perspectives and promising solutions developed at the Camp during the following 6 weeks and 6 months

Participants from the Challenge context

At least one *Challenge Holder* (from the same organization as the Challenge Owner, or else from another relevant organization) should take part in the camp.

- Up to 3 direct stakeholders from the Challenge context may take part in the challenge-group.
- The rest of the challenge-group will consist of a diverse group of participants from other places (and other
 countries), all of whom have some personal expertise in dealing with aspects of the challenge. This diversity
 guarantees that many different perspectives can be brought to bear on the issues.
- Direct stakeholders could be members of the organization bringing the challenge in, or else politicians, civil servants, citizens, business people, and members of NGO's who are related to the context.
- Other stakeholders in the Challenge context are welcome to take part in the Camp. They can participate as members of groups addressing other challenges. In this way, they gain deeper a understanding of how to address similar issues in an innovative way. They enhance the overall integration of themes, and help build a possible synthesis of impulses for realizing systemic change after the Camp.

Before the Camp

To make the most of the camp, the Challenge Owner should:

- Complete the Challenge Description Form, which explains:
 - The challenge itself (and sufficient background information);
 - o The context of the challenge (local characteristics, main stakeholders, anticipated problems);
 - Some insights gained from what has already been tried, what was successful or wasn't (and why);
 - o Some links to more documentation (written reports, presentations, relevant video clips etc).
- Indicate what kind of expertise is essential and what kind of people are needed to have in the challenge-group, in order to reach a sustainable result.
- Indicate a few names of relevant potential participants for the challenge-group: people who could contribute greatly to reaching a sustainable result.

During the Camp

- Ideally, the Challenge Owner should take part in the entire Camp.
- If this is not possible, his/her direct representative we call this person the *Challenge Holder* should participate.











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- The Challenge Owner or Challenge Holder should present a brief introduction to the Challenge on the first day, when first meeting with the group addressing the Challenge. This introduction should be short about 10-15 minutes and describe the Challenge, the context in which the challenge occurs, the main questions which the Challenge Owner wants to group to address. Insights from ongoing attempts to resolve the Challenge are also welcome. The introduction should also indicate what the Challenge Owner is hoping for as a result of the Camp.
- He/she should be ready to accept diverse ways that the group wants to reframe the challenge, issues, and problems.
- He/she has an open mind and is ready to take part in the group discussions as one of the groups, not it's leader
- He/she is willing to ready to learn from and support the group's insights and new perspectives.
- He/she should be open to surprises, and be able to have fun working at the Camp!
- The Challenge Owner should be present at the final presentation of the results, even if he/she cannot attend the entire Camp.

During the 6-week prototyping period (6 weeks in MONTH and MONTH)

- To take the results of the camp interesting ideas, promising perspectives, possible solutions and test them in real-life situations;
- Ideally, to communicate at defined moments with other group members, who are working on similar issues in their own workplaces, about the prototyping experience; using this collective/distributed intelligence to improve the prototypes and continue to test these in practice.

During the 6-month improvement period (6 months from DATE to DATE)

- Further improve the prototypes based, ideally on the collective experience of group members.
- Communicate with group participants and the central partner organization of the Camp about work-inprogress, tentative results and learning about the innovation process.

After the follow-through process – in the period after [indicate dates]

• Communicate with group participants and the central partner organization of the Camp about ongoing experiences and results.















REPORT FORMAT FOR RESULTS OF GROUPS

ANNEX 4 – PROTOTYPE REPORT FORM FOR THE RESULTS OF CHALLENGE GROUPS AT THE INNOVATION CAMP

The **prototype report form** is used to both summarise the prototypes emerging from the Innovation Camp challenge groups. It describes the roadmap of the main steps and actions that will be taken in the follow-up phase that is required to test the prototypes on the ground and to keep fine tuning them on the basis of the feedback from beneficiaries and other actors involved in the process. It is a practical tool that summarises the proposed prototype, actions, expected achievements and results, the societal outcomes, responsibilities and actors to be involved. Participants should consider that it is like a joint agreement for actions to be taken together. One should therefore be both ambitious and realistic. Things will happen if the participants take a commitment to make them happen.

While the Challenge description Form is the intitial **Call to Action**, this form and report becomes also the **Call to Change** and **Impact**. Your objective is to include other actors and supporters as in a domino effect. So remember to write complete sentences in a way that may be easily understood also by other people that may not have participated in the workshops or may have different backgrounds. A clear, clean, concise and simple communication is essential to gain more support (plain language). Do not use complex jargon and if special terms are used add a note to explain them.

NEI ON TOWNS TO MESSES OF CHOSES
Challenge Name:
Name of the Challenge:
Challenge Owner:
Facilitator:
Participants:
Date:
Rapporteur:
Note to the Rapporteur:
Please use as many visuals as possible in this report. These may include drawings, illustrations and PowerPoint presentations made by the group, and photographs of the wall-space where the group worked (including post its and papers hung on the walls, or flip-over pages prepared by the group).
Name of the Proposal/Prototype

What is the name of the proposal/prototype? What is its essence? Remember to write in a clear, concise and plain

Description of Proposed Actions [Action orientation is extremely important]



language.















This part is used to explain briefly the	proposed actions and their	r purpose. Use the bullet	points and remember to write
in a clear, concise and plain language.			

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- •
- •

What will this achieve? What is the societal impact?

Think in long term the aimed impact and effects of the prototypes. Be ambitious and think of the best possible changes in society. This drives the purpose of all other activities.

- •
- •
- •

Who is Responsible?

Things happen if people commit to make them happen. Who has the energy, time, passion, desire and possibility to bring the prototypes ahead? How will the roles be distributed, documented, monitored?

- •
- •

Who will be involved? (In Society? In the Challenge team?)

Think of all the actors and supporters that can help to achieve the positive change, how to engage and involve them throughout the process.

- •
- •

Description of the best ideas

What are the best ideas? Why? Describe them and remember to write in a clear, concise and plain language.

- •
- •
- •

1st Steps: What must happen in the next 6 weeks?















Who should do	what, whe	n in the nex	kt 6 weeks?
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Prototyping: W	nat must happen	in the next	6 months?
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Who should do what, when in the next 6 months?

- •
- •
- •

Impact in 6 Years

What impact can these prototypes and actions have in the long term? Remember to write in a clear, concise and plain language.

Other relevant information

What are the documents, videos, interviews, pictures and information required to make a proper dossier that can be shared and understood by anyone that joins the prototyping team also after the Innovation Camp? Think for the future.

Suggestions for improving the effectiveness of the Camp

Feedback is important to keep improving and adapting throughout the Innovation Camp and prototyping process. What went well? Why? What could be improved?















ANNEX 5 - CHECKLIST FOR THE PREPARATION AND FOLLOW UP OF AN INNOVATION CAMP

Checklist for preparation and follow up

As a tool for the preparation process, we have made a practical checklist.

Preparation (1): 2-3 months before

- Clear objectives of the workshop(s)
 - Purpose, Outcome and Process (POP) at the macro and micro level (see the communication and programme)
 - Transparency, accountability and trust: making it clear to «the client» that participation is not manipulation and that if it is poorly done, it will not work and will backlash.
 - Challenge description each topic and challenge, including its fences, need to be addressed very clearly from the beginning.
 - What is at stake and margin for real empowered decision-making? There has to be something at stake
 for the participatory process, and while the participatory process is ongoing, any other decision or
 action related to the topic at stake should be suspended until possible solutions emerge
- Make an assessment to understand, for each dimension, the position of the internal or external client organising the process: eg, empowerment, duration, facilitation style, methods, etc
- Programme, agenda and storyboard of each «act»
 - o Facilitation team (one, many, preparation and ability to deal with complex issues)
- Participants, stakeholders and experts.
 - Typology-background of participants to be involved (high decision level power executive low decision-making power – mix)
 - Number of participants to be involved (very large e.g. >=500 to small 6-10 people)
 - o Communication and information
 - POP (Purpose, Process and Outcome) to inform and involve the participants: background information, save the date, programme.
 - Desk research, interviews and outreach to prepare background material to have informed participants to make more conscious choices.
- Logistics:
 - Venue inspection to choose the ideal place in terms of accessibility, flexibility of spaces and furniture, possibility to use walls, having a plenary and breakout spaces or separate rooms. This ideally depends also from the method but in some cases the method has to be adapted to the space circumstances.
 - o Plans of the rooms, of the electricity plugs, of the windows, walls, neighbouring rooms, catering spaces and services, lighting, audio-visual equipment, wifi, furniture.

Preparation (2): one week before the participatory policy-making workshop(s)

One week before

- Check again the purpose and objectives with the «client» and adapt the process accordingly.
 - Ensure a committed pitch from «the client» on the Purpose, Outcome and Process (POP) of each topic to be addressed.















- o Clarify what is at stake and the margin for real empowered decision-making.
- Information and communication to participants
 - Ensure the presence of informed participants. Send an information kit, on the context, scenarios, background, options (documents, videos, podcasts...).
 - o Participants' confirmation and definition of possible ways to distribute them heterogeneously according to the challenges, gender mix, level of expertise, role, objectives.
 - Activation of a platform for a community of practice and blended learning on the policy co-creation to support the follow-up activities.
- Final polishing and check on programme, steps, timing and storyboard of each «act» with Client, organisers, facilitators, rapporteurs, challenge owners and experts.
- Final video conferences and meetings between facilitators and local organisers.

Preparation (3): one day before the participatory policy-making workshop(s)

- Logistics
 - Final venue set-up and check of spaces, facilities, audio-visuals, visual and stationery with the facilitation team (one, many, preparation and ability to deal with complex issues).
 - Handouts and registration material.
 - PCs for rapporteurs
 - Registration desk and supporting secretariat.
- Briefing with the organising team, coordinator, challenge owners, facilitators, rapporteurs.
 - Running through the programme with a simulation.
 - Final update on participants and profiles. The possible reshuffling of participants between groups to ensure a good balance.
 - o Taking ownership of the space for each facilitator based on her or his facilitation style and skills, within the framework of the chosen process
- Reporting
 - Clarify what has to be reported and identify rapporteurs. The function and experience of the rapporteur depends on the complexity of the issues that are dealt with. The higher the complexity the more skilled and also experienced on the topics discussed should the rapporteurs be. This is because the report will be the basis for follow-up activities because words fly, and written text remains (verba volant, scripta manent). This may also include the documentation of the process with photos and videos.

Preparation (4): Retrospectives and alignment during the participatory policy-making workshop(s)

- Briefing
 - Just before the launch the organising team and facilitators make a quick check-in to align if there are changes and to share any particular issues.
- Fine tuning or U-turns while running the process
 - There may be a need to make a quick adaptation to the process and method. This means that the
 facilitators and coordinators need to liaise frequently. If a problem emerges, a solution can thus be
 found in real time.
- End of day retrospective.
 - Whatever the duration in days of the workshop it is a good practice to make an end of day debriefing
 with a retrospective on what was planned, what went well and what could be improved. This is an
 excellent learning process for the team and can also be used at the very end of the process to plan
 future improvements, and next steps.















ANNEX 6 – DIGITAL FACILITATION PLATFORMS

Basecamp - The base for collaboration among remote teams

Basecamp is a real-time communication tool that helps teams stay in touch, share information, organise plans, schedule activities and be all on the same page. With Basecamp partners and stakeholders can communicate better and require fewer meetings. Users can sign in anywhere, anytime, either through a web browser or through apps compatible with a large number of mobile devices. Basecamp will be used to inform, involve, engage and support the collaboration of the participants as in a community of practice working together towards a common objective. It will also help participants to get to know each other and find areas of interest where they can innovate and co-create new opportunities together.

Bescamp 3 File Edit Page Account Help

A Home

Pings

Hey!

Activity

My Stuff

DESIGN OPTION PAPER

Working group for the Design Options Paper

West Compared

Message Board

New ITunes description

Options Williams 225gm

Options and dones

Was Compared to the New ITunes description

Options Williams 225gm

Basecamp is used to organise the internal activity of the core

team and as support to inform and engage the internal and external stakeholders in preparation, implementation and follow-up. It is a digital place and collaborative tool that will help everyone to be all on the same page, have at a glance all the tasks, communications and shared documents and extend them to key stakeholders if deemed useful by the project coordinators.

Basecamp will be the home base for the Innovation Camp activities of the MEDWAYCAP team. There will be three levels of use:

- MEDWAYCAP Partners: coordination of all activities related to the training, organisation, preparation of the ICs and of the related reports. This space will also help to organise tasks, documents and tools such as the stakeholder map.
- Innovation Camp: for every IC the participants will be hosted in a dedicated Basecamp space where participants of every challenge can receive updated information, share ideas and common announcements.
- Challenge groups. Every Innovation Camp has three main challenge groups in specific Basecamp spaces. They will generate prototypes of actions, proposals and policy recommendations that will be nurtured in the challenge group with the definition of tasks, comments and links to a shared space.
- Community of Practice space. Basecamp can also host one space for all participants to all the ICs where they can be updated and engaged in the Community of Practice growth and activities.













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Berst - Agile platform for participatory remote meetings

Berst, originally called VideoFacilitator, has been designed by agile facilitators to simplify the activities for its users. The online meetings with the Berst platform allow up to 100 participants to interact in multiple breakout spaces. Only people invited can attend the online workshops through a direct link. The platform provides a plenary hall in which all the participants see each other and can interact and offers the possibility of creating and adapting thematic breakout rooms where participants can autonomously move to meet in smaller groups. A facilitator will guide the participants in the various subgroups to allow



them to familiarize themselves with the tool. The breakout rooms can be pre-designed so as to have a link that enables participants to start working on other digital tools. Although the tool is extremely user-friendly participants receive a user handbook to learn all the features of Berst It shows its best workhorse capacity when it is used for interactive workshops in combination with other brainstorming/visualisation tools. The greatest versatility is achieved by using a computer. If one wants to use it as a simple video conferencing platform, then also a tablet or smartphone will work very effectively. FUTOUR is the service partner of Berst and is contributing to its co-design through constant feedback and suggestions for services, tools.

Berst will be the main platform for the facilitation of digital participatory workshops.

Zoom

Zoom allows meetings and webinars with varying levels of interaction. It has the possibility to set up automatic breakout rooms on the go for random groups of participants or also for specific groups with selected participants. One may also create thematic groups where participants can autonomously move to. In the case of more structured top-down conferences where participants can be distributed at random, Zoom can be an effective tool for most conventional meetings and



workshops, while in the case of thematic participatory workshops with a high level of interaction among participants Bert is a preferable option.

The Zoom platform is being used for meetings, sessions and workshops of the project. FUTOUR has a license for 100

Streaming live session with Streamyard



StreamYard is a live streaming studio. With StreamYard it is possible to stream live or record an interactive webinar with 10 speakers at the same time. StreamYard allows the moderators and panellists to receive and show live questions from the audience. The streaming can be shown live or uploaded to Youtube, Instagram, Linkedin and Facebook at the same time.

Streamyard can be used in sessions where there is no need for a strong interaction between the participants (broadcasting). It may be used to record and broadcast the conferences, if needed















Smart polling with Mentimeter

Mentimeter is an online, real-time, smart polling voting system. A voting system that is based on the use of the participants' smartphones/tablets and allows to see the voting results processed in real-time. The tool works by constructing a presentation in advance that contains a set of questions that are submitted to the participants during meetings; they then respond using their own devices (smartphones, tablets or computers). The system provides for the construction of interactive presentations to which open questions, closed questions, multiple-choice questions, surveys, scales, etc. are matched, which are "solved" in real time. Then the results are shown to the participants in the form of graphs, word cloud, and spatial



distribution. An interactive and fun experience, where opinions and ideas are viewed live and which allow participants to think incrementally with respect to the emerging priorities.

The smart polling system can be used both in the informative meetings and in the participatory workshops to interact with the participants, collect ideas, carry out surveys and evaluate specific proposals.

Visual and digital facilitation with Jamboard, GroupMap and MIRO

The online engagement activities will be supported by tools to stimulate co-design and the collection of live feedback, including for example, shared virtual canvases like Miro and Jamboard. The canvases allow multiple participants to interact simultaneously on a single canvas and use post-it, draw, insert images, and so on.

Both MIRO and Jamboard may be used to visualise, organise and structure the information that may emerge from the online participatory meetings. They are the digital stationery that we can use to write sticky notes, stick ideas to the posters and walls, give a framework and flow to the decision-making process through structured canvases, as in the EASW, the Innovation Camp and Design Thinking methods (see the section on Methods).

Miro and Groupmap will be the main tool for co-creation within the workshops. A dedicated set of canvases based on the Societal Innovation Canvas will be designed, including tasks that will be performed when participants are meeting at the same time (synchronous online or in presence) or working separately and at different times (asynchronous). It is a very versatile tool that requires just a little practice at the beginning. It will also be used to connect images, links to documents, videos or papers, stimulating the creativity of participants in an enjoyable way.

Jamboard is Google Workshpace's digital whiteboard that offers a rich collaborative experience for teams. It's possible to create a Jam, edit it from a personal device, and share it with others. Everybody can collaborate on the Jam anytime, anywhere. Jamboard is simple as a whiteboard, but smarter, it's possible to import images from a Google search, and automatically the work is saved in the cloud; use the handwriting and shape recognition tool for easier reading and drawing with the stylus (easier with tablet). Jamboard allows users to insert post-its to answer questions in real-time (Jamboard supports up to 16 touchpoints at a time on a single device). See also https://gsuite.google.com/products/jamboard/.













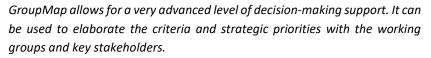




MIRO (www.miro.com). Miro is a very versatile and powerful visualisation and co-creation tool. It has many more functionalities and tools that Jamboard. The canvas of Miro is just an unlimited large sheet where all the concepts and ideas, as with sticky notes, can be moved, clustered, edited, highlighted, connected. One can also vote the ideas and set priorities, create links and add reference information with images. To use the tool to its maximum capacity we envisage warm-up exercises and ice-breakers with the participants where they can learn all the tips, tricks and tools.



<u>GroupMap</u> (www.groupmap.com) is a decision support tool that can be used in digitally facilitated remote workshops and in face-to-face ones. It allows brainstorming, grouping, voting, prioritisation of ideas through a series of possible maps and processes². The facilitators can define with the partners a specific challenge that should be dealt with by the participating stakeholders and come up with robust solutions that are immediately reported back.





² There are over 60 brainstorming templates in GroupMap, and one can design specific ones to deal with the challenge at hand. GroupMap templates include Agile Retrospectives, SWOT, Urgent Import Matrix, Perceptual Maps, Stakeholder Analysis, Risk Assessment, Mind Maps, the Business Model Canvas and many more.













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Collaborative documents

For the facilitation of online workshops, we also envisage the use of a set of practical collaborative tools through the Google Workspace platform. This fosters the interaction and improves the communication between participants through Drive, Docs, spreadsheets Digital Forms by creating and sharing in real-time new contents. Using Docs it is possible to write and format texts, but also to modify and comment in real-time the work done by others. In addition, a space is made available in the cloud where participants can create, manage, store and share their files (text, photos, videos ...) and synchronize them on digital devices.

Circular Lab

Format per la presentazione della proporte prospetturia.

U.M.M.T. Statut condition. Sprain: disparte e discustre o propor cauther del prosporte prospetturia.

U.M.M.T. Statut condition. Sprain: disparte e discustre o propor cauther del prosporte prospetturia della consistenza del processor della consistenza della consis

Through the shared canvases of google, workspaces may be used in

all sessions in which large working groups have to elaborate proposals in a structured way, through individual brainstorming and collective summaries. In particular, they can be used in participatory workshops on Vision and Action in combination with other digital tools. The collaborative documents will be used especially in the definition of the challenges and in the co-writing of the challenge reports at the completion of the ICs.











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