



# RESMYLE Workshops





## RESMYLE Field Training Workshops

The RESMYLE project aims to rethink the employment and social integration of young people in the Mediterranean through sustainable development.

3 areas of intervention have been chosen: awareness-raising, training and entrepreneurship.

After raising awareness on the environment and sustainable development, by and for young people through the 11 granted projects and a webportal of resources called **Act4urplanet.eu** – the second step was to train the young people.

To achieve this, RESMYLE first developed 15 field training workshops on the environment and sustainable development, then some ecomissions of 3 months in different types of organisations were done by the young people.

RESMYLE offered 180 young people the opportunity to take part in 15 on-the-job training workshops, each lasting 15 days and focusing on a theme and problem defined by local residents. The aim was to find solutions and try to implement them. In this ebook, you'll find details of each workshop.

### The concept of RESMYLE international practical field training workshop

The international practical field training workshop is an experience that enables young people to become aware of sustainable development and to acquire transversal and professional skills by supporting local initiatives. Inspired by the project-based learning approach, it is a revelatory process in which young people discover values and learning outcomes such as:

*Learning by doing* - Designed as a pedagogical training tool based on field experience, the workshop offers participants a 15-day "learning by doing" experience in a non-formal context.

*Solidarity* - The workshop also offers know-how on a voluntary basis for a given territory that responds to a local need, promoting the concept of active participation.

*An intercultural adventure* - Aimed at young people from different countries, inviting them to address local issues in a different country with a different culture, the workshop promotes European and intercultural citizenship.

*Social skills* - The workshop offers the opportunity to acquire team-working skills in an intercultural context, developing emotional, relational and cognitive skills such as self-awareness, sustainable relationships, problem-solving, decision-making and creative thinking.

Moreover, for local actors, the workshop represents an opportunity to enthusiastically reinforce local sustainable development projects, making them dynamic through the participation of young people.

The workshop can be a valuable complement to the local project in several ways:

*As a trigger:* prior to the local project, it can help identify fundamental problems and act accordingly in the project.

*As a stimulator:* within an existing local project, the workshop can revive or support a new dynamic and/or refocus the project itself.

*As a mediator:* in several cases, the workshop takes place in a context of local obstacles. By bringing a different, outside viewpoint to the table, young people can, among other things, revitalize the project and help it reach consensus with local partners.


In this sense, the practical field training workshop gives territories a helping hand. It is made up of an international team of 12 young people who are neither students, nor in employment or training (NEET).

Participants are selected by local event organizers in RESMYLE countries (France, Italy, Jordan, Lebanon, Tunisia).

Participants work together for two weeks under the supervision of local professionals and follow an educational program. This program enables participants to experience and collect the learning results themselves, through their voluntary contribution.

The team, made up of volunteers, is placed in a professional situation. The workshop hinge on a central theme of sustainable territorial development. Volunteers are involved in local projects linked to the protection and enhancement of natural and cultural resources, eco-development, natural risk prevention, sustainable tourism, etc.

The team settles into a territory and, thanks to this approach, the workshop teaches young people about sustainable development, as well as important skills that will enable them to behave as



adults in our society. These skills include: communication and public speaking, organization and time management, research and inquiry, self-evaluation and reflection, teamwork and leadership, and critical thinking.

The workshop does not consist of in vitro training exercises; on the contrary, everything takes place in situ, in the field. The geographical and socio-economic particularities of the various European and Mediterranean territories, together with their heritage, their strengths and weaknesses, always provide the working framework of the initiative.

The experience objectives, be they restoration or enhancement, are always focused both on territorial interests and local inhabitants, with particular attention to sustainable development and the learning impact on participants. The territory also provides the environment in which the young people live for two weeks. It offers them accommodation, food, local festivals and events, as well as time to share with the local population.

### **Local organizers of the international practical field training workshop and their technical partners:**

RESMYLE partners, with the support of local associations, authorities and local development organizations, have organized 15 workshops between September 2021 and July 2023. Each workshop is aimed at (possibly separately):

1. NEETS with a low level of education and looking for a job.
2. NEETS who have graduated and are looking for work.

Local organizers present an issue which is analyzed by RESMYLE coordinators (AMESCI & CDE Petra Patrimonia).

Some examples of projects:

- Discovery and restoration of old water roads, Malemort du Comtat, France
- Preservation of a natural wetland sensitive to pollution (Sebkhet Soliman RAMSAR site and ZICO), Tunisia
- Waste warriors in Qana villages: Creating waste management games, Lebanon

- Assessing the accessibility of public spaces, Jordan
- Enhancing and preventing fire in a natural forest ecosystem, Tunisia
- Terra, the future as a cultural horizon, Italy
- Planning a gastronomic experience in Northern Jordan
- Designing a cultural and tourist circuit in the Medina of Hammamet, Tunisia

Local organizers prepare a proposal document (see next section - Workshop formulation), identifying the issue to which the workshop is devoted and the conditions under which it will take place, so that applicants can be informed.

They make the final selection of candidates. The local organization takes care of all logistical aspects of the practical field training workshop, such as accommodation, workspaces, materials and the provision of any educational information concerning the project or the local area, preparation of the work program, welcoming the young people, scientific supervision, etc. Finally, they invite local experts to develop the work program.

### **Formulation of the practical field training workshop:**

The key point is to respond to a local need/problem and, at the same time, create a training workshop.

When formulating their projects, the organizations responsible for the workshop should define the following points:

1. Geographical location of the workshop,
2. Description of the local project to be covered by the workshop,
3. Workshop theme,
4. Workshop title,
5. Training objectives and local project objectives,
6. Expected results for local projects, partners and participants,
7. Brief description of workshop events,
8. General information about the organization hosting the workshop,
9. General information on the organization responsible for developing and supervising the workshop (very often the same as in point 8),
10. Names of the people in the organization responsible for the workshop and the people in charge of supervising it,
11. Anticipated profile of participant groups (number, age, status: NEET, training skills, previous experience),
12. Planned duration (2 weeks),
13. Outline work plan.



**Title: Design of a guide to the ordinary built heritage of the town of Hammamet**

**Venue: Hammamet (Tunisia)**

**Date: 5th to 19th september 2021**

**Hosting organization: AERE - Association d'Education Relative à l'Environnement**

The workshop supports and enhances the ongoing discussions at the municipality of Hammamet regarding the revision of the city's urban development plan. The data from the inventory of ordinary built heritage can be utilized in urban planning documents (identifying elements to preserve and enhance). This workshop addresses the following issues:

- Lack of knowledge about this heritage
- State of abandonment and degradation
- No available inventory
- Lack of valorization

The main outcomes of this workshop included the development of a selective inventory of heritage, the production of communication materials, and the creation of a **guide for the ordinary built heritage of Hammamet**. The result was of high quality, showcased in an exhibition with 18 panels, each focusing on a different building from both a historical and architectural perspective, presented in an artistically professional manner. The texts in Arabic and French are accompanied by photos and illustrations, including pen sketches, watercolors, and drawings.

In addition to the professional and technical skills acquired, the workshop provided participants with insights into vernacular architecture, the environment, painting, photography and videography, field survey techniques, inventory creation, translation, collaborative work, conflict resolution, listening, time management, public communication, and more – skills valuable throughout their lives.



In partnership with



**Design of a guide to the ordinary built heritage  
of the town of Hammamet**

Group of participants



**Workshop program**

- Day 1** Meeting experts, transferring knowledge
- Day 2** Meeting experts, transferring knowledge
- Day 3** Meeting experts, transferring knowledge
- Day 4** Field work - Site visits
- Day 5** Field work - Site visits
- Day 6** Day Off
- Day 7** Cultural visit
- Day 8** Results preparation
- Day 9** Results preparation
- Day 10** Results preparation
- Day 11** Results preparation
- Day 12** Preparation of the final conference
- Day 13** Preparation of the final conference
- Day 14** Preparation of the final conference
- Day 15** Presentation of the results



**Learning  
outcomes**

**Time management**

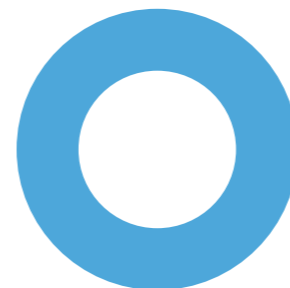
**Collaborative work**



*Photography*

**Discovering Hammamet  
and its history**

**Architecture**





# Message in a Bottle



I have improved my coping skills and how to manage the stress in public speeches.

*Synda BESBES*

I have learned to work in team and I reached knowledge in sustainable development.

*Sofiene MEFTAH*

Field work and inventory preparation. Documentation works, sketches, drawings and paintings.

*Mohamed SASSI*

Public speech, team work, perform specific tasks, better knowledge of the Hammamet city heritage.

*Mohamed Yassine SAHLI*

Team work, time and stress management, architecture, painting, photography, public speech.

*Ines MEJRI*

Great satisfaction for having contributed to the elaboration of this guide which will be shared by the public and tourists.

*Firas ABDELLAOUI*

It was an interesting experience on a personal and professional level. I learned to be more flexible, more patient and better organized, and I gained artistic, architectural and heritage knowledge that will be useful to me in my future work as a space designer.

*Fadoua OUACHANI*

Team work, time management and drawing and architecture skills development.

*Emna MEJRI*

To accept and to learn from the others is a life lesson.

*Emna JEDIDI*

We are more efficient and smarter with the others than we are when we are alone.

*Bedy JERIDI*

Organisation, coordination, communication... This too can be learned with this type of workshop.

*Asma GHRIBI*

I deepened my knowledge of heritage and sustainable development.

*Amal TORJMEN*





**Title: S.T.R.O.N.G. - SHAPE THE REGION OF NEW GENERATION**

**Venue: Liguria (Italy)**

**Date: 13th to 27th september 2021**

**Hosting organization: La Tabacca**

The workshop took place in Liguria, Italy, from September 13 to 27, 2021. Participants engaged in activities in the center of Genoa, Genoa Voltri (including the farm “La Tabacca”), and on the west and east shores of Liguria. Due to the main theme of hydrogeological instability, activities occurred in areas affected by extreme events (floods) in recent decades.

Skills acquired included:

Recognition and assessment of issues related to territorial protection

Critical awareness of threats to the local environment

Analysis to evaluate the impact of unauthorized constructions on the territory

Formulation of solutions to minimize impacts and damages

Practical skills for implementing solutions

Evaluation of risks related to the coast, rivers, and streams

Proposal of preventive and corrective measures to mitigate risks

Entrepreneurial skills: identifying opportunities to create businesses to address environmental issues

Knowledge in agriculture and engineering to create business opportunities



In partnership with



**S.T.R.O.N.G.**  
**SHAPE THE REGION OF NEW GENERATION**

Group of participants



**Workshop program**

- Day 1** Icebreaker and visit of the ancient port
- Day 2** Mountains theme - Activities on hydrogeological instability
- Day 3** Cleaning Paths at La Tabacca
- Day 4** Field visits (traditional cartery Apple Paper Mill - paper recycling activity and lake Acquasanta)
- Day 5** Expert intervention and reflexions
- Day 6** Cultural visit (5 Terre)
- Day 7** Day Off
- Day 8** Water theme: Creation of a dry stone wall
- Day 9** Visit of the recovery of the Voltri fishermen's area and intervention of Association ZeroZone (DIY and popular initiatives to keep public spaces open)
- Day 10** Intervention on the shoreline coast by Geoscape
- Day 11** Visit to the museum of the sea and aquarium and intervention of a circular economy association
- Day 12** Visit to the Footbridge of Portofino
- Day 13** Intervention by Dr. Angela Negri on the territory development
- Day 14** Group activities- working together to find solutions
- Day 15** Group activities- working together to find solutions and final evaluation



# Learning outcomes



Sense of initiative and entrepreneurship

**Social and civic competences**

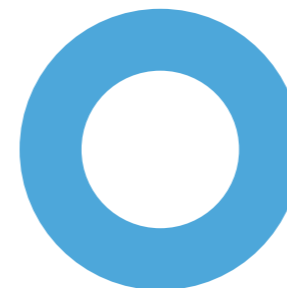


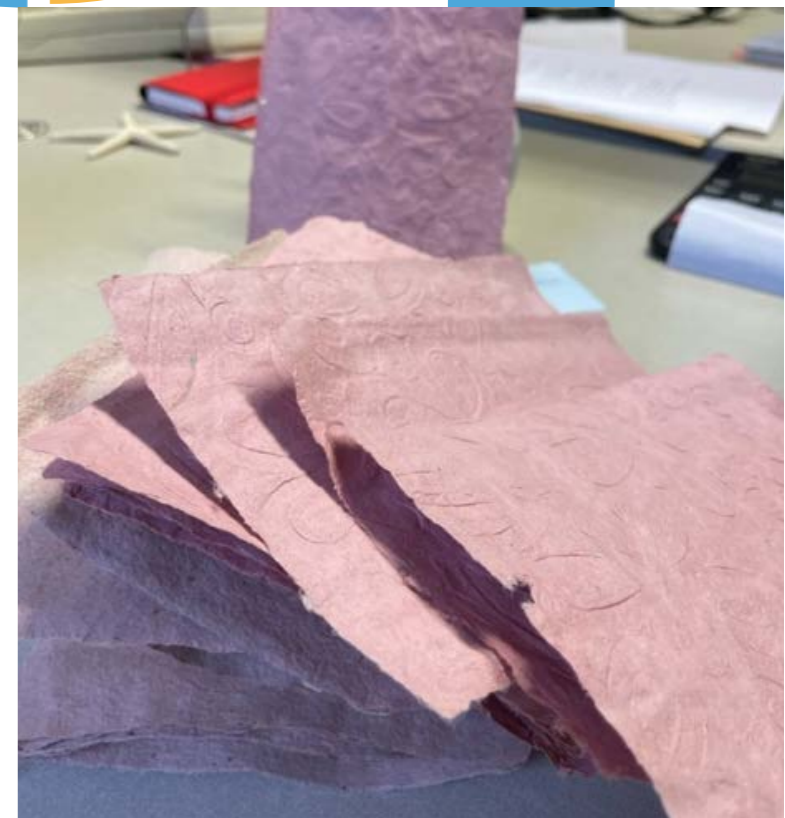
*Technical skills to cure the Region or territory*



**Technical skills**

***Cultural awareness and expression***







## Message in a Bottle

One day I would like to start my own business in the agricultural field like Francesca and Giorgia of the Azienda Agricola Sociale La Tabacca

*Francesca*

The experience of the workshop on hydrogeological disruption was very inspiring, especially the part about using new technologies to deal with this land issue. In fact, the subject of computer science and robotics has always interested me. I believe that as a result of this experience I will resume my studies in the field of computer science and technology, with the hope of increasing my skills and making them available to the community

*Francesco*

I found the workshop very interesting and challenging. There were so many things I didn't know about the topic of hydrogeological disruption, but thanks to the proposed activities I was able to increase my knowledge and skills in a fun way and through visiting very beautiful places in our Region that are often not sufficiently valued.

*Riccardo*



**Title: Mapping touristic sites in Bani-Kenanah: Promoting tourism activities in Villages in Northern Jordan.**

**Venue: Ibrid (Jordan)**

**Date: 14th to 28th october 2021**

**Organisation invitée: JUST - UNIVERSITÉ DE JORDANIE POUR LA SCIENCE ET LA TECHNOLOGIE**

In Jordan, tourism is concentrated on popular sites like the Dead Sea and Petra, while the rich natural and cultural tourism potential of local communities often goes unnoticed. The Bani-Kenanah region, in northern Jordan, faces this challenge, hosting natural reserves, forests, traditional agricultural practices, and numerous sites of historical and cultural interest. Despite this diversity, tourist activities in the region are limited and often overlooked by both local and international visitors.

Mapping tourist sites is a method to support tourism in local communities and raise awareness of the region's significant natural and cultural heritage. The workshop focused on promoting the tourism potential of six villages in the district: Kharja, Saham, Aqraba, Kofr Som, and Quielbeh.

The workshop aimed to:

Raise public awareness of cultural and natural heritage sites in Bani-Kenanah to increase tourism activities

Learn and participate in the process of identifying natural and cultural heritage resources for conservation and development

Enhance the role of local community organizations in promoting cultural and natural heritage sites

Participants visited tourist sites, interacted with the local population on rural tourism challenges, and developed preliminary **action plans** to help rural communities develop their tourism potential.



## Mapping touristic sites in Bani-Kenanah: Promoting tourism activities in Villages in Northern Jordan.

Group of participants



## Workshop program

- Day 1** Welcomings, Introducing RESMYLE team and workshop coordinators, Tour of Umm Qais and socializing activity.
- Day 2** Introducing Bani-Kenanah to participants Presentations: Cultural and natural heritage in Jordan and Bani-Kenanah, Awareness challenges and opportunities, The importance of promoting tourism opportunities for local communities, Presentation: Developing an action plan & visit guide, Brainstorming activities, Work in groups
- Day 3** ECOLOGICAL & HERITAGE TOURISM IN KHARJA VILLAGE, Review of surveying tools to be used in the five villages, Trip to Kharja Village [bus], Presentation with local municipal leaders, Tour in Village [surveying activities]
- Day 4** AGRICULTURAL TOURISM IN BANI-KENAHAH, Debriefing about surveying activities, Trip to Saham and Shu'leh, Tour in Village [surveying activities]
- Day 5** THE OLIVE OIL CHAIN, Debriefing about surveying activities, Trip to Samar o Tour in Village [surveying activities], Visit olive farms and olive oil mill, Group work
- Day 6** Free day [Possible trip to Dead Sea or the Capital City Amman]
- Day 7** GEOPOLITICAL & MEDICAL TOURISM, Debriefing about surveying activities • Trip to Mukhaibeh, Visit hot water springs & Jordan river, Tour in Village [surveying activities]
- Day 8** SCENIC VIEWS IN AQRABA, Debriefing about surveying activities, Tour in AQRABA Village [surveying activities], Group work
- Day 9** Free days, visit Petra
- Day 10** Free days, visit Petra
- Day 11** Group work for developing Visit guide & Maps
- Day 12** Group work for developing Visit guide & Maps
- Day 13** Presentations of results to local community [evening presentations & dinner]
- Day 14** Free day and departures



**Learning outcomes**

*Mapping*

**Data classification**

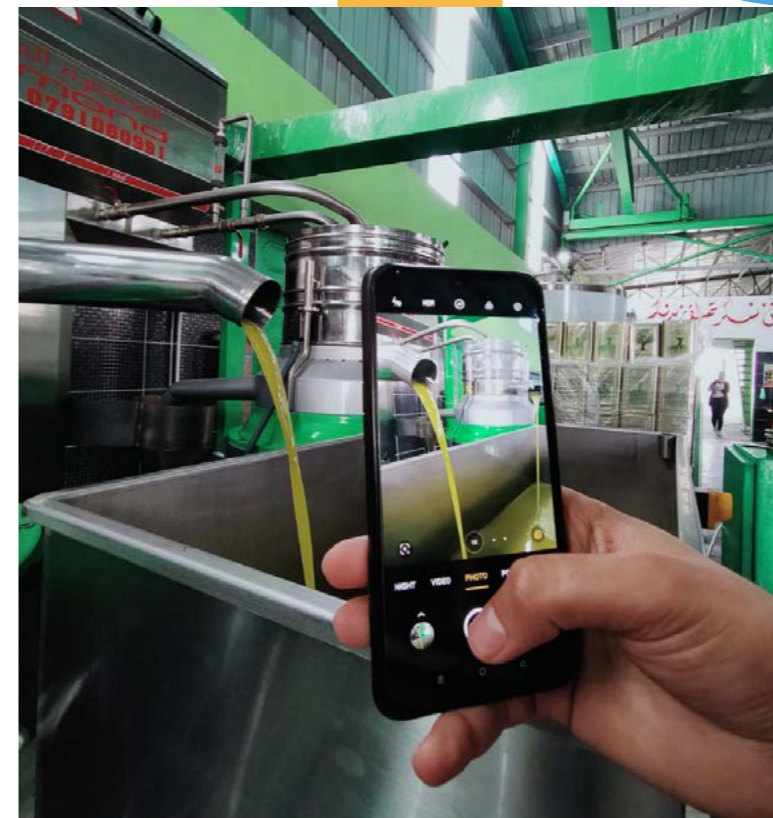
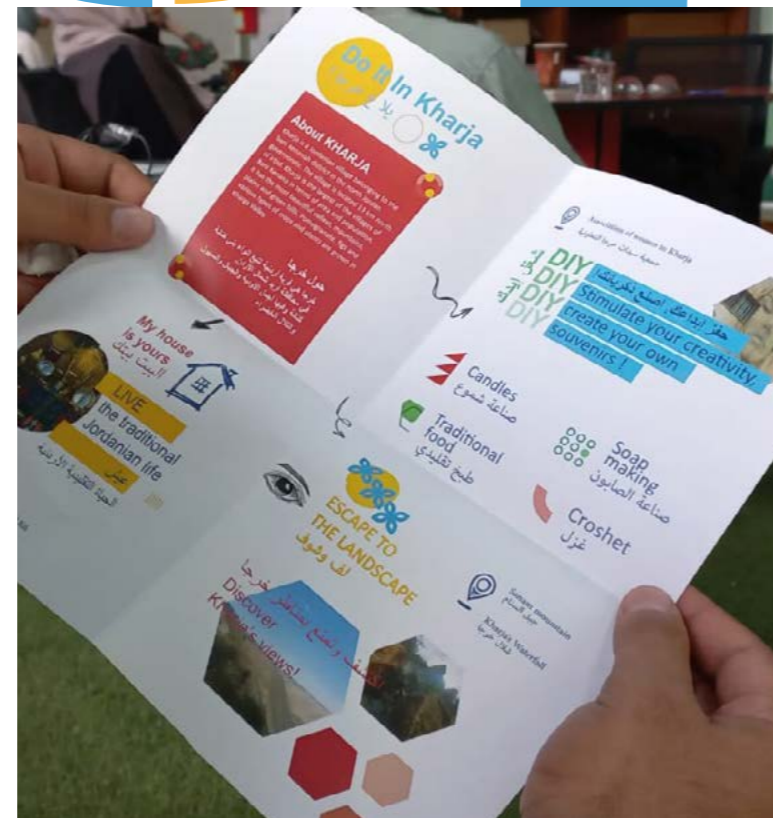
 *Group collaboration, project management*

*Map production and design*

  
**Data collection**

  
Develop promotional material





# Message in a Bottle



We have produced some ideas that we hope will come true

*Esraa*

<https://youtu.be/UHN79aXfgAo>



It was an enriching experience that taught me a lot of new things

*Maha*

<https://youtu.be/q16DjcygskY>



It was an amazing experience that I will remember for the rest of my life

*Mohamad*

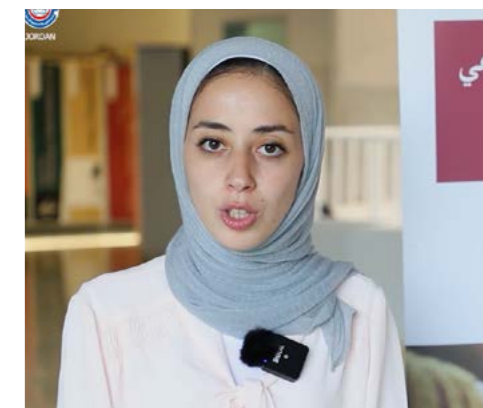
<https://youtu.be/cCfQGEWS-kl>



We had the chance to engage with the local communities to help them address the challenges they face

*Sanaa*

<https://youtu.be/ts03wHmJIIY>



I hope that everyone gets the chance to participate in a RESMYLE workshop

*Sura*

<https://youtu.be/YKVLqIXD4OY>



**Title: Valuing Cultural Identity and Natural Heritage in the Villages of Tyr Caza**

**Venue: Villages of Tyre Caza (Lebanon)**

**Date: 4th to 17th november 2021**

**Hosting organization: ADR - Association for the development of Rural Capacities**

The international training workshop titled “Valuing Cultural Identity and Natural Heritage in the Villages of Tyr and Caza” took place in Tyr, Lebanon, from November 4 to 17, 2021. Twelve young NEETs (individuals aged 18 to 30 without employment, education, or training) from the Mediterranean region participated. Nine participants were Lebanese from different regions, two from Jordan, and one from Tunisia.

The workshop had three phases:

Introduction and training phase, where NEETs were supported by tourism and rural development experts to familiarize themselves with responsible tourism concepts and tools for fieldwork

Fieldwork phase, where participants visited various villages in the Tyr Caza region to identify hidden and recognized places to include in the responsible tourism itinerary

Preparation phase for an itinerary of cultural and natural sites in the Tyr Caza region

“**All around Tyre**” is the itinerary of cultural and natural points of interest produced by the 12 NEETs, helping visitors discover hidden places of cultural, natural, and spiritual interest in the region while providing ecological tips for responsible tourism.



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## Valorization of the Cultural identity and Natural Heritage in villages of Tyre Caza

Group of participants



## Workshop program

- Day 1** Welcome and introduction to the International Workshop (collect expectation, Ice breaking activities, introduction to ADR, resmyle project and the workshop, ADR intervention (Ali Ezzeddine), Union of Tyr Caza municipalities intervention) ; Introduction to tourism: Understand the historical background of tourism, its importance to the valorization of culture and nature, and its economic value ; Introduction to responsible Tourism and Ecotourism: Understand the terminologies of sustainable, responsible and ecotourism, and the organic relation that exists between Ecotourism and protected areas. Understand the impact that tourism has on nature, sites, people and economy ; Heritage Identification Tools: How to identify natural and cultural heritage; how to get the information from the interviewee; how to do the mapping; how to fill the questionnaire (Group Work)
- Day 2** Valorisation of Heritage : Understand how to restore and manage a site (cultural, and natural) and what is missing before promoting it for the visitors. And understand the role of each stakeholder in preparing those site for tourism. (Indoor)  
Field Trip in Tyr: Accompany the trainees on the field to make sure they acquired the skills and usage of the tools on Itinerary identification  
Field Trip output discussion and Field work Tips
- Day 3** TOUR to Jezzine area: field trip to the region of Jezzine, Characteristics the existence of the federation of municipalities and the creation of the DMO Jezzine municipality, Tourism office, Serhal palace, Jezzine water source and Hub, J.Grove, Machmouche monestry and Lunch at « Maison de la foret »
- Day 4** TOUR to Chouf Biosphere Reserve: Characteristics the existence of the Shouf Biosphere reserve ; Visit the Shouf biosphere park, Maaser cedar forest, visit of the terraces, Maaser old mills and blat el Aatiq visits,
- Day 5** Attendance and Group activities  
Photography practical and theoretical session  
Life and soft Skills (Group activities)
- Day 6** Field work: Visit of villages and municipalities  
Group work regarding the collected date during the visit of the morning
- Day 7** "TOUR to Bshaaleh: Characteristics the existence of the community based tourism initiative: Visit the millennium olive trees (preservation of heritage), Visit Mar Mema (check signs and blazing), Visit a bakery (story telling about the influence of Bchaaleh trails on it), Walk inside the village stairs and visit old churches (authenticity of the village) Visit an under restoration of a new Guesthouse (traditional Lebanese house)
- Day 8** Field work : Visit of villages and municipalities  
Group work regarding the collected date during the visit of the morning
- Day 9**
- Day 10** Group work for Itinerary and Mapping of selected location
- Day 11** Final Output preparation
- Day 12** Tourism Product Development (Theoretical part)  
Introduction to Marketing and promotion of packages  
Group work on designing packages (and itineraries) based on the findings
- Day 13** Final Output preparation
- Day 14** Final Presentation of the developed itinerary
- Day 15** Departures



**Learning outcomes** 

**Data Collection**



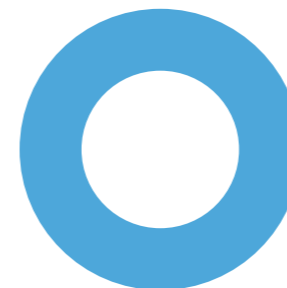
**Identification of  
touristic locations**

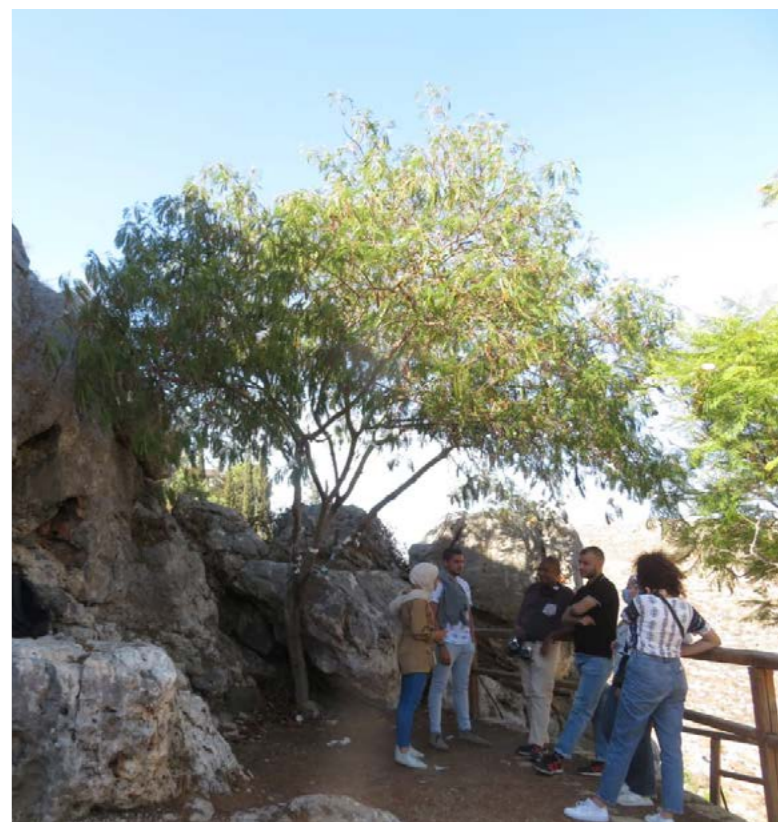
**Group Work**



*Photography*

***Communication skills***







## Message in a Bottle

At Personal Level, the workshop was useful at so many level, I already became another person.

*Zeina Abou Zeid*

The Workshop has shed light on the importance of tourism especially in Tyr.

*Sara Ezzeddine*

I learn to appreciate the details, and seeing tourism from the perspective of experience.

*Maysoun Ismail*



**Title: Design of a discovery tour of the Hammamet International Cultural Centre**

**Venue: Hammamet (Tunisia)**

**Date: 7th to 21st novembre 2021**

**Hosting organization: AERE - Association d'Education Relative à l'Environnement**

The workshop "Designing a Discovery Tour of the International Cultural Center of Hammamet" aligns with the center's goal to connect with its surroundings, establish partnerships with the active local civil society in arts, culture, environment, and youth, and transform the center's park into an Eco-Park open to residents, tourists, and visitors, promoting ecotourism, cultural tourism, and environmental awareness and sustainability. The objective was to respect the spirit and authenticity of the site with its architectural, natural, and heritage specificities.

After visiting the site, young participants met with local experts in landscape, environment, architecture, arts, communication, museography, etc., to further understand the space. Proposed rehabilitation ideas were presented publicly to local community representatives, local associations, the municipality, and technical and financial partners.

The result of this workshop is a **guided tour and the different stations** (buildings and natural spaces) along with proposals for enhancement. Additionally, awareness tools were created to allow visitors to discover or rediscover the various spaces of the site and better understand its natural, cultural, and heritage richness.



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**Design of a discovery tour of the  
Hammamet International Cultural Centre**

Group of participants



**Workshop program**

- Day 1** Meeting experts, transferring knowledge
- Day 2** Meeting experts, transferring knowledge
- Day 3** Meeting experts, transferring knowledge
- Day 4** Field work - Research and documentation
- Day 5** Reflexions and debate
- Day 6** Reflexions and debate
- Day 7** Cultural visit
- Day 8** Results preparation
- Day 9** Results preparation
- Day 10** Results preparation
- Day 11** Results preparation
- Day 12** Preparation of the final conference
- Day 13** Preparation of the final conference
- Day 14** Preparation of the final conference
- Day 15** Presentation of the results



# Learning outcomes



Public speaking

## Team work

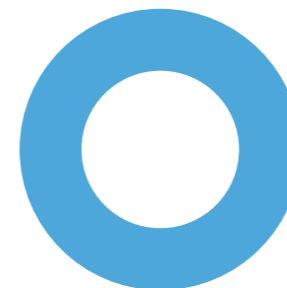


*Planning  
time management*



**Cultural  
exchange**

*Discover new tools, software,  
technologies*







## Message in a Bottle

An excellent opportunity to work in a multicultural environment, to improve my French and to give an artistic meaning to the productions made.

*Sanà Khasawneh*

I learned to communicate better and manage stress.

*Olfa Sayari*

A very rich intercultural exchange and acquisitions in time management, initiative taking and team support.

*Melek Salah*

Working in an international group brings out innovative ideas and helps manage pressure and stress.

*Khadija Atoui*

A learning opportunity with different people and different perspectives which is very useful for networking and maturing my view of life.

*Asma Jedidi*



**Title: The Former Water Route**  
**Venue: Malemort du Comtat (France)**  
**Date: 14th novembre to 28th novembre 202**  
**Hosting organization: OPUS**

The workshop is located in the municipality of Malemort-du-Comtat, in the Vaucluse department in France. The group focused on the local water heritage to address the question of how to restore hydraulic heritage for the use of residents in a context prone to frequent droughts. The group started by exploring local geography and geology through artistic expression activities.

Numerous field visits were conducted to discover different techniques for water collection, transport, and storage traditionally used, as well as waterless construction techniques like dry stone.

Finally, participants were involved in the restoration and topographic survey of two irrigation reservoirs and their rainwater collection system. The group created an **explanatory panel project** on water wells and educational projects.

A public presentation of the workshop took place in the presence of local authorities and village residents.



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## The Former Water Route

Group of participants



## Workshop program

- Day 1** Field visit Mont Gardy - Discovery of the territory and understand the landscape
- Day 2** Field visit Blauvac - Discover the traditional way to capture and distribute water
- Day 3** Building activities Restauration of an old cistern using traditional methods
- Day 4** Building activities
- Day 5** Building activities
- Day 6** Field visit Cabrières d'Avignon
- Day 7** Day Off - Isles sur la Sorgue
- Day 8** Field visit Gordes
- Day 9** Field visit Lagnes Canal
- Day 10** Field visit Fontaine de Vaucluse
- Day 11** Presentation to local authorities
- Day 12** Social activities
- Day 13** Departure



# Learning outcomes

Know how to restore a dry stone structure

**Know how to work in a team on the creation of a document**

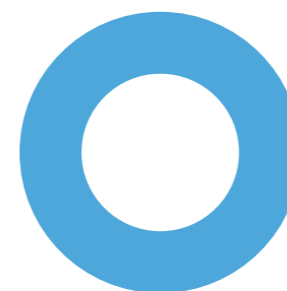


*Know the different means used locally to circulate and store water*



**Know how to work in a team on a construction site**

***Know how to develop a didactic document***









## Message in a Bottle

Thank you very much for this great experience. It was a very enriching workshop especially for me as a future architect. I enjoyed the workshop on a personal and professional level. I treated the workshop experience as a continuity for my professional internship at the National School of Architecture and Urbanism in Tunis.

Thanks to this great experience, I was able to enrich my resume to get a scholarship at the University of Sassari in Italy, Department of Architecture, Design and Urbanism. Therefore, I am pleased to announce that I have started my degree of Laurea Magistrale: Pianificazione e politiche per la città, l'ambiente e il paesaggio at Università degli Studi di Sassari nel Dipartimento di Architettura, Design e Urbanistica ad Alghero.

Finally, I thank you again and see you soon for another experience.

*Walid Ben Azaza*

I developed my skills at the site level, because for me an architect must "feel the material and know the work before directing masons".

*Seifeddine Ben Amor*

The workshop raised to me awareness about all the water issues and helped me discover new cultures and personalities thanks to all the participants.

*Zoé Chabry*



**Title: Conservation of a natural wetland sensitive to pollution (RAMSAR site and IBA Sebkhet Soliman)**

**Venue: Soliman Lagoon (Tunisia)**

**Date: 7th to 22nd february 2022**

**Hosting organization: ISSTE - INSTITUT SUPÉRIEUR DES SCIENCES ET TECHNOLOGIES DE L'ENVIRONNEMENT**

The Sebkhet Soliman lagoon consists of sandy expanses and dunes. Besides being a nesting place for bird populations, it serves as a refuge for species whose original habitats have disappeared. It is one of the few places in the region that retains water throughout the summer, holding national and international importance as a significant habitat for water birds. Designated as a RAMSAR site (International Treaty on Wetlands) since 2007 and a ZICO (Important Bird and Biodiversity Area) since 2008, the Soliman lagoon faces considerable economic and environmental pressures.

The workshop aimed to raise awareness among young people about nature preservation, specifically focusing on the Sebkhet Soliman site. Experts presented information about the lagoon, its characteristics, and the participants visited the site. The workshop included the creation of awareness panels and highlighted the significance of the Alfa plant in local ecology, promoting its utilization for crafts such as baskets. Additionally, a paper recycling workshop was conducted.

Participants acquired essential skills in conservation techniques, sustainable management, valorization, and maintenance of a sensitive and protected natural environment. They also developed skills in creating solutions and tools for mediation with stakeholders, along with communication, teamwork, and co-construction skills.



## Conservation of a natural wetland sensitive to pollution (RAMSAR site and IBA Sebkhet Soliman)

Group of participants



## Workshop program

- Day 1** Welcoming of participants, Visit of Sebkhet Soliman
- Day 2** Brainstorming : environment and Sebkhet (the laguna) - Theoretical presentation: video on the laguna and migratory birds
- Day 3** Preparation of a leaflet in three languages on the importance of Sabkhet Soliman and migratory birds.
- Day 4** Brainstorming, Initiation on the importance of paper from a natural resource "Halfa plant": the need to preserve this plant and encourage paper recycling.
- Day 5** Collecting the paper - Soaking the collected paper in water  
Preparing the base - Preparing the layers of paper and using them to cover the base,
- Day 6** Finalising the educational base by colouring and decorating
- Day 7** Day off
- Day 8** Visit to Sabkhet Solimon to see the halophilous plants and particularly the rush in its natural environment and collect a few plants - Brainstorming on the importance of this plant
- Day 9** Preparation of the raw material by treating and dyeing the rush
- Day 10** Cultural visit of Nabeul and Hammamet
- Day 11** Initiation and learning to weave baskets with the rush
- Day 12** Initiation and learning to weave baskets with the rush
- Day 13** Presentation of the prototypes produced during the workshop - Discussion
- Day 14** Closing ceremony



# Learning outcomes



Identification of natural habitats

Communication and community life



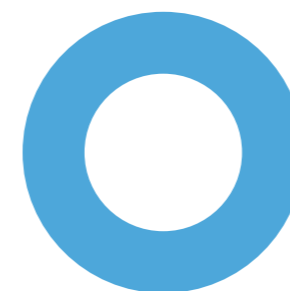
Management of a RAMSAR and IBA area

Fluidity of natural species in the field

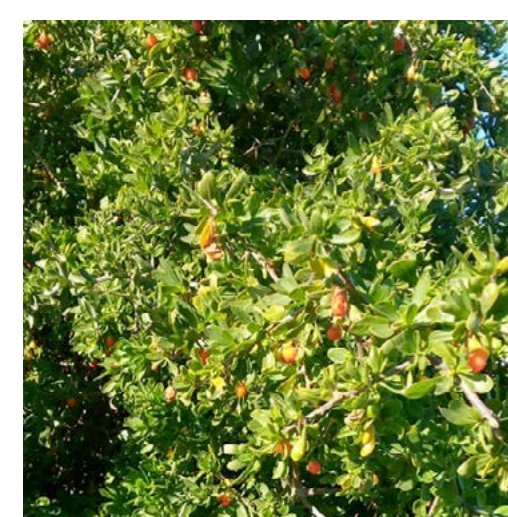
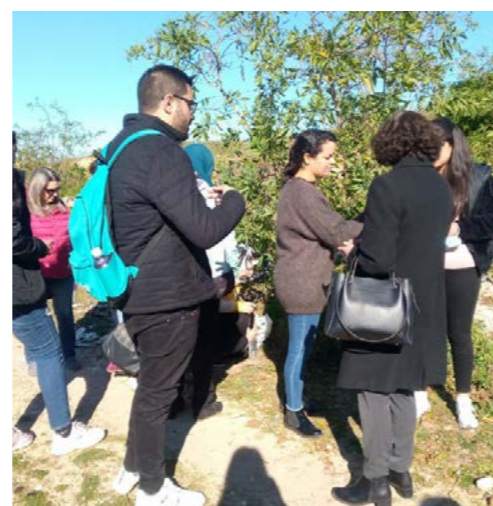


Identification of pressures and factors of environmental degradation

*Identification of environmental management and maintenance measures*



*Recognition of natural species in the field*





# Message in a Bottle

I developed the communication skills. Work with group

*Sarra Naimi*

Communication skills with other nationality persons « participants »

Realization of concret tasks.

*Manel Hammed*

Discuss differents opinions and project proposal. talking about solutions to preserve wetland from pollution. I have enriched my knowledge about wetland and recycling

*Manel Ben Rejeb*

Public speaking. Improve my knowledge about wetland. Field action training

*Eya Sassi*

Communication skills. Presentation and public speaking skills. Reports preparation.

Strenthgening communication with civil society organizations

*Hamza Mansi*

Work with group Communication with international participants. Knowledge about sustainable developement. Find solution of problems

*Hajri Nouha*

Communication skills. Ppublic speaking

*Belloumi Souhaila*

Much knowledege about botanic and water treatment. Public speaking communication

*Gharbi Abederrahman*

I have developped within this workshop of working in group. i have developed my soft skills. brainstorming discovery and census of migratory birds plant ways of recycling used materials

*Farah Malkawi*

Strengthening my connection with civil, political, economic and social protection

better team management

*Salah Turkmen*



**Title: Exploring Ecology in Kfarsir and surrounding villages**

**Venue: Kfarsir (Lebanon)**

**Date: 12nd to 25th march 2022**

**Hosting organization: ADR - Association for the development of Rural Capacities**

The international workshop “Biodiversity Exploration in Kfarsir and Surrounding Villages” took place in Kfarsir, Lebanon, from March 12 to 25, 2022. Twelve young NEETs from the Mediterranean region participated. All participants belonged to the NEET category (individuals aged 18 to 30 without employment, education, or training), with 8 participants from different regions of Lebanon and 4 from Jordan.

The workshop comprised three phases:

- An introductory and training phase where NEETs received support from environmental and ethnobotanical experts and were informed about tools for fieldwork.
- A fieldwork phase where participants collected plants along the Litani River, one of Lebanon's main water sources, and gathered information on how local residents used these plants.
- The final phase involved preparing a brochure on the correct use of plants by local residents and organizing an awareness day for students from public schools in Kfarsir and surrounding villages.

“**Biodiversity in Kfarsir and Surrounding Villages**” is a brochure produced by the 12 NEETs at the end of the practical field training workshop, providing information on ethnobotany and various plant species recognized during fieldwork and how they are used by residents.



## Exploring Ecology in Kfarsir and surrounding villages

Group of participants



## Workshop program

- Day 1** Welcome and introduction to the International Workshop (collect expectation, Ice breaking activities, Introduction to ADR, RESMYLE project and the Workshop, ADR intervention (Ali Ezzeddine), Nokta Fasle Association intervention) - Session 1: Introduction about biodiversity and Ecosystems in Lebanon - Session 2: A plant is a tool for thread identification - Session 3: Useful Plants
- Day 2** Session 1: How to get a sample and preserve it in a herbarium? Session 2: How to collect data about useful plants Session 3: How to fill the data
- Day 3** Field Work: Visit to Litani River in order to collect sample of Plants Group activities about SDG
- Day 4** Field Work: Visit to Litani River in order to collect sample of Plants Life Skills: Communication Skills
- Day 5** Field work : Visit of villages to fill questionnaire about the pressure on ecology with local community Life Skills: Conflict Management
- Day 6** Session 1: How to Analyze the data of Plant collected and Questionnaire - Group work for Data Analysis
- Day 7** Group work for Data Analysis
- Day 8** Visit Shouf Biosphere Reserve
- Day 9** Visit of the Ehden reserve house Short hike in the reserve (equip yourself with waterproof boots)
- Day 10** Final Presentation of the Data Collection Results -Introduction to RESMYLE web inventory consisting of Collection of activities to be set up with/by young people to raise their awareness of sustainable development, these resources can be used during the awareness days (Last 2 days of Workshop) -Try some of the Portal Activities
- Day 11** Group Work: finalize the Presentation
- Day 12** Brainstorming on the different component (tools and activities) of the awareness days in the Schools Development of A detailed Schedule for the First and Second Awareness Day and description of needed Material Group Work: Preparation of the 1 Awareness Day (trying the different proposed activities to be done with students) "Daily evaluation, Feedback/interaction on the Day Development of A detailed Schedule for the First and Second Awareness Day and description of needed Material"
- Day 13** Awareness Day with Student of Kfarsir Schools regarding the Ecology and to disseminate the results of participants work In addition to a number of educational activities related to SDG Visit to Al Chakif Castle in Nabatieh
- Day 14** Awareness Day with Student of Sir El Gharbieh Schools regarding the Ecology and to disseminate the results of participants work In addition to a number of educational activities related to SDG Final Evaluation
- Day 15** Departures





## Learning outcomes

Taking samples of plants and prepare herbarium

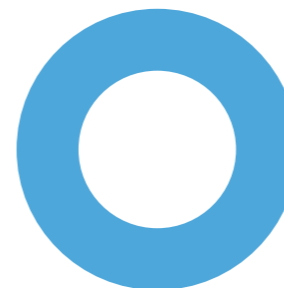
Group work

Prepare educational environmental activities

*Conflict management*

Collecting data on ethnobotany from locals

*Communication skills*







## Message in a Bottle

It was a good experience for my future career and how I can lead myself, an individual and a group, how I can communicate with others specially with people from another culture.

*Anwar Yassine*

I made progress in the concepts of conflict management and communication skills and how a message is delivered not only by words, but also by the sound, the tone, the body language, and people's background and culture.

*Fatima Hayek*

This workshop proposes a great opportunity to brainstorm the ECO system challenges in the area. It is one of my personal goals to conserve the environment and contribute to opposing the climate challenges and sustain the natural life.

*Hamza Mansi*

The participation in the workshop made me more responsible and stronger and it opened new ways of thinking for me.

*Heba EL Fuqha*

I am willing to initiate a project in Saida where I live now that is related to the environment, hence the participation in this workshop backed up my background information about the plants.

*Riham Sees*



**Title:** TERRA: the Future as a Cultural Horizon  
**Lieu:** Collina San Laise – Bagnoli (Naples, Italy)  
**Date:** 6th to 19th June 2022  
**Hosting organization:** Autism Aid onlus

The workshop aimed to cultivate a new awareness regarding the cultural and environmental sectors of the economy, involving local youth in developing and administering social and community platforms that prioritize exchange over profit. The focus was on learning from regional traditions to revolutionize the approach to cultural heritage, making it more inclusive, ethical, and sustainable. The results of the workshop included stronger community bonds in Bagnoli, achieved through dialogue among groups historically active in the area's revitalization.

This collaboration led to an analysis of the area's past and present situation, considering the context of the Mezzogiorno and the Mediterranean, and the formulation of action plans for the future. The field study's results serve as an analysis of strengths and weaknesses for young people to build their redevelopment and development projects through ethical and sustainable cultural activities.

During the workshop, participants engaged in cultural and artistic activities to connect with the local population and reignite the project. Watch the concluding **film** of the initiative!



**TERRA:**  
**the Future as a Cultural Horizon**  
Group of participants



**Workshop program**

- Day 1** Press Conference of launching, get to know each other
- Day 2** Discussions about sustainability and job opportunities in social and cultural fields, redevelopment of spaces confiscated before, ethical code
- Day 3** Meeting experts on environmental redevelopment and sustainable mobility and on what factory means for the territory and inhabitants, artistic performance
- Day 4** Experts with exchanges on mediterranean cultures, drum workshop
- Day 5** Social theater workshop : group activity, feeling the others and connecting through movements, capoeira workshop and the tradition transposes through migration and survival of a culture
- Day 6** Day off - Cultural visits
- Day 7** Day off - Cultural visits
- Day 8** Experts with exchanges on interreligious dialogue, traditional literature, poetry, preservation of a culture (tibetan), philosophy of yoga applied to environmental and social sustainability
- Day 9** Expert with exchanges on agriculture practises with respect for nature and people, the origin of the water you drink, the air we breathe
- Day 10** Expert with exchanges on Political and cultural mediation, inclusivity of the academic world and necessity of solidarity
- Day 11** Sustainable entrepreneurship - experts on the importance of scientific research, medicine from sea slugs, converting water into hydrogen as sustainable production of energy, concepts of environmental education and circular economy for an ecocentrism, sustainable fast casual Mediterranean food, self-employment projects, How do we live by making culture and sustainability our jobs?
- Day 12** Creation workshop: music, danse, performances, dream, laugh...
- Day 13** Is there a sustainable tourism - dangers of unsustainable tourism, safeguarding local communities, tools to prevent cultural extinction
- Day 14** Last day - visit, yoga practise and indian classical music.
- Day 15** Departures



**Learning outcomes**

Foreign language  
english

**Critical thinking**



Project planning

*Communication*

***Project  
management***



*Universal ethic*

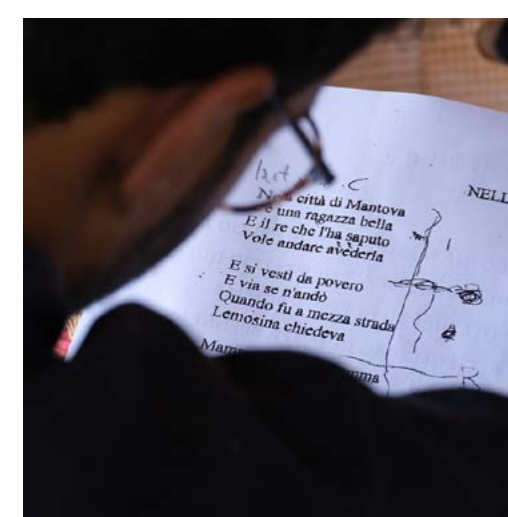
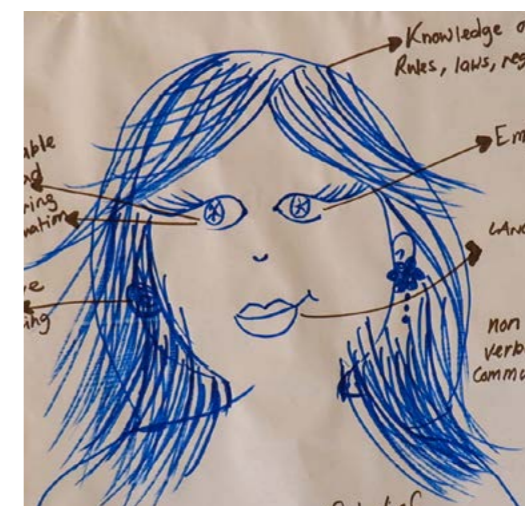
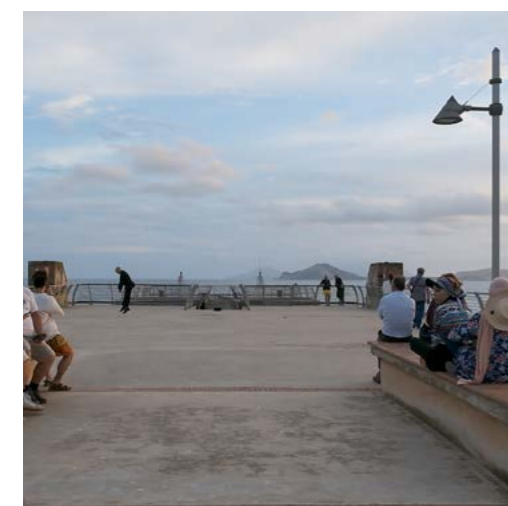
**Interculture**

***Creative direction***



*Cultural  
entrepreneurship*







# Message in a Bottle

The experiences are always interesting and useful especially if let you talk with other people in English.

*Anna Laudicino*

Now we could have a better responsibility towards environment.

*Brenda Pozzi*

Good experience and good feelings!

*Elena Magno*

I would recommend this workshop because it is an experience that my peers should be part of and learn a lot from it.

*Fadoua Ouachani*

I finally discovered a different and green place in my city.

*Francesco Tropeano*

This world (so different and beautiful) is ours and we must protect it.

*Giuliana Laudicino*

I feel very grateful for the chance I had.

*Maria Ferraro*

I'm satisfied with this workshop. I think at this point I will leave a part of me in Napoli.

*Mawaheb Mehdaoui*

The workshop helped me learn about the sustainable practices that are being applied in other parts of the Mediterranean.

*Skander Ben Ahmed*

The food does not deserve 5 as score, but 10!

*Veronica Tartaglia*

Thanks to the workshop I feel better relational awareness towards different cultures..

*Vincenzo Barbato*

The profile of the trainers is very good and most of them are inspiring.

*Youssef Bayouli*





**Title: Design Food Experience in Northern Jordan.**

**Venue: Ibrid (Jordan)**

**Date: 11st to 24th june 2022**

**Hosting organization: JUST**

Recently, gastronomic and wine tourism has emerged as a significant segment of the tourism industry. A growing number of tourists choose destinations based on their desire to participate in a local culinary experience. Culinary tourism is an interactive cultural practice that offers tourists an extraordinary experience of how local foods are prepared, served, and consumed. Consequently, many countries have started incorporating local foods into tourism marketing strategies to enhance the competitiveness of tourist destinations. Local food is considered a symbol of traditional cultural heritage. Integrating local food as an attraction when designing the tourist experience can strengthen the connection with the location, **create a diverse tourist experience**, and contribute to the local economy, enhancing the sustainability competitiveness of destinations.

The workshop focused on promoting different local gastronomic initiatives in various locations in Jordan. The workshop aimed to:

- Raise awareness of the importance of food to enhance the tourist experience.
- Learn to participate in the process of developing tourism marketing strategies to strengthen competitiveness among different tourist destinations.



## Design Food Experience in Northern Jordan Group of participants



## Workshop program

- Day 1** Welcom dinner: Team and participant introductions. Coffee and discussion of expectations
- Day 2** Project inroducion and lectures at JUST: Arrive to Umm Qais. Presentations & Discussions: Overview of RESMYLE. Workshop objectives .The Culture of Food in Jordan (Lecture). Economic Development through Food Truism (Lecture). Success Stories of Local Food Business
- Day 3** Lectures and Traning: Arrive to Umm Qais. The Different Trends, Challenges, and Scenarios in the Hospitality and Tourism Industries Lecture. The Framework of Hospitality Businesses, from Operational to Managerial Perspectives Lecture
- Day 4** Lectures and Traning: Arrive to Umm Qais. Leadership Lecture. Business Plan Development Lecture. Group Exercise & Discussion
- Day 5** Trip in Irbid: Visit local food business in Irbid. Tour in Irbid Downtown
- Day 6** Trip to Amman Citadel Hill
- Day 7** FREE DAY
- Day 8** Trip to Umm Qais: Arrive to Umm Qais. Visit local food business in Umm Qais (Qalsoum Kitchen). Visit to the historical site
- Day 9** Trip to Umm Qais: Arrive to Umm Qais. Visit local food business in Umm Qais (Leen Kitchen). Visit to the historical site
- Day 10** Trip to Ajlun: Arrive to Ajloun. Visit local food business in Ajloun (Umm Ahmad Kitchen). Visit to the historical site
- Day 11** Working Day Buseniss Plan Development: Arrive to Umm Qais. Group work / Developing a plan for food business
- Day 12** Working Day/ Marketing Strategies Design : Arrive to Umm Qais. Integrating Local Food experience in promoting Truistic Sites Lecture. Marketing Strategies Lecture. Group work (Developing marketing strategies for one local food business)
- Day 13** Final Presentations and Closing Cermony: Arrive to Umm Qais. Presentations



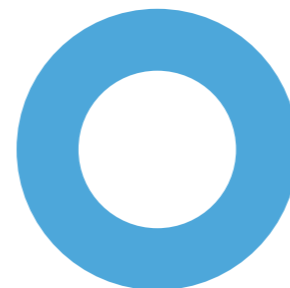
**Learning  
outcomes**

*Documentation  
skills*



**Observation  
skills**

**Business  
development  
skills**



*Marketing  
skills*





# Message in a Bottle



I enjoyed experiencing environmental and heritage tourism in the area

Ahmad

<https://youtu.be/Ehg5nkkWzkl>



I learned how to develop a plan to start my own food business in the future

Almoutasim

[https://youtu.be/\\_GjfCwtyp3g](https://youtu.be/_GjfCwtyp3g)



I encourage all the young leaders... to apply for such workshop... Because we need change makerse for a better future

Lilia

<https://youtu.be/zUrp9GCZr6g>



From the lecture and training, i am encouraged to work on my business idea

Sarrah

<https://youtu.be/OvM1A0L6TsE>



**Title: Accessibility Assessment of Public Spaces In Jordan**

**Lieu: Irbid (Jordan)**

**Date: 23th july to 5th august 2022**

**Hosting organization: Jordan University of Science and Technology in partnership with JUST-ABLE.**

The Jordan University of Science and Technology is one of Jordan's largest universities and the country's first university, located in northern Jordan in Irbid. The RESMYLE and JUST-Able team, consisting of professors and members from the school of architecture and design, the faculty of applied medical sciences, and the innovation center, aimed to address the limited participation of people with disabilities and their families in society due to the lack of accessibility in public buildings, clinics, restaurants, stores, sports facilities, parks, and events. The workshop focused on creating awareness and knowledge about accessibility, advocating for the evaluation of accessibility, and introducing the right tools for assessment. Establishing a database of accessible places enabled people with disabilities and their families to identify accessible locations and increase their social participation.

The workshop aimed to:

- Provide general knowledge about disability and accessibility, formulating meaningful experiences for people with disabilities (PWD).
- Promote awareness of the rights of PWD and the obstacles they face in Jordan.
- Understand disability education and create an inclusive environment for PWD.
- Develop participants' capacity to assess the **accessibility of built environments** (indoor/outdoor).
- Promote the inclusion of as many individuals as possible in the environment.
- Strengthen evidence-based knowledge.



In partnership with



## Accessibility Assessment of Public Spaces In Jordan

Group of participants



## Workshop program

- Day 1** Welcom dinner: Team and participant introductions. Coffee and discussion of expectations  
Project inroducion and lectures at JUST: Introduction of JUST-Able and RESMYLE.
- Day 2** Workshop objectives. Formation of groups and brain storming activity (define disability).  
Introduction of disability. Brain storming activity (What is environmental accessibility).  
Environmental Accessibility. Activity (Speak about your experience with environmental  
accessibility). Rights of Peoples with disabilities in Jordan. Disability etiquettes (Disability  
experience story / We welcome Persons with Disabilities (PwD) in this workshop.)
- Day 3** Lectures and Traning: Revision and Day objectives. Energizing activity. Brain storming  
activity (Think about main elements when designing for accessibility). Introduction to  
Accessibility Assessment Checklist. First accessibility priority. Second accessibility  
priority.
- Day 4** First and second priority assessment / JUST central library zone - educational institution  
accessibility: Assessment of first and second priority in groups. Gathering and discussion  
on findings. Discussion of solutions.
- Day 5** Lectures and Traning at Matar Cafe: Revision and Day objectives. Energizing activity.  
Cont. Second priority in checklist. Third priority in checklist. Group Exercise (Assessment  
of accessibility in restrooms)
- Day 6** Lectures and Traning at Matar Cafe: Revision and Day objectives. Energizing activity.  
Use of application lecture. Report writing lecture. Group Exercise. Guest speaker (Tuqa  
Masaadeh)
- Day 7** FREE DAY
- Day 8** Trip to Amman / Amman Citadel Hill – Tourist place accessibility: Visit Amman Citadel  
Hill. Tour in the downtown
- Day 9** Second and third priority Assessment / JUST central library zone – Educational  
institution accessibility: Assessment of second and third priority in groups. Gathering  
and discussion on findings. Discussion of solutions.
- Day 10** Trip to The Royal Academy for Natural Conservation / Touristic place accessibility:  
Arrive at the Royal Academy for natural conservation. Assessment of touristic place  
accessibility
- Day 11** Trip to Jerash - Touristic place accessibility: Arrive at the Jerash Archaeological Site.  
Assessment of touristic place accessibility
- Day 12** Trip to Irbid/ University Street Accessibility- Commercial places accessibility: Visit public  
places in the university street. Tour in university street (Taking pictures of Accessible  
elements)
- Day 13** Final Product Presentations: Preparation & Daily evaluation &Testimony videos
- Day 14** Closing meeting and cermony: Workshop reflections/Goodbye Dinner
- Day 15** Departures



**Learning outcomes**

*Observation skills*

**Raising awareness**

*Accessibility*



*Assessment and evaluation*

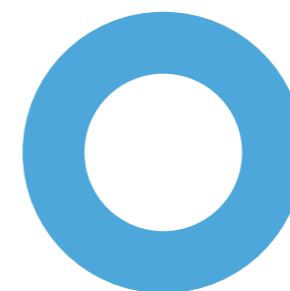
*Problem solving*

***Teamwork***



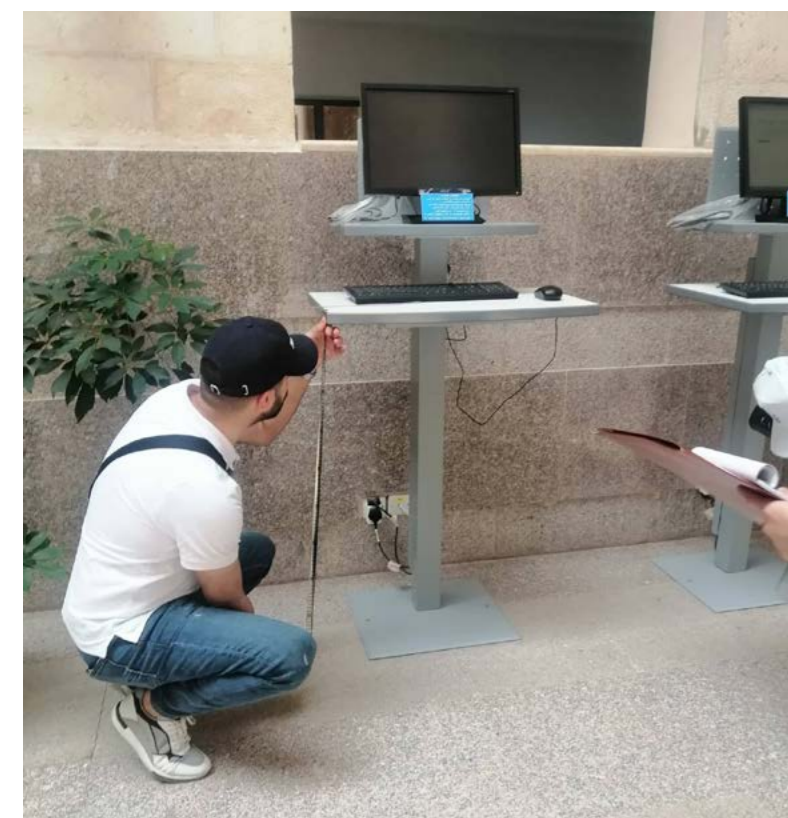
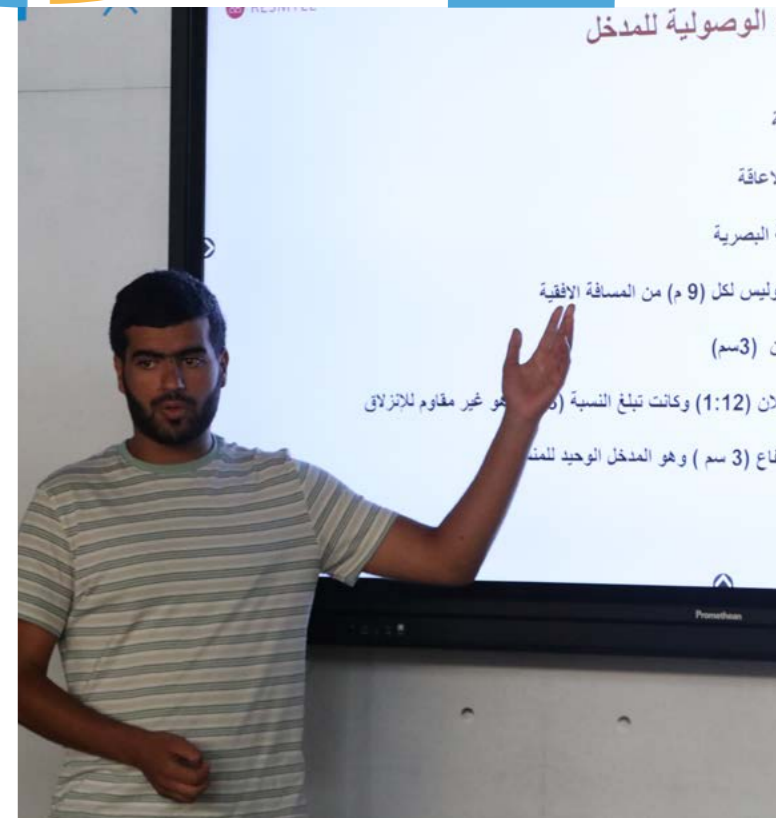
**Data collection and classification**

***Time management***



**Communication skill with people with disability**







## Message in a Bottle



I benefited a lot from this RESMYLE workshop

*Eya*

<https://youtu.be/cHWopJwQmCg>



The benefit of this workshop was that we used different standards and checklists for the assessment as the ADA accessibility guidelines

*Mohammad M.*

<https://www.youtube.com/watch?v=3SLOZ7Uh4Ps>



I learned a lot about designing buildings to make them more accessible

*Noor*

<https://youtu.be/lBgBxpCG2e8>



I learnt how to ensure accessibility for people with disabilities

*Mohammad S.*

<https://youtu.be/Tr-ugVsQIF8>



**Title: Creating a cultural and touristic circuit in the Medina of Hammamet**

**Venue: Hammamet (Tunisia)**

**Date: 22nd February to 8th March 2023**

**Hosting organization: AERE - Association d'Education Relative à l'Environnement**

The third workshop organized by the Association for Environmental Education (AERE) in Hammamet brought together 11 participants from different nationalities, including France, Lebanon, Jordan, and Tunisia: Jawaher, Manel, Tuleen, Abdallah, Mahmoud, Sofiene, Emna, Khaled, Mourad, Sarah. Additionally, two volunteers, Alia and Alexandra, contributed to the success of this workshop.

The main objective of this workshop was to contribute to the promotion of cultural tourism in the city of Hammamet. This goal was achieved by facilitating the exploration and understanding of the material and immaterial heritage of the Medina of Hammamet. It also involved raising awareness among local residents about the opportunities and obstacles related to heritage tourism in the region and providing practical resources for the effective promotion of the Medina of Hammamet's heritage to tourists.

The workshop unfolded in three main phases:

- The first phase was the immersion phase, allowing participants to immerse themselves in the city's context, meet residents and experts, clarify workshop goals and expected outcomes, and understand the working method and tools for achieving the desired results.
- The second phase (fieldwork) involved site visits and hands-on activities, broadening participants' perspectives to explore the local site, customs, and culture.
- The final phase was the training and preparation phase for the presentation. This phase focused on producing final results, including creating a **map** highlighting identified circuits, developing a brochure in Arabic, French, and English to present the heritage of the Medina, and producing a video of the proposed visit to the Medina. Additionally, it included conducting a selective inventory of the material and immaterial heritage of the Medina of Hammamet through data collection, documentation, field surveys, and creating inventory sheets. The phase also covered the preparation of heritage-related communication materials such as photos, videos, QR codes, information panels, signage, and maps.



In partnership with



and



## Creating a cultural and touristic circuit in the Medina of Hammamet

Group of participants



## Workshop program

- Day 1** Meeting experts, transferring knowledge
- Day 2** Meeting experts, transferring knowledge
- Day 3** Meeting experts, transferring knowledge
- Day 4** Field work - Site visits
- Day 5** Field work - Site visits
- Day 6** Day Off
- Day 7** Cultural visit
- Day 8** Results preparation
- Day 9** Results preparation
- Day 10** Results preparation
- Day 11** Results preparation
- Day 12** Preparation of the final conference
- Day 13** Preparation of the final conference
- Day 14** Preparation of the final conference
- Day 15** Presentation of the results



**Learning  
outcomes**

*Group work*

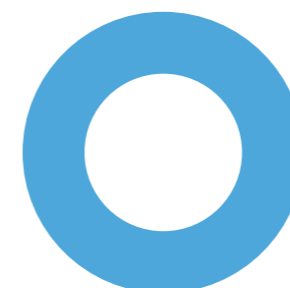


**Communication  
skills**

*Critical thinking*



*Photography*



**Problem  
solving and  
organization**





## Message in a Bottle

I really enjoy spending time with everyone. We had fun anche learn things togheter. The group spirit is very nice. Working as a team is encouraging.

It's nice to meet and work in the workshop all togheter

Hammamet is really beautiful and it's lovely to be here.

Even if we are always tired it's fun to all be tired.

Love the workshop.

The hours are a bit tiring with all the working. The people are extremely nice.  
The office it's really comfortable.

I love Hammamet!

Amazing! Great!

Everything is perfect and the workshop is going as planned.

Very well. Good!

We want to sleep!



**Title: Waste Warriors in Qana Village: Creating Waste Management Game**

**Venue: Qana (Lebanon)**

**Date: 28th February to 13th March 2023**

**Hosting organization: ADR - Association for the development of Rural Capacities**

Between February 28 and March 13, 2023, the practical field training workshop “Waste Fighters in the Village of Qana: Creating Waste Management Games” took place in Qana, Lebanon. Twelve young NEETs from the Mediterranean participated, including 8 from Lebanon, 3 from Jordan, and 1 from Tunisia.

The workshop had three phases:

- The introductory and educational phase involved NEETs working with waste management experts and being introduced to board games.
- The fieldwork phase saw participants enjoy collecting information on creating board games, defining their game ideas, and different gaming mechanisms.
- The final phase involved designing the board game “QATANA” and its rules.

“QATANA” is a board game produced by the 12 NEETs at the end of the practical field training workshop. In this game, players can explain how to sort waste, understand the effects of waste on the environment, identify the best waste management solutions, and acquire negotiation and teamwork skills while having fun with friends and family.





## Exploring Ecology in Kfarsir and surrounding villages

Group of participants



## Workshop program

- Day 1** Welcome and introduction to the International Workshop, collect expectation, Ice breaking activities, Introduction to ADR, RESMYLE project and the Workshop, ADR intervention (Ali Ezzeddine)  
Session 1: Introduction about Waste Management  
Session 2: Organic materials management  
Session 3: Backyard Composting
- Day 2** Meeting with Qana Municipality President regarding waste management in the Village  
Types of Board Games  
Experience a Board Game on SDG: Go Goals
- Day 3** Session 1: Sampling and Waste Categorization  
Session 2: Less to throw more to saw  
Session 3: Awareness Campaign
- Day 4** Modern Board Games : Training | Team Building  
Board Game and Environment  
Visit attractions in Qana identified in WSLEB1  
The steps of creation board games and Discussion of the proposed game idea
- Day 5** Development of 120 questions related to Waste Management to be the base of your game Group Work  
Session 2: brainstorm how you want your board game to look and set the instructions and Rules on how your game will be played (Games Mechanics) Group Work
- Day 6** Trip to Jezzine
- Day 7** Session 1: Brain storming on the board idea and game design  
Session 2: Introduction to Recycle Drop Game and start the board Game Design
- Day 8** Trip to Shouf Biosphere Reserve
- Day 9** Preparation of the Recycle Drop Game Material  
Follow up on the Board Game Design
- Day 10** Trying the Board Game and finalizing the rules and mechanics  
Visit Saida/Beirut /Tyr archeological site
- Day 11** Communication Skills  
Decision Making and Time Management  
Cheqif Casle in Nabatieh
- Day 12** Presentation of the Board Game and Trial  
Power Point presentation for Introduction
- Day 13** Finalize the awareness day Schedule  
Final Try of the Board Game  
Final evaluation
- Day 14** Awareness Day with Student of Qana Public School: Presentation of the Games and enjoy the game with the student ( Recycle Drop Game and Board Game)





**Learning  
outcomes**

***Group work***

**Communication  
skills**

***Conflict management***

***Waste  
sample and  
categorization***

**Creation of  
Board Game  
(idea, design,  
mechanics)**



## Message in a Bottle

After attending the workshop on waste management, I feel much more comfortable and confident in my ability to make a positive impact in this area. The workshop provided me with valuable knowledge and skills, such as waste reduction strategies, recycling techniques, and composting skills.

*Ahmad Rammal*

I have a clear view now of the impact that waste management games can have on promoting sustainable waste management practices.

*Ayman Bani Amer*

I want to explore further the latest innovations and technologies in waste management and learn about their potential benefits and limitations.

*Ghofrane Barhoumi*

Throughout the workshop, I developed my skills in collaboration, problem-solving, and communication. I also gained a greater understanding of the importance of teamwork and working together to address complex environmental issues.

*Nour Awad*

I feel more comfortable now with create a new game, create a composting unit and mix the proper amounts of materials, recycling materials, waste management and make a profit from waste.

*Dania Momani*



**Title: The art of “Calade”**

**Venue: Volonne – Alpes de haute Provence (France)**

**Date: 12th march to 26th march 2023**

**Hosting organization: OPUS**

The project is located in the municipality of Volonne, in the Alpes-de-Haute-Provence department in France. The objective of this workshop was to discover the art of “calade” and learn to transmit this knowledge through the construction of a “calade” (stone path) using the traditional dry lime mortar technique. The workshop included creating a brochure on this technique, its construction methods, maintenance, utility, and future (illustrations, photos, writings, layout to be implemented). Two presentation panels on “calade” were installed in the city.

To enrich their knowledge and embrace different traditional approaches, participants discovered various types of “calades” through those built in nearby villages. The **produced works** were presented at a final event with the residents of Volonne.



In partnership with



## The art of “Calade”

Group of participants



## Workshop program

- Day 1** Arrival of participants, Icebreaker, get to know each other
- Day 2** Presentation of RESMYLE project, presentation of Art of Calade workshop programm, Field visit on the construction site, press conference, Presentation of the calade theory, Discussions on participants' expectations, fears and contributions
- Day 3** Construction work on the calade, discovery of the technic of calade, Group dynamic, Capacity building
- Day 4** Construction work on the calade, Field Visit in Prieuré de Salagon, Mane Village, group dynamic, Capacity building
- Day 5** Construction work on the calade, Field visit: Abbaye Notre Dame de Ganagobie, Forcalquier & the Citadelle, group dynamic, capacity building
- Day 6** Construction work on the calade, Reflexions groups, conclusion on the learning outcomes of the day
- Day 7** Field trip: Haute-Provence National Geological Reserve - Ammonite slab at Digne-les-Bains
- Day 8** Construction work on the calade, Reflexions groups, conclusion on the learning outcomes of the day
- Day 9** Construction work on the calade, Leaflet production and didactic pannels
- Day 10** Construction work on the calade, Field visite : Sisteron & its Citadelle, Leaflet production
- Day 11** Construction work on the calade, Leaflet production and didactic pannels
- Day 12** Construction work on the calade, Leaflet production and didactic pannels
- Day 13** Leaflet production, Field Visit in Moustiers Sainte Marie
- Day 14** Public presentation and press conference, Final evaluations
- Day 15** Departure of participants



# Learning outcomes



*Know how to make a dry stone structure named CALADE (technic and tools)*



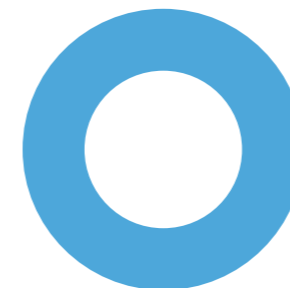
*Know the different means used locally to make or to restore a calade*

**Know how to work in a team on a construction site (team methods)**



*know how to develop didactic documents (panels and a flyer)*

**Know how to work in a team on the creation of touristic documents**









# Message in a Bottle



I learned a lot about calade techniques, thank you.

*Raja*

<https://youtube.com/shorts/lv60pfFb8zk>



It's the first time I've had an experience like this, and it's been great, I've learned a lot!

*Mathis*

<https://youtube.com/shorts/DP1iO2TTLmg>



**Title: Enhancement and prevention of fire in a natural forest ecosystem “Rimel forest case - Bizerte”**

**Venue: Bizerte, Forêt Rimel (Tunisia)**

**Date: 4th to 17th of March 2023**

**Hosting organization: ISSTE - INSTITUT SUPÉRIEUR DES SCIENCES ET TECHNOLOGIES DE L'ENVIRONNEMENT**

Within the two-thousand-hectare Rimel forest ecosystem, rich in biodiversity, 12 young individuals participated in a workshop on its protection and valorization. The objective was to sensitize the youth to the crucial importance of preserving natural ecosystems from a sustainable development perspective.

After a detailed presentation of the site (fauna, flora, etc.), threats to the forest, and their environmental consequences, a collective reflection took place to produce awareness messages for the general public (forest visitors). A controlled fire operation was conducted by firefighters to demonstrate control tools and safety measures.

Finally, the forest valorization part involved participating in plant distillation operations to produce essential oils, candles, etc., and compost production. This part included visits to a cosmetic laboratory and a composting site. Participants gained in-depth knowledge of sustainable forest management, forest ecosystems, and plants. They acquired practical skills in valorizing forest products and transversal skills such as communication, teamwork, public speaking, initiative-taking, and co-construction.

More than just a workshop, this experience is a step towards a future where youth are educated, engaged, and ready to protect our environment. By uniting education, awareness, and concrete actions, we create fertile ground for a sustainable future, where Rimel Forest and its natural treasures thrive for generations to come.



## Enhancement and prevention of fire in a natural forest ecosystem “Rimel forest case - Bizerte”

Group of participants



## Workshop program

- Day 1** Welcome word by the Director of ISSTE, Icebreaker, Expectations of the attendees, Presentation of the programme, Formulation of a charter of conduct, Presentation of forest ecosystems in Tunisia, Presentation of forest Rimel case, Site's framing and data analysis done using the QQQCCP technique (who, what, where, when, how much, how, and why). It is a straight forward method of inquiry that aids in creating an inventory of the Rimel forest.
- Day 2** Visit: Discovery of the site and its various components, Mindmapping: environment and forest
- Day 3** Discussion on the richness of the fauna and flora of the site, Working on awareness messages or signs to put up in this forest? Working groups: Identification of the relationships between fauna, flora and climate change ; Presentation of threats: biotic and abiotic
- Day 4** Introduction to Fire Threats: Definition and Types of Fire, Group activity: Work on awareness messages or signs to put in this forest and Present by Mind map all the effects of fires on fauna and flora relationship between climate change, fires and the evolution of fauna,
- Day 5** Presentation on the causes of fires and how to fight against them, group work: Collecting information on forest fires around the world and Collecting information on the consequences of fires: discussion of methods of fighting
- Day 6** Cultural visit (Bizerte)
- Day 7** Presentation of fire fighting equipments, Brainstorming to propose control solutions: case simulations in the field, Professionals explain how to extinguish a forest fire? safety measures to follow. White firefighting operation carried out by professionals
- Day 8** Enhancement of forest wealth (distillation of some aromatic plants characteristic of the place), Recovery of forest resources (composting of forest waste to produce value-added compost), Proposal of innovative methods for valuing forest resources
- Day 9** Free day
- Day 10** Plant distillation techniques and Extraction of essential oils (perfumes, pharmaceutical products, etc.)
- Day 11** Practical distillation group work in the laboratory
- Day 12** Valorization of green waste from the forest through the practice of e-composting and recognizing the conditions of this technique, Visit to a composting site, Visit to a cosmetics laboratory
- Day 13** Collection of work done throughout the workshop and closing ceremony
- Day 14** Departures



# Learning outcomes



*In-depth knowledge of the forest ecosystem*

*Processing and use of aromatic and medicinal plants:*



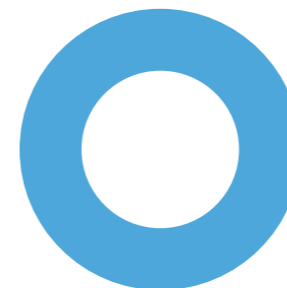
Critical analysis and Decision Making

Fire prevention and control



*Responsible natural resource management community*

Risk analysis and Contingency planning







## Message in a Bottle

This workshop provides an excellent opportunity to reflect on the ecosystem challenges in the region. It is one of my personal goals to preserve the environment, help meet climate challenges and support natural life.

*Nour Moussa*

Participating in the workshop made me more responsible and stronger, and opened up new perspectives for me to think about.

*Basset Valentin, France*

I'm ready to launch a project in Klibia, where I currently live, linked to the environment and more specifically an organic farm. Taking part in this workshop has reinforced my prior knowledge of plants, drying, essential oils and composting.

*Abdallah Sinaoui*

An excellent opportunity to work in a multicultural environment and improve my French

*Eya Sassi, Riadh El Kaabi*

A very rich intercultural exchange and learning in terms of time management and initiative taking and team supporting.

*Marah Neili, Dhekra Ezzeddine*

I developed my communication skills and my ability to work in a group and with other nationalities.

*Fatma Ben Rejeb*

Discussing different opinions and project proposals, discussing solutions to preserve the forest from pollution, I enriched my knowledge in terms of plants, essential oils, recycling and composting

*.Oumaima Mejri, Aroua Mesbehi*

Communication skills, Presentation and public speaking skills, Preparing reports, Strengthening communication with civil society organisations.

*Nour Rached - France*

## Conclusion

The implementation of the 15 international practical field training workshops has been a remarkable success. Before the launch of these workshops, online training was carefully orchestrated by RESMYLE through the AMESCI Foundation in January 2021 via the training platform, providing essential keys for organizing and ensuring the success of these experiences. The workshops aimed to equip participants with transversal and professional skills.

A total of 179 young people from the five involved countries (France, Italy, Jordan, Lebanon, and Tunisia) participated in these workshops. Their overall satisfaction, both in terms of organization and logistics, the quality of content, and trainers' levels, was high. Their expectations were met, and they highly recommend other young people to engage in similar initiatives.

The workshops were perceived as an opportunity:

- To actively contribute to serving a local development project.
- To gain professional experience using their skills.
- To complement their educational journey.
- To discover a country and culture.
- To benefit from intercultural exchanges.

Various sustainability-related themes were addressed: agriculture, natural risks, environmental preservation and ecology, hydrology, waste management, tourism, culture and heritage, gastronomy, and accessibility for people with disabilities, etc.

The 15 days of workshops were considered sufficient, albeit slightly short, but they allowed the development of a wide range of skills and learning outcomes. They can be grouped under the following elements:

- Project management.
- Being more responsible.
- Collaborative work.
- Discovery and use of tools and software.
- Communication.
- Languages.
- Interpersonal skills.
- Networking.
- Self-confidence.
- Conflict resolution

